

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON AT SEATTLE

SKAGIT COUNTY, CITY OF MOUNT
VERNON, CITY OF SEDRO-WOOLLEY,
AND CITY OF BURLINGTON,

Plaintiffs,

v.

PURDUE PHARMA, L.P.; PURDUE
PHARMA, INC.; THE PURDUE FREDERICK
COMPANY, INC.; ENDO HEALTH
SOLUTIONS INC.; ENDO
PHARMACEUTICALS, INC.; JANSSEN
PHARMACEUTICALS, INC.; JOHNSON &
JOHNSON; and JOHN AND JANE DOES 1
THROUGH 100, INCLUSIVE,

Defendants.

No.

COMPLAINT

COMPLAINT

KELLER ROHRBACK L.L.P.

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I. INTRODUCTION

1. The United States is experiencing the worst man-made epidemic in modern medical history—the misuse, abuse, and over-prescription of opioids.

2. Since 2000, more than 300,000 Americans have lost their lives to an opioid overdose, more than five times as many American lives as were lost in the entire Vietnam War. On any given day, 145 people will die from opioid overdoses in the United States.

3. As many state and local governments along with the federal government have recognized—including Plaintiffs Skagit County, Mount Vernon, Sedro-Woolley, and Burlington—the opioid crisis has become a public health emergency of unprecedented levels. Opioids have reshaped daily reality in Skagit County and in these Cities in numerous ways, including increased and intensified emergency medical responses to overdoses; increased drug-related offenses affecting law enforcement, jails, and courts; additional resources spent on community and social programs; more prevalent drug use throughout the County and Cities including in streets, buses, and parks; and higher costs for prescription opioids and opioid-related insurance claims.

4. Plaintiffs have been working to confront the emergency caused by Defendants' reckless promotion of prescription opioids. For example, Skagit County Population Health Trust recently convened a multidisciplinary Opioid Workgroup, which, as explained in further detail below, is comprised of a team of community leaders dedicated to taking steps to address the opioid epidemic and related public health crisis. The Opioid Workgroup's goals include preventing opioid misuse and abuse, treating opioid abuse and dependence, and preventing deaths from overdose.

1 5. But even as Plaintiffs marshal considerable resources and expert knowledge to
2 respond to this crisis with forward-thinking solutions, fully addressing the opioid crisis also
3 necessitates looking back and requiring those responsible to pay for their conduct. The opioid
4 epidemic is no accident. On the contrary, it is the foreseeable consequence of Defendants
5 recklessly promoting potent opioids for chronic pain while deliberately downplaying the
6 significant risks of addiction and overdose.
7

8 6. Defendant Purdue set the stage for the opioid epidemic, through the production
9 and promotion of its blockbuster drug, OxyContin. Purdue introduced a drug with a narcotic
10 payload many times higher than that of previous prescription painkillers, while executing a
11 sophisticated, multi-pronged marketing campaign to change prescribers' perception of the risk
12 of opioid addiction and to portray opioids as effective treatment for chronic pain. Purdue pushed
13 its message of opioids as a low-risk panacea on doctors and the public through every available
14 avenue, including through lobbying efforts, direct marketing, front groups, key opinion leaders,
15 unbranded advertising, and hundreds of sales representatives who visited doctors and clinics on
16 a regular basis.
17

18 7. As sales of OxyContin and Purdue's profits surged, Defendants Endo and
19 Janssen added additional prescription opioids, aggressive sales tactics, and dubious marketing
20 claims of their own to the deepening crisis. They paid hundreds of millions of dollars to market
21 and promote the drugs, notwithstanding their dangers, and pushed bought-and-paid-for
22 "science" supporting the safety and efficacy of opioids that lacked any basis in fact or reality.
23 Obscured from the marketing was the fact that prescription opioids are not much different than
24 heroin—indeed on a molecular level, they are virtually indistinguishable.
25
26

8. Defendants' efforts were remarkably successful: since the mid-1990s, opioids have become the most prescribed class of drugs in America. Between 1991 and 2011, opioid prescriptions in the U.S. tripled from 76 million to 219 million per year.¹ In 2016, health care providers wrote more than 289 million prescriptions for opioid pain medication, enough for every adult in the United States to have more than one bottle of pills.² In terms of annual sales, the increase has been ten-fold; before the FDA approved OxyContin in 1995, annual opioid sales hovered around \$1 billion. By 2015, they increased to almost \$10 billion. By 2020, revenues are projected to grow to \$18 billion.³

9. But Defendants' profits have come at a steep price. Opioids are now the leading cause of accidental death in the U.S., surpassing deaths caused by car accidents. Opioid overdose deaths (which include prescription opioids as well as heroin) have risen steadily every year, from approximately 4,030 in 1999, to 15,597 in 2009, and to over 33,000 in 2015. In 2016, that toll climbed to 53,000.⁴ As shown in the graph below, the recent surge in opioid-related deaths involves prescription opioids, heroin, and other synthetic opioids. More than half of all opioid overdose deaths involve a prescription opioid like those manufactured by Defendants,⁵ and the increase in overdoses from non-prescription opioids is directly attributable to Defendants' success in expanding the market for opioids of any kind.

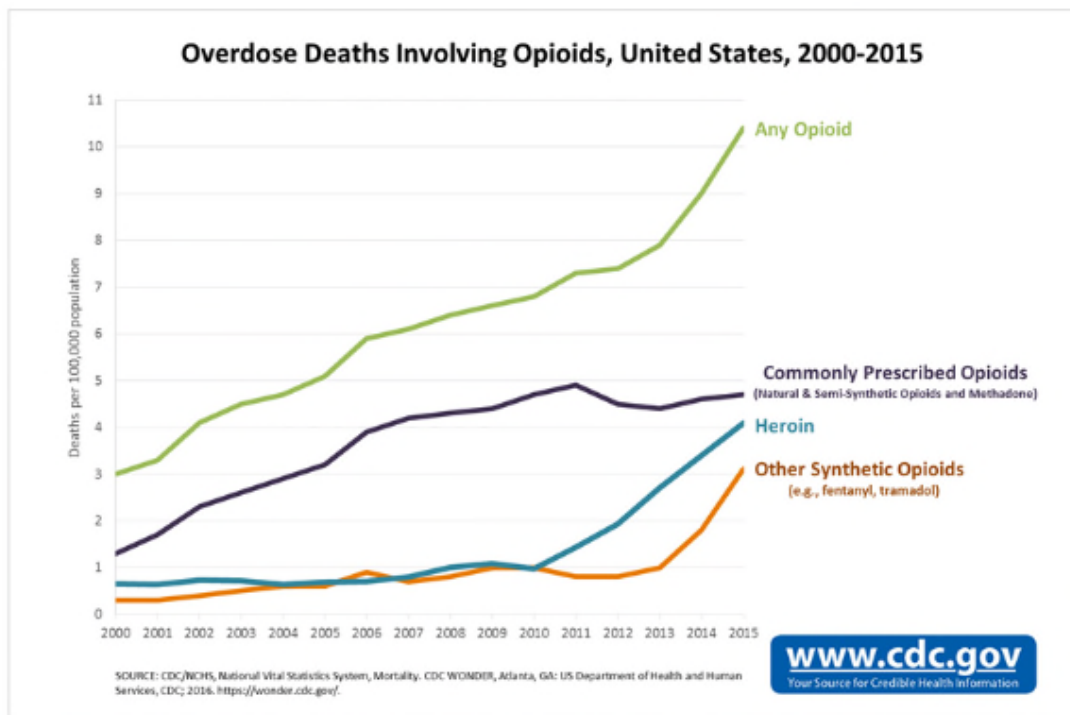
¹ Nora D. Volkow, MD, *America's Addiction to Opioids: Heroin and Prescription Drug Abuse*, Appearing before the Senate Caucus on International Narcotics Control, NIH National Institute on Drug Abuse (May 14, 2014), <https://www.drugabuse.gov/about-nida/legislative-activities/testimony-to-congress/2016/americas-addiction-to-opioids-heroin-prescription-drug-abuse>.

² *Prevalence of Opioid Misuse*, BupPractice, <https://www.buppractice.com/node/15576> (last visited Jan. 24, 2018).

³ *Report: Opioid pain sales to hit \$18.4B in the U.S. by 2020*, CenterWatch (July 17, 2017), <https://www.centerwatch.com/news-online/2017/07/17/report-opioid-pain-sales-hit-18-4b-u-s-2020/#more-31534>.

⁴ *Overdose Death Rates*, NIH National Institute on Drug Abuse, <https://www.drugabuse.gov/related-topics/trends-statistics/overdose-death-rates> (revised Jan. 2017).

⁵ *Understanding the Epidemic*, Centers for Disease Control and Prevention, <https://www.cdc.gov/drugoverdose/epidemic/index.html> (last updated Aug. 30, 2017).



10. To put these numbers in perspective: in 1970, when a heroin epidemic swept the U.S., there were fewer than 3,000 heroin overdose deaths. And in 1988, around the height of the crack epidemic, there were fewer than 5,000 crack overdose deaths recorded. In 2005, at its peak, methamphetamine was involved in approximately 4,500 deaths.

11. Just as it has nationally, the opioid epidemic in Washington State, and in Skagit County in particular, has exacted a grim toll. According to the Centers for Disease Control and Prevention (“CDC”), Washington is the only Western state that saw a statistically significant increase in drug overdose death rates between 2014 and 2015.⁶ In Skagit County, the rate of opioid-related deaths is higher than the state average, with 11.2 deaths per 100,000 residents

⁶ Overdose deaths double those from car crashes in Washington, Q13 Fox (June 16, 2017, 4:53pm), <http://q13fox.com/2017/06/16/overdose-deaths-nearly-double-seattle-snohomish-everett-marysville-tacoma/>.

1 compared to a state average of 9.6, between 2012 and 2016.⁷ During those four years, sixty-six
 2 individuals died in Skagit County from opioid-related overdoses.⁸ The high overdose rate
 3 corresponds to an alarmingly high opioid prescription rate: more than one quarter of the entire
 4 Skagit County population was prescribed an opioid in 2014.⁹

5
 6 12. Beyond the human cost, the CDC recently estimated that the total economic
 7 burden of prescription opioid abuse costs the United States \$78.5 billion per year, which
 8 includes increased costs for health care and addiction treatment, increased strains on human
 9 services and criminal justice systems, and substantial losses in workforce productivity.¹⁰ But
 10 even this staggering estimate seems to be conservative. The Council of Economic Advisers—the
 11 primary advisor to the Executive Office of the President—recently issued a report stating that it
 12 “estimates that in 2015, the economic cost of the opioid crisis was \$504.0 billion, or 2.8 percent
 13 of GDP that year. This is over six times larger than the most recently estimated economic cost
 14 of the epidemic.”¹¹ Whatever the final tally, there is no doubt that this crisis has had a profound
 15 economic impact—one that is felt on a local level, by cities and counties like Plaintiffs.

16
 17 13. Defendants orchestrated this crisis. Despite knowing the true hazards of their
 18 products, Defendants misleadingly advertised their opioids as safe and effective for treating
 19 chronic pain and pushed hundreds of millions of pills into the marketplace for consumption.
 20

21
 22 ⁷ *Opioid-related Deaths in Washington State, 2006-2016*, Washington State Department of Health (May 2017)
<https://www.doh.wa.gov/Portals/1/Documents/Pubs/346-083-SummaryOpioidOverdoseData.pdf>.

23 ⁸ *Id.*

24 ⁹ *See Population and Total Controlled Substances Prescriptions, Skagit County, CY 2014*, Washington State
 Department of Health (May 2017) <https://www.doh.wa.gov/Portals/1/Documents/2600/PMPcountyProfiles/630-126-SkagitCountyProfile2014.pdf>.

25 ¹⁰ *CDC Foundation’s New Business Pulse Focuses on Opioid Overdose Epidemic*, Centers for Disease Control and
 Prevention (Mar. 15, 2017), <https://www.cdc.gov/media/releases/2017/a0315-business-pulse-opioids.html>.

26 ¹¹ *The Underestimated Cost of the Opioid Crisis*, The Council of Economic Advisers at 1 (Nov. 2017),
<https://static.politico.com/1d/33/4822776641cfbac67f9bc7dbd9c8/the-underestimated-cost-of-the-opioid-crisis-embargoed.pdf>.

1 Through their sophisticated and well-orchestrated campaign, Defendants touted the purported
2 benefits of opioids to treat pain and downplayed the risks of addiction. Moreover, even as the
3 deadly toll of prescription opioid use became apparent to Defendants in the years following
4 OxyContin's launch, Defendants persisted in aggressively selling prescription opioids and spent
5 hundreds of millions of dollars promoting and marketing them.
6

7 14. Defendants consistently, deliberately, and recklessly made and continue to make
8 false and misleading statements—including to doctors and patients in Skagit County—
9 regarding, among other things, the low risk of addiction to opioids, opioids' efficacy for chronic
10 pain and ability to improve patients' quality of life with long-term use, the lack of risk
11 associated with higher dosages of opioids, the need to prescribe more opioids to treat
12 withdrawal symptoms, and that risk-mitigation strategies and abuse-deterrent technologies allow
13 doctors to safely prescribe opioids.
14

15 15. Because of Defendants' misconduct, Skagit County and the Cities of Sedro-
16 Woolley, Mount Vernon, and Burlington are experiencing a severe public health crisis and have
17 suffered significant economic damages, including but not limited to increased costs related to
18 public health, opioid-related crimes and emergencies, increased health care costs, criminal
19 justice, and public safety.
20

21 16. Even if Defendants stop their aggressive advertising of opioids today, the public
22 health crisis that Defendants played an integral role in creating will persist for generations. Not
23 only will Plaintiffs continue to direct significant resources toward immediate needs such as
24 overdose training for first responders, naloxone distribution, and treatment for individuals
25 currently fighting addiction, but Plaintiffs will need to direct additional resources to help undo
26 the harm caused by the opioid epidemic, including, for example, providing ongoing treatment

1 and training to people in recovery from opioid addiction. Even if Defendants were enjoined
 2 from their misleading marketing of opioids today, Plaintiffs would continue to extend their
 3 resources to combat the ongoing crisis, to prevent deaths, and to support recoveries.

4 17. Accordingly, Plaintiffs bring this action to hold Defendants liable for their
 5 misrepresentations regarding the benefits and risks of opioids, conduct that (i) violates the
 6 Washington Consumer Protection Act, RCW 19.86 *et seq.*, (ii) constitutes a public nuisance
 7 under Washington law, (iii) constitutes negligence and gross negligence under Washington law,
 8 (iv) has unjustly enriched Defendants; and (v) violates the Racketeer Influenced and Corrupt
 9 Organizations Act (“RICO”), 18 U.S.C. §1961, *et seq.*

11 II. PARTIES

12 Plaintiffs

13 18. Plaintiff Skagit County (“Skagit County” or “County”) is a Washington County
 14 organized and existing under the laws of the State of Washington, RCW 36.01 *et seq.* There are
 15 approximately 123,000 residents of Skagit County.

16 19. Plaintiff City of Mount Vernon (“Mount Vernon”) is a city located in Skagit
 17 County, Washington. Mount Vernon is a code city pursuant to RCW 35A *et seq.* The population
 18 of Mount Vernon is approximately 34,590.

19 20. Plaintiff City of Sedro-Woolley (“Sedro-Woolley”) is a city located in Skagit
 20 County, Washington. Sedro-Woolley is a code city pursuant to RCW 35A *et seq.* The
 21 population of Sedro-Woolley is approximately 11,476.

22 21. Plaintiff City of Burlington (“Burlington”) is a city located in Skagit County,
 23 Washington. Burlington is a code city pursuant to RCW 35A *et seq.* The population of
 24 Burlington is approximately 8,768.

22. Collectively, Mount Vernon, Sedro-Woolley, and Burlington are referred to herein as the “Cities.”

Purdue

23. Defendant Purdue Pharma, L.P. is a limited partnership organized under the laws of Delaware. Defendant Purdue Pharma, Inc. is a New York corporation with its principal place of business in Stamford, Connecticut. Defendant The Purdue Frederick Company is a Delaware corporation with its principal place of business in Stamford, Connecticut. Collectively, these entities are referred to as “Purdue.”

24. Each Purdue entity acted in concert with one another and acted as agents and/or principals of one another in connection with the conduct described herein.

25. Purdue manufactures, promotes, sells, markets, and distributes opioids such as OxyContin, MS Contin, Dilaudid/Dilaudid HP, Butrans, Hysingla ER, and Targiniq ER in the United States, including in Skagit County.

26. Purdue generates substantial sales revenue from its opioids. For example, OxyContin is Purdue’s best-selling opioid, and since 2009, Purdue has generated between \$2 and \$3 billion annually in sales of OxyContin, one of the primary prescription opioids available in the painkiller market.

Endo

27. Defendant Endo Pharmaceuticals, Inc. is a wholly owned subsidiary of Defendant Endo Health Solutions Inc. Both are Delaware corporations with their principal place of business in Malvern, Pennsylvania. Collectively, these entities are referred to as “Endo.”

28. Each Endo entity acted in concert with one another and acted as agents and/or principals of one another in connection with the conduct described herein.

1 29. Endo manufacturers, promotes, sells, markets, and distributes opioids such as
2 Percocet, Opana, and Opana ER in the United States, including in Skagit County.

3 30. Endo generates substantial sales from its opioids. For example, opioids
4 accounted for more than \$400 million of Endo's overall revenues of \$3 billion in 2012, and
5 Opana ER generated more than \$1 billion in revenue for Endo in 2010 and 2013.

6
7 **Janssen**

8 31. Defendant Janssen Pharmaceuticals, Inc. is a Pennsylvania corporation with its
9 principal place of business in Titusville, New Jersey, and is a wholly owned subsidiary of
10 Defendant Johnson & Johnson, a New Jersey corporation with its principal place of business in
11 New Brunswick, New Jersey. Collectively, these entities are referred to as "Janssen."

12 32. Both entities above acted in concert with one another and acted as agents and/or
13 principals of one another in connection with the conduct described herein.

14
15 33. Johnson & Johnson is the only company that owns more than 10% of Janssen
16 Pharmaceuticals, Inc., and corresponds with the FDA regarding the drugs manufactured by
17 Janssen Pharmaceuticals, Inc. Johnson & Johnson also paid prescribers to speak about opioids
18 manufactured by Janssen Pharmaceuticals, Inc. In short, Johnson & Johnson controls the sale
19 and development of the drugs manufactured by Janssen Pharmaceuticals, Inc.

20
21 34. Janssen manufacturers, promotes, sells, markets, and distributes opioids such as
22 Duragesic, Nucynta, and Nucynta ER in the United States, including in Skagit County. Janssen
23 stopped manufacturing Nucynta and Nucynta ER in 2015.

24 35. Janssen generates substantial sales revenue from its opioids. For example,
25 Duragesic accounted for more than \$1 billion in sales in 2009, and Nucynta and Nucynta ER
26 accounted for \$172 million in sales in 2014.

John and Jane Does 1-100, inclusive

36. In addition to Defendants, the true names, roles, and/or capacities in the wrongdoing alleged herein of Defendants named John and Jane Does 1 through 100, inclusive, are currently unknown to Plaintiffs, and thus, are named as Defendants under fictitious names as permitted by the rules of this Court. Plaintiffs will amend this complaint and identify their true identities and their involvement in the wrongdoing at issue, as well as the specific causes of action asserted against them when they become known.

III. JURISDICTION AND VENUE

37. This Court has jurisdiction over this action pursuant to 28 U.S.C. § 1332. The Court also has federal question subject matter jurisdiction arising out of Plaintiffs' RICO claims pursuant to 28 U.S.C. § 1331 and 18 U.S.C. § 1961, *et seq.*

38. Venue in this Court is proper under 28 U.S.C. § 1391(b).

IV. FACTUAL ALLEGATIONS**A. Making an Old Drug New Again****1. A history and background of opioids in medicine**

39. Opioids, including natural, synthetic, and semi-synthetic opioids, are a class of drugs generally used to treat pain. Opioids produce multiple effects on the human body, the most significant of which are analgesia, euphoria, and respiratory depression. In addition, opioids cause sedation and constipation.

40. Most of these effects are medically useful in certain situations, but respiratory depression is the primary limiting factor for the use of opioids. While the body can develop a tolerance to the analgesic and euphoric effects, there is no corresponding tolerance to respiratory depression. Increasing the opioid dose will increasingly depress the respiratory system until, at

1 some point, breathing stops. This is why the risk of opioid overdose is so high, and why many of
 2 those who overdose simply go to sleep and never wake up.

3 41. Natural opioids are derived from the opium poppy and have been used since
 4 antiquity, going as far back as 3400 B.C. The opium poppy contains various opium alkaloids,
 5 three of which are used in the pharmaceutical industry: morphine, codeine, and thebaine.
 6

7 42. In the 1500s, a European alchemist developed a tincture of opium called
 8 laudanum, which became popular in Victorian England. Laudanum contains almost all of the
 9 opioid alkaloids and is still available by prescription today. English chemists first isolated the
 10 morphine and codeine alkaloids in the early 1800s, and Merck began marketing morphine
 11 commercially in 1827. Heroin, first synthesized from morphine in 1874, was marketed
 12 commercially by the Bayer Pharmaceutical Company beginning in 1898.
 13

14 43. Opioids provided relief from acute pain and were also useful in treating diarrhea,
 15 but there was a problem: they were highly addictive. For a time, morphine was used to treat
 16 opium addiction; later, heroin was marketed as a safe alternative to morphine. In 1916, three
 17 years after Bayer stopped mass-producing heroin because of its dangers, German chemists
 18 synthesized oxycodone from thebaine, with the hope that its different alkaloid source might
 19 mean it could provide the benefits of morphine and heroin without the drawbacks.
 20

21 44. But each opiate was just as addictive as the one before it, and eventually the issue
 22 of opioid addiction—affecting, in particular, Civil War veterans treated for pain and “genteel
 23 ladies”¹² who were prescribed opiates by their doctors for various ailments—could not be
 24 ignored. The nation’s first Opium Commissioner, Hamilton Wright, remarked in 1911, “The
 25

26 ¹² Nick Miroff, *From Teddy Roosevelt to Trump: How drug companies triggered an opioid crisis a century ago*,
 The Washington Post (Oct. 17, 2017), https://www.washingtonpost.com/news/retropolis/wp/2017/09/29/the-greatest-drug-fiends-in-the-world-an-american-opioid-crisis-in-1908/?utm_term=.7832633fd7ca.

1 habit has this nation in its grip to an astonishing extent. Our prisons and our hospitals are full of
2 victims of it, it has robbed ten thousand businessmen of moral sense and made them beasts who
3 prey upon their fellows . . . it has become one of the most fertile causes of unhappiness and sin
4 in the United States.”¹³

5
6 45. Concerns over opioid addiction led to national legislation and international
7 agreements regulating narcotics: the International Opium Convention, signed at the Hague in
8 1912, and, in the U.S., the Harrison Narcotics Tax Act of 1914. Opioids were no longer
9 marketed as cure-alls, and instead were relegated to the treatment of acute pain.

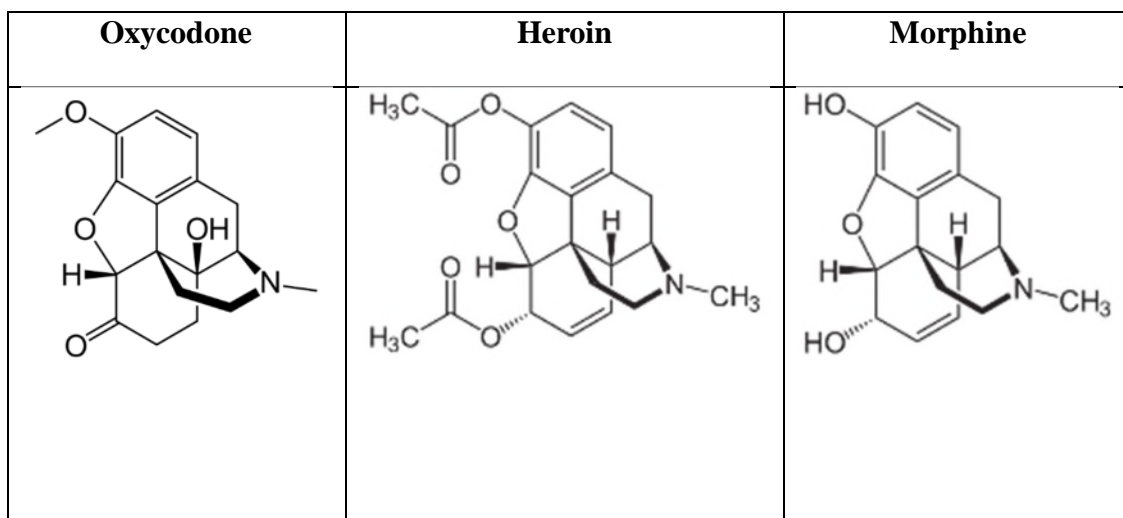
10 46. Throughout the twentieth century, pharmaceutical companies continued to
11 develop prescription opioids, but these opioids were generally produced in combination with
12 other drugs, with relatively low opioid content. For example, Percodan, produced by Defendant
13 Endo since 1950, is oxycodone and aspirin, and contains just under 5 mg of oxycodone.
14 Percocet, manufactured by Endo since 1971, is the combination of oxycodone and
15 acetaminophen, with dosage strengths delivering between 2.5 mg and 10 mg of oxycodone.
16 Vicodin, a combination of hydrocodone and acetaminophen, was introduced in the U.S. in 1978
17 and is sold in strengths of 5 mg, 7.5 mg, and 10 mg of hydrocodone. Defendant Janssen also
18 manufactured a drug with 5 mg of oxycodone and 500 mg of acetaminophen, called Tylox, from
19 1984 to 2012.
20

21
22 47. In contrast, OxyContin, the product with the dubious honor of the starring role in
23 the opioid epidemic, is pure oxycodone. Purdue initially made it available in the following
24 dosage strengths: 10 mg, 15 mg, 20 mg, 30 mg, 40 mg, 60 mg, 80 mg, and 160 mg. In other
25
26

¹³ *Id.*

words, the weakest OxyContin delivers as much narcotic as the strongest Percocet, and some OxyContin tablets delivered sixteen times as much as that.

48. Prescription opioids are essentially pharmaceutical heroin; they are synthesized from the same plant, have similar molecular structures, and bind to the same receptors in the human brain. It is no wonder then that there is a straight line between prescription opioid abuse and heroin addiction. Indeed, studies show that over 80% of new heroin addicts between 2008 and 2010 started with prescription opioids.¹⁴



49. Medical professionals describe the strength of various opioids in terms of “morphine milligram equivalents” (“MME”). According to the CDC, dosages at or above 50 MME/day double the risk of overdose compared to 20 MME/day, and one study found that patients who died of opioid overdose were prescribed an average of 98 MME/day.

50. Different opioids provide varying levels of MMEs. For example, just 33 mg of oxycodone provides 50 MME. Thus, at OxyContin’s twice-daily dosing, the 50 MME/day

¹⁴ Jones CM, *Heroin use and heroin use risk behaviors among nonmedical users of prescription opioid pain relievers - United States, 2002-2004 and 2008-2010*. 132 (1-2) Drug Alcohol Depend. 95-100 (Sept. 1, 2013), <https://www.ncbi.nlm.nih.gov/pubmed/23410617>.

1 threshold is reached by a prescription of 15 mg twice daily. One 160 mg tablet of OxyContin,
 2 which Purdue took off the market in 2001, delivered 240 MME.

3 51. As journalist Barry Meier wrote in his 2003 book *Pain Killer: A “Wonder”*
 4 *Drug’s Trail of Addiction and Death*, “In terms of narcotic firepower, OxyContin was a nuclear
 5 weapon.”¹⁵
 6

7 52. Fentanyl, an even more potent and more recent arrival in the opioid tale, is a
 8 synthetic opioid that is 100 times stronger than morphine and 50 times stronger than heroin.
 9 First developed in 1959, fentanyl is showing up more and more often in the market for opioids
 10 created by Defendants’ promotion, with particularly lethal consequences.

11 **2. The Sackler family pioneered the integration of advertising and medicine.**

12 53. Given the history of opioid use in the U.S. and the medical profession’s resulting
 13 wariness, the commercial success of Defendants’ prescription opioids would not have been
 14 possible without a fundamental shift in prescribers’ perception of the risks and benefits of long-
 15 term opioid use.
 16

17 54. As it turned out, Purdue was uniquely positioned to execute just such a
 18 maneuver, thanks to the legacy of a man named Arthur Sackler. The Sackler family is the sole
 19 owner of Purdue and one of the wealthiest families in America, surpassing the wealth of storied
 20 families like the Rockefellers, the Mellons, and the Busches.¹⁶ Thanks to Purdue and, in
 21 particular, OxyContin, the Sacklers’ net worth was \$13 billion as of 2016. Today, all nine
 22 members of the Purdue board are family members, and all of the company’s profits go to
 23
 24

25 ¹⁵ Barry Meier, *Pain Killer: A “Wonder” Drug’s Trail of Addiction and Death* (Rodale 2003).

26 ¹⁶ Alex Morrell, *The OxyContin Clan: The \$14 Billion Newcomer to Forbes 2015 List of Richest U.S. Families*,
 Forbes (July 1, 2015, 10:17am), <https://www.forbes.com/sites/alexmorrell/2015/07/01/the-oxycontin-clan-the-14-billion-newcomer-to-forbes-2015-list-of-richest-u-s-families/#382ab3275e02>.

1 Sackler family trusts and entities.¹⁷ Yet the Sacklers have avoided publicly associating
2 themselves with Purdue, letting others serve as the spokespeople for the company.

3 55. The Sackler brothers—Arthur, Mortimer, and Raymond—purchased a small
4 patent-medicine company called the Purdue Frederick Company in 1952. While all three
5 brothers were accomplished psychiatrists, it was Arthur, the oldest, who directed the Sackler
6 story, treating his brothers more as his protégés than colleagues, putting them both through
7 medical school and essentially dictating their paths. It was Arthur who created the Sackler
8 family’s wealth, and it was Arthur who created the pharmaceutical advertising industry as we
9 know it—laying the groundwork for the OxyContin promotion that would make the Sacklers
10 billionaires.
11

12 56. Arthur Sackler was both a psychiatrist and a marketing executive, and, by many
13 accounts, a brilliant and driven man. He pursued two careers simultaneously, as a psychiatrist at
14 Creedmoor State Hospital in New York and the president of an advertising agency called
15 William Douglas McAdams. Arthur pioneered both print advertising in medical journals and
16 promotion through physician “education” in the form of seminars and continuing medical
17 education courses. He understood intuitively the persuasive power of recommendations from
18 fellow physicians, and did not hesitate to manipulate information when necessary. For example,
19 one promotional brochure produced by his firm for Pfizer showed business cards of physicians
20 from various cities as if they were testimonials for the drug, but when a journalist tried to
21 contact these doctors, he discovered that they did not exist.¹⁸
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26 ¹⁷ David Armstrong, *The man at the center of the secret OxyContin files*, Stat News (May 12, 2016),
<https://www.statnews.com/2016/05/12/man-center-secret-oxycontin-files/>.

¹⁸ Meier, *supra* note 15, at 204.

57. It was Arthur who, in the 1960s, made Valium into the first \$100-million drug, so popular it became known as “Mother’s Little Helper.” His expertise as a psychiatrist was key to his success; as his biography in the Medical Advertising Hall of Fame notes, it “enabled him to position different indications for Roche’s Librium and Valium—to distinguish for the physician the complexities of anxiety and psychic tension.”¹⁹ When Arthur’s client, Roche, developed Valium, it already had a similar drug, Librium, another benzodiazepine, on the market for treatment of anxiety. So Arthur invented a condition he called “psychic tension”—essentially stress—and pitched Valium as the solution.²⁰ The campaign, for which Arthur was compensated based on volume of pills sold,²¹ was a remarkable success.

58. Arthur’s entrepreneurial drive led him to create not only the advertising for his clients but also the vehicle to bring their advertisements to doctors—a biweekly newspaper called the *Medical Tribune*, which he distributed for free to doctors nationwide. Arthur also conceived a company now called IMS Health Holdings Inc., which monitors prescribing practices of every doctor in the U.S. and sells this valuable data to pharmaceutical companies like Defendants, who utilize it to tailor their sales pitches to individual physicians.

59. Even as he expanded his business dealings, Arthur was adept at hiding his involvement in them. When, during a 1962 Senate hearing about deceptive pharmaceutical advertising, he was asked about a public relations company called Medical and Science Communications Associates, which distributed marketing from drug companies disguised as news articles, Arthur was able to truthfully testify that he never was an officer for nor had any

¹⁹ MAHF Inductees, Arthur M. Sackler, Medical Advertising Hall of Fame, <https://www.mahf.com/mahf-inductees/> (last visited Jan. 24, 2018).

²⁰ Meier, *supra* note 15, at 202; *One Family Reaped Billions From Opioids*, WBUR On Point (Oct. 23, 2017), <http://www.wbur.org/onpoint/2017/10/23/one-family-reaped-billions-from-opioids>.

²¹ WBUR On Point interview, *supra* note 20.

1 stock in that company. But the company's sole shareholder was his then-wife. Around the same
 2 time, Arthur also successfully evaded an investigative journalist's attempt to link the Sacklers to
 3 a company called MD Publications, which had funneled payments from drug companies to an
 4 FDA official named Henry Welch, who was forced to resign when the scandal broke.²² Arthur
 5 had set up such an opaque and layered business structure that his connection to MD Publications
 6 was only revealed decades later when his heirs were fighting over his estate.

8 60. Arthur Sackler did not hesitate to manipulate information to his advantage. His
 9 legacy is a corporate culture that prioritizes profits over people. In fact, in 2007, federal
 10 prosecutors conducting a criminal investigation of Purdue's fraudulent advertising of
 11 OxyContin found a "corporate culture that allowed this product to be misbranded with the intent
 12 to defraud and mislead."²³ Court documents from the prosecution state that "certain Purdue
 13 supervisors and employees, with the intent to defraud or mislead, marketed and promoted
 14 OxyContin as less addictive, less subject to abuse and diversion, and less likely to cause
 15 tolerance and withdrawal than other pain medications . . ."²⁴ Half a century after Arthur Sackler
 16 wedded advertising and medicine, Purdue employees were following his playbook, putting
 17 product sales over patient safety.

19 3. Purdue and the development of OxyContin

20 61. After the Sackler brothers acquired the Purdue Frederick Company in 1952,
 21 Purdue sold products ranging from earwax remover to antiseptic, and it became a profitable
 22 business. As an advertising executive, Arthur was not involved, on paper at least, in running
 23

24
 25 ²² Meier, *supra* note 15, at 210-14.

26 ²³ Naomi Spencer, *OxyContin manufacturer reaches \$600 million plea deal over false marketing practices*, World Socialist Web Site (May 19, 2007), <http://www.wsws.org/en/articles/2007/05/oxy-m19.html>.

²⁴ Agreed Statement of Facts, *U.S. v. The Purdue Frederick Company, Inc., et al.*, No. 1:07-cr-00029 (W.D. Va. May 10, 2007).

1 Purdue because that would have been a conflict of interest. Raymond became Purdue's head
2 executive while Mortimer ran Purdue's UK affiliate.

3 62. In the 1980s, Purdue, through its UK affiliate, acquired a Scottish drug producer
4 that had developed a sustained-release technology suitable for morphine. Purdue marketed this
5 extended-release morphine as MS Contin. It quickly became Purdue's best seller. As the patent
6 expiration for MS Contin loomed, Purdue searched for a drug to replace it. Around that time,
7 Raymond's oldest son, Richard Sackler, who was also a trained physician, became more
8 involved in the management of the company. Richard had grand ambitions for the company;
9 according to a long-time Purdue sales representative, "Richard really wanted Purdue to be big—
10 I mean *really* big."²⁵ Richard believed Purdue should develop another use for its "Contin"
11 timed-release system.
12

13
14 63. In 1990, Purdue's VP of clinical research, Robert Kaiko, sent a memo to Richard
15 and other executives recommending that the company work on a pill containing oxycodone. At
16 the time, oxycodone was perceived as less potent than morphine, largely because it was most
17 commonly prescribed as Percocet, the relatively weak oxycodone-acetaminophen combination
18 pill. MS Contin was not only approaching patent expiration but had always been limited by the
19 stigma associated with morphine. Oxycodone did not have that problem, and what's more, it
20 was sometimes mistakenly called "oxycodine," which also contributed to the perception of
21 relatively lower potency, because codeine is weaker than morphine. Purdue acknowledged using
22 this to its advantage when it eventually pled guilty to criminal charges of "misbranding" in
23 2007, admitting that it was "well aware of the incorrect view held by many physicians that
24
25

26

²⁵ Christopher Glazek, *The Secretive Family Making Billions from the Opioid Crisis*, Esquire (Oct. 16, 2017),
<http://www.esquire.com/news-politics/a12775932/sackler-family-oxycotin/>.

1 oxycodone was weaker than morphine” and “did not want to do anything ‘to make physicians
2 think that oxycodone was stronger or equal to morphine’ or to ‘take any steps . . . that would
3 affect the unique position that OxyContin’” held among physicians.²⁶

4 64. For Purdue and OxyContin to be “*really* big,” Purdue needed to both distance its
5 new product from the traditional view of narcotic addiction risk, and broaden the drug’s uses
6 beyond cancer pain and hospice care. A marketing memo sent to Purdue’s top sales executives
7 in March 1995 recommended that if Purdue could show that the risk of abuse was lower with
8 OxyContin than with traditional immediate-release narcotics, sales would increase.²⁷ As
9 discussed below, Purdue did not find or generate any such evidence, but this did not stop Purdue
10 from making that claim regardless.

11 65. Despite the fact that there has been little or no change in the amount of pain
12 reported in the U.S. over the last twenty years, Purdue recognized an enormous untapped market
13 for its new drug. As Dr. David Haddox, a Senior Medical Director at Purdue, declared on the
14 Early Show, a CBS morning talk program, “There are 50 million patients in this country who
15 have chronic pain that’s not being managed appropriately every single day. OxyContin is one of
16 the choices that doctors have available to them to treat that.”²⁸

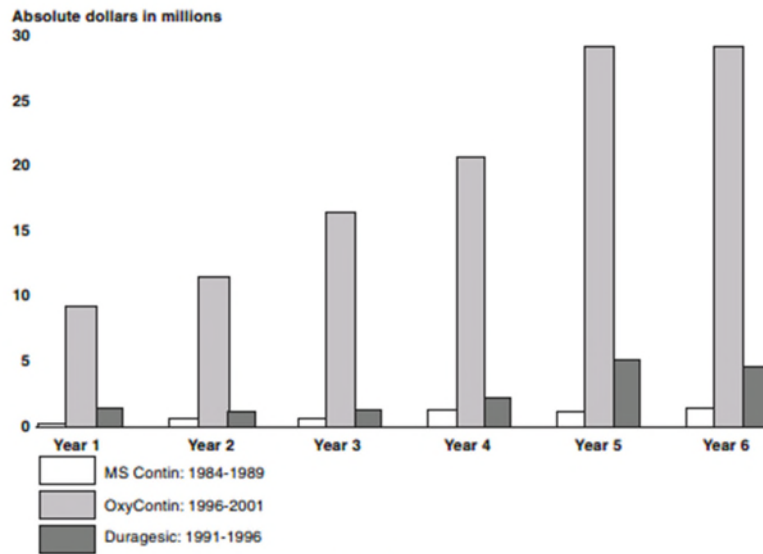
17 66. In pursuit of these 50 million potential customers, Purdue poured resources into
18 OxyContin’s sales force and advertising. The graph below shows how promotional spending in
19 the first six years following OxyContin’s launch dwarfed Purdue’s spending on MS Contin or
20 Defendant Janssen’s spending on Duragesic.²⁹

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25 ²⁶ *U.S. v. The Purdue Frederick Company, Inc., et al.*, *supra* note 24.

26 ²⁷ Meier, *supra* note 15, at 269.

²⁸ *Id.* at 156.

²⁹ *OxyContin Abuse and Diversion and Efforts to Address the Problem*, U.S. General Accounting Office Report to Congressional Requesters at 22 (Dec. 2003), <http://www.gao.gov/new.items/d04110.pdf>.

Figure 1: Promotional Spending for Three Opioid Analgesics in First 6 Years of Sales

67. Prior to Purdue's launch of OxyContin, no drug company had ever promoted such a pure, high-strength Schedule II narcotic to so wide an audience of general practitioners. Today, one in every five patients who present themselves to physicians' offices with non-cancer pain symptoms or pain-related diagnoses (including acute and chronic pain) receives an opioid prescription.³⁰

68. Purdue has generated estimated sales of more than \$35 billion from opioids since 1996, while raking in more than \$3 billion in 2015 alone. Remarkably, its opioid sales continued to climb even after a period of media attention and government inquiries regarding OxyContin abuse in the early 2000s and a criminal investigation culminating in guilty pleas in 2007. Purdue proved itself skilled at evading full responsibility and continuing to sell through the controversy.

³⁰ Deborah Dowell, M.D., Tamara M. Haegerich, Ph.D., and Roger Chou, M.D., *CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016*, Centers for Disease Control and Prevention (Mar. 18, 2016), <https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>.

1 The company's annual opioid sales of \$3 billion in 2015 represent a four-fold increase from its
 2 2006 sales of \$800 million.

3 69. One might imagine that Richard Sackler's ambitions have been realized. But in
 4 the best tradition of family patriarch Arthur Sackler, Purdue has its eyes on even greater profits.
 5 Under the name of Mundipharma, the Sacklers are looking to new markets for their opioids—
 6 employing the exact same playbook in South America, China, and India as they did in the
 7 United States.
 8

9 70. In May 2017, a dozen members of Congress sent a letter to the World Health
 10 Organization, warning it of the deceptive practices Purdue is unleashing on the rest of the world
 11 through Mundipharma:

12 We write to warn the international community of the deceptive and dangerous
 13 practices of Mundipharma International—an arm of Purdue Pharmaceuticals. The
 14 greed and recklessness of one company and its partners helped spark a public
 15 health crisis in the United States that will take generations to fully repair. We
 16 urge the World Health Organization (WHO) to do everything in its power to
 17 avoid allowing the same people to begin a worldwide opioid epidemic. Please
 learn from our experience and do not allow Mundipharma to carry on Purdue's
 deadly legacy on a global stage. . . .

18 Internal documents revealed in court proceedings now tell us that since the early
 19 development of OxyContin, Purdue was aware of the high risk of addiction it
 20 carried. Combined with the misleading and aggressive marketing of the drug by
 21 its partner, Abbott Laboratories, Purdue began the opioid crisis that has
 devastated American communities since the end of the 1990s. Today,
 Mundipharma is using many of the same deceptive and reckless practices to sell
 OxyContin abroad. . . .

22 In response to the growing scrutiny and diminished U.S. sales, the Sacklers have
 23 simply moved on. On December 18, the Los Angeles Times published an
 24 extremely troubling report detailing how in spite of the scores of lawsuits against
 25 Purdue for its role in the U.S. opioid crisis, and tens of thousands of overdose
 26 deaths, Mundipharma now aggressively markets OxyContin internationally. In
 fact, Mundipharma uses many of the same tactics that caused the opioid epidemic

1 to flourish in the U.S., though now in countries with far fewer resources to
2 devote to the fallout.³¹

3 71. Purdue's pivot to untapped markets, after extracting substantial profits from
4 entities like Plaintiffs and leaving them to address the damage, underscores that its actions have
5 been knowing, intentional, and motivated by profits throughout this entire tragic story.

6 **B. The Booming Business of Addiction**

7 **1. Other Defendants seized the opioid opportunity.**

8 72. Purdue created a market in which the prescription of powerful opioids for a range
9 of common aches and pains was not only acceptable but encouraged—but it was not alone.
10 Defendants Endo and Janssen, each of which already produced and sold prescription opioids,
11 both positioned themselves to take advantage of the opportunity Purdue created, developing
12 both branded and generic opioids to compete with OxyContin while misrepresenting the safety
13 and efficacy of their products.
14

15 73. Endo, which for decades had sold Percocet and Percodan, both containing
16 relatively low doses of oxycodone, moved quickly to develop a generic version of extended-
17 release oxycodone to compete with OxyContin, receiving tentative FDA approval for its generic
18 version in 2002. As Endo stated in its 2003 Form 10-K, it was the first to file an application with
19 the FDA for bioequivalent versions of the 10, 20, and 40 mg strengths of OxyContin, which
20 potentially entitled it to 180 days of generic marketing exclusivity—"a significant advantage."³²
21 Purdue responded by suing Endo for patent infringement, litigating its claims through a full trial
22
23
24

25 ³¹ Letter to Dr. Margaret Chan, World Health Organization (May 3, 2017),
[http://katherineclark.house.gov/_cache/files/a577bd3c-29ec-4bb9-bdba-1ca71c784113/mundipharma-letter-
26 signatures.pdf](http://katherineclark.house.gov/_cache/files/a577bd3c-29ec-4bb9-bdba-1ca71c784113/mundipharma-letter-signatures.pdf).

³² Endo Pharmaceuticals Holdings, Inc. 2003 Form 10-K at 4, [http://media.corporate-
ir.net/media_files/irol/12/123046/reports/10K_123103.pdf](http://media.corporate-ir.net/media_files/irol/12/123046/reports/10K_123103.pdf) (last visited Jan. 24, 2018).

1 and a Federal Circuit appeal—unsuccessfully. As the trial court found, and the appellate court
2 affirmed, Purdue obtained the oxycodone patents it was fighting to enforce through “inequitable
3 conduct”—namely, suggesting that its patent applications were supported by clinical data when
4 in fact they were based on an employee’s “insight and not scientific proof.”³³ Endo began
5 selling its generic extended-release oxycodone in 2005.
6

7 74. At the same time as Endo was battling Purdue over generic OxyContin—and as
8 the U.S. was battling increasingly widespread opioid abuse—Endo was working on getting
9 another branded prescription opioid on the market. In 2002, Endo submitted applications to the
10 FDA for both immediate-release and extended-release tablets of oxymorphone, branded as
11 Opana and Opana ER.
12

13 75. Like oxycodone, oxymorphone is not a new drug; it was first synthesized in
14 Germany in 1914 and sold in the U.S. by Endo beginning in 1959 under the trade name
15 Numorphan, in injectable, suppository, and oral tablet forms. But the oral tablets proved highly
16 susceptible to abuse. Called “blues” after the light blue color of the 10 mg pills, Numorphan
17 provoked, according to some users, a more euphoric high than heroin, and even had its moment
18 in the limelight as the focus of the movie *Drugstore Cowboy*. As the National Institute on Drug
19 Abuse observed in its 1974 report, “Drugs and Addict Lifestyle,” Numorphan was extremely
20 popular among addicts for its quick and sustained effect.³⁴ Endo withdrew oral Numorphan
21 from the market in 1979, reportedly for “commercial reasons.”³⁵
22
23
24

25 ³³ *Purdue Pharma L.P. v. Endo Pharm. Inc.*, 438 F.3d 1123, 1131 (Fed. Cir. 2006).

26 ³⁴ John Fauber and Kristina Fiore, *Abandoned Painkiller Makes a Comeback*, MedPage Today (May 10, 2015),
<https://www.medpagetoday.com/psychiatry/addictions/51448>.

³⁵ *Id.*

1 76. Two decades later, however, as communities around the U.S. were first sounding
2 the alarm about prescription opioids and Purdue executives were being called to testify before
3 Congress about the risks of OxyContin, Endo essentially reached back into its inventory, dusted
4 off a product it had previously shelved after widespread abuse, and pushed it into the
5 marketplace with a new trade name and a potent extended-release formulation.
6

7 77. The clinical trials submitted with Endo's first application for approval of Opana
8 were insufficient to demonstrate efficacy, and some subjects in the trials overdosed and had to
9 be revived with naloxone. Endo then submitted new "enriched enrollment" clinical trials, in
10 which trial subjects who do not respond to the drug are excluded from the trial, and obtained
11 approval. Endo began marketing Opana and Opana ER in 2006.
12

13 78. Like Numorphan, Opana ER was highly susceptible to abuse. On June 8, 2017,
14 the FDA sought removal of Opana ER. In its press release, the FDA indicated that "the agency
15 is seeking removal based on its concern that the benefits of the drug may no longer outweigh its
16 risks. This is the first time the agency has taken steps to remove a currently marketed opioid
17 pain medication from sale due to the public health consequences of abuse."³⁶ On July 6, 2017,
18 Endo agreed to withdraw Opana ER from the market.³⁷
19

20 79. Janssen, which already marketed the Duragesic (fentanyl) patch, developed a
21 new opioid compound called tapentadol in 2009, marketed as Nucynta for the treatment of
22 moderate to severe pain. Janssen launched the extended-release version, Nucynta ER, for
23 treatment of chronic pain in 2011.
24

25 ³⁶ Press Release, U.S. Food & Drug Administration, *FDA requests removal of Opana ER for risks related to abuse*
26 (June 8, 2017), <https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm562401.htm>.

³⁷ *Endo pulls opioid as U.S. seeks to tackle abuse epidemic*, Reuters (July 6, 2017, 9:59am),
<https://www.reuters.com/article/us-endo-intl-opana-idUSKBN19R2II>.

80. Defendants have reaped enormous profits from the addiction crisis they spawned. For example, Opana ER alone generated more than \$1 billion in revenue for Endo in 2010 and again in 2013. Janssen earned more than \$1 billion in sales of Duragesic in 2009, and Nucynta and Nucynta ER accounted for \$172 million in sales in 2014.

2. Pill Mills and overprescribing doctors also placed their financial interests ahead of their patients' interests.

81. Prescription opioid manufacturers were not the only ones to recognize an economic opportunity. Around the country, certain doctors or pain clinics ended up doing brisk business dispensing opioid prescriptions. As Dr. Andrew Kolodny, cofounder of Physicians for Responsible Opioid Prescribing, observed, this business model meant doctors would “have a practice of patients who’ll never miss an appointment and who pay in cash.”³⁸

82. Moreover, Defendants’ sales incentives rewarded sales representatives who happened to have pill mills within their territories, enticing those representatives to look the other way even when their in-person visits to such clinics should have raised numerous red flags. In one example, a pain clinic in South Carolina was diverting massive quantities of OxyContin. People traveled to the clinic from towns as far as 100 miles away to get prescriptions, the DEA’s diversion unit raided the clinic, and prosecutors eventually filed criminal charges against the doctors. But Purdue’s sales representative for that territory, Eric Wilson, continued to promote OxyContin sales at the clinic. He reportedly told another local physician that this clinic accounted for 40% of the OxyContin sales in his territory. At that time, Wilson was Purdue’s top-ranked sales representative.³⁹ In response to news stories about this clinic, Purdue issued a statement, declaring that “if a doctor is intent on prescribing our

³⁸ Sam Quinones, *Dreamland: The True Tale of America’s Opiate Epidemic* 314 (Bloomsbury Press 2015).

³⁹ Meier, *supra* note 15, at 298-300.

1 medication inappropriately, such activity would continue regardless of whether we contacted the
2 doctor or not.”⁴⁰

3 83. Whenever examples of opioid diversion and abuse have drawn media attention,
4 Defendants have consistently blamed “bad actors.” For example, in 2001, during a
5 Congressional hearing, Purdue’s attorney Howard Udell answered pointed questions about how
6 it was that Purdue could utilize IMS Health data to assess their marketing efforts but not notice a
7 particularly egregious pill mill in Pennsylvania run by a doctor named Richard Paolino. Udell
8 asserted that Purdue was “fooled” by the “bad actor” doctor: “The picture that is painted in the
9 newspaper [of Dr. Paolino] is of a horrible, bad actor, someone who preyed upon this
10 community, who caused untold suffering. And he fooled us all. He fooled law enforcement. He
11 fooled the DEA. He fooled local law enforcement. He fooled us.”⁴¹

12
13
14 84. But given the closeness with which Defendants monitored prescribing patterns
15 through IMS Health data, it is highly improbable that they were “fooled.” In fact, a local
16 pharmacist had noticed the volume of prescriptions coming from Paolino’s clinic and alerted
17 authorities. Purdue had the prescribing data from the clinic and alerted no one. Rather, it appears
18 Purdue and other Defendants used the IMS Health data to target pill mills and sell more pills.
19 Indeed, a Purdue executive referred to Purdue’s tracking system and database as a “gold mine”
20 and acknowledged that Purdue could identify highly suspicious volumes of prescriptions.

21
22 85. Sales representatives making in-person visits to such clinics were likewise not
23 fooled. But as pill mills were lucrative for the manufacturers and individual sales representatives
24 alike, Defendants and their employees turned a collective blind eye, allowing certain clinics to
25

26 ⁴⁰ *Id.*

⁴¹ *Id.* at 179.

1 dispense staggering quantities of potent opioids and feigning surprise when the most egregious
 2 examples eventually made the nightly news.

3 **3. Widespread prescription opioid use broadened the market for heroin and**
 4 **fentanyl.**

5 86. Defendants' marketing scheme achieved a dramatic expansion of the U.S. market
 6 for opioids, prescription and non-prescription alike. Heroin and fentanyl use has surged—a
 7 foreseeable consequence of Defendants' successful promotion of opioid use coupled with the
 8 sheer potency of their products.

9 87. In his book *Dreamland: The True Tale of America's Opiate Epidemic*, journalist
 10 Sam Quinones summarized the easy entrance of black tar heroin in a market primed by
 11 prescription opioids:
 12

13 His black tar, once it came to an area where OxyContin had already tenderized
 14 the terrain, sold not to tapped-out junkies but to younger kids, many from the
 15 suburbs, most of whom had money and all of whom were white. Their transition
 16 from Oxy to heroin, he saw, was a natural and easy one. Oxy addicts began by
 17 sucking on and dissolving the pills' timed-release coating. They were left with 40
 18 or 80 mg of pure oxycodone. At first, addicts crushed the pills and snorted the
 19 powder. As their tolerance built, they used more. To get a bigger bang from the
 20 pill, they liquefied it and injected it. But their tolerance never stopped climbing.
 21 OxyContin sold on the street for a dollar a milligram and addicts very quickly
 22 were using well over 100 mg a day. As they reached their financial limits, many
 23 switched to heroin, since they were already shooting up Oxy and had lost any
 24 fear of the needle.⁴²

25 88. In a study examining the relationship between the abuse of prescription opioids
 26 and heroin, researchers found that 75% of those who began their opioid abuse in the 2000s

⁴² Quinones, *supra* note 38, at 165-66.

reported that their first opioid was a prescription drug.⁴³ As the graph below illustrates, prescription opioids replaced heroin as the first opioid of abuse beginning in the 1990s.



From: **The Changing Face of Heroin Use in the United States: A Retrospective Analysis of the Past 50 Years**

JAMA Psychiatry. 2014;71(7):821-826. doi:10.1001/jamapsychiatry.2014.366

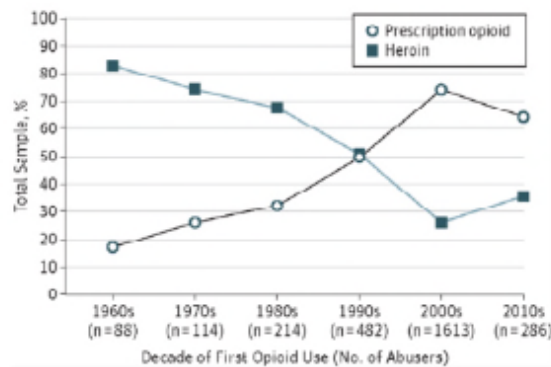


Figure Legend:

Percentage of the Total Heroin-Dependent Sample That Used Heroin or a Prescription Opioid as Their First Opioid of Abuse Data are plotted as a function of the decade in which respondents initiated their opioid abuse.

89. The researchers also found that nearly half of the respondents who indicated that their primary drug was heroin actually preferred prescription opioids, because the prescription drugs were legal, and perceived as “safer and cleaner.” But, heroin’s lower price point is a distinct advantage. While an 80 mg OxyContin might cost \$80 on the street, the same high can be had from \$20 worth of heroin.

⁴³ Theodore J. Cicero, PhD, Matthew S. Ellis, MPE, Hilary L. Surratt, PhD, *The Changing Face of Heroin Use in the United States: A Retrospective Analysis of the Past 50 Years*, JAMA Psychiatry 71(7):821-826 (2014), <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/1874575>.

90. As noted above, there is little difference between the chemical structures of heroin and prescription opioids. Between 2005 and 2009, Mexican heroin production increased by over 600%. And between 2010 and 2014, the amount of heroin seized at the U.S.-Mexico border more than doubled.

91. From 2002 to 2016, fatal overdoses related to heroin in the U.S. increased by **533%**—from 2,089 deaths in 2002 to 13,219 deaths in 2016.⁴⁴

92. Along with heroin use, fentanyl use is on the rise, as a result of America's expanded appetite for opiates. But fentanyl, as noted above, is fifty times more potent than heroin, and overdosing is all too easy. Fentanyl is expected to cause over 20,000 overdoses in 2017.⁴⁵

93. As Dr. Caleb Banta-Green, senior research scientist at the University of Washington's Alcohol and Drug Abuse Institute, told The Seattle Times in August 2017, "The bottom line is opioid addiction is the overall driver of deaths. People will use whatever opioid they can get. It's just that which one they're buying is changing a bit."⁴⁶

C. Defendants Promoted Prescription Opioids Through Several Channels

94. Despite knowing the devastating consequences of widespread opioid use, Defendants engaged in a sophisticated and multi-pronged promotional campaign designed to achieve just that. By implementing the strategies pioneered by Arthur Sackler, Defendants were

⁴⁴ Niall McCarthy, *U.S. Heroin Deaths Have Increased 533% Since 2002*, Forbes (Sept. 11, 2017, 8:26am), <https://www.forbes.com/sites/niallmccarthy/2017/09/11/u-s-heroin-deaths-have-increased-533-since-2002-infographic/#13ab9a531abc>.

⁴⁵ *Id.*

⁴⁶ *Opioids: The Leading Cause of Drug Deaths in Seattle Area*, University of Washington School of Public Health (Aug. 25, 2017), http://sph.washington.edu/news/article.asp?content_ID=8595.

1 able to achieve the fundamental shift in the perception of opioids that was key to making them
2 blockbuster drugs.

3 95. Defendants disseminated their deceptive statements about opioids through
4 several channels.⁴⁷ First, Defendants aggressively and persistently pushed opioids through sales
5 representatives. Second, Defendants funded third-party organizations that appeared to be neutral
6 but which served as additional marketing departments for drug companies. Third, Defendants
7 utilized prominent physicians as paid spokespeople—“Key Opinion Leaders”—to take
8 advantage of doctors’ respect for and reliance on the recommendations of their peers. Finally,
9 Defendants also used print and online advertising, including unbranded advertising, which is not
10 reviewed by the FDA.
11

12 96. Defendants spent substantial sums and resources in making these
13 communications. For example, Purdue spent more than \$200 million marketing OxyContin in
14 2001 alone.⁴⁸
15

16 **1. Defendants aggressively deployed sales representatives to push their**
17 **products.**

18 97. Defendants communicated to prescribers directly in the form of in-person visits
19 and communications from sales representatives.

20 98. Defendants’ tactics through their sales representatives—also known as
21 “detailers”—were particularly aggressive. In 2014, Defendants collectively spent well over
22 \$100 million on detailing branded opioids to doctors.
23
24

25 ⁴⁷ The specific misrepresentations and omissions are discussed below in Section D.

26 ⁴⁸ *Oxycontin: Balancing Risks and Benefits: Hearing of the S. Comm. on Health, Education, Labor and Pensions*,
107th Cong. 2 (Feb. 12, 2002) (testimony of Paul Goldenheim, Vice President for Research, Purdue Pharma),
<https://www.gpo.gov/fdsys/pkg/CHRG-107shrg77770/html/CHRG-107shrg77770.htm>.

1 99. Each sales representative has a specific sales territory and is responsible for
2 developing a list of about 105 to 140 physicians to call on who already prescribe opioids or who
3 are candidates for prescribing opioids.

4 100. When Purdue launched OxyContin in 1996, its 300-plus sales force had a total
5 physician call list of approximately 33,400 to 44,500. By 2000, nearly 700 representatives had a
6 total call list of approximately 70,500 to 94,000 physicians. Each sales representative was
7 expected to make about thirty-five physician visits per week and typically called on each
8 physician every three to four weeks, while each hospital sales representative was expected to
9 make about fifty physician visits per week and call on each facility every four weeks.⁴⁹

10 101. One of Purdue's early training memos compared doctor visits to "firing at a
11 target," declaring that "[a]s you prepare to fire your 'message,' you need to know where to aim
12 and what you want to hit!"⁵⁰ According to the memo, the target is physician resistance based on
13 concern about addiction: "The physician wants pain relief for these patients without addicting
14 them to an opioid."⁵¹

15 102. To hit that target, Purdue sales representatives were taught to say, "The delivery
16 system is believed to reduce the abuse liability of the drug."⁵² But as one sales representative
17 told a reporter, "I found out pretty fast that it wasn't true."⁵³ In 2002, former Purdue sales
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23 ⁴⁹ *OxyContin Abuse and Diversion and Efforts to Address the Problem*, *supra* note 29, at 20.

24 ⁵⁰ Meier, *supra* note 15, at 102.

25 ⁵¹ *Id.*

26 ⁵² Patrick Radden Keefe, *The Family That Built an Empire of Pain*, *The New Yorker* (Oct. 30, 2017),
<https://www.newyorker.com/magazine/2017/10/30/the-family-that-built-an-empire-of-pain>; see also Meier, *supra*
note 15, at 102 ("Delayed absorption, as provided by OxyContin tablets, is believed to reduce the abuse liability
of the drug.").

⁵³ Keefe, *supra* note 52.

1 manager William Gergely told a Florida state investigator that sales representatives were
 2 instructed to say that OxyContin was “virtually non-addicting” and “non-habit-forming.”⁵⁴

3 103. As Shelby Sherman, a Purdue sales representative from 1974 to 1998, told a
 4 reporter regarding OxyContin promotion, “It was sell, sell, sell. We were directed to lie. Why
 5 mince words about it?”⁵⁵

6 104. Defendants utilized lucrative bonus systems to encourage their sales
 7 representatives to stick to the script and increase opioid sales in their territories. Purdue paid \$40
 8 million in sales incentive bonuses to its sales representatives in 2001 alone, with annual bonuses
 9 ranging from \$15,000 to nearly \$240,000.⁵⁶ The training memo described above, in keeping
 10 with a Wizard of Oz theme, reminded sales representatives: “A pot of gold awaits you ‘Over the
 11 Rainbow’!”⁵⁷

12 105. As noted above, Defendants have also spent substantial sums to purchase,
 13 manipulate, and analyze prescription data available from IMS Health, which allows them to
 14 track initial prescribing and refill practices by individual doctors, and in turn to customize their
 15 communications with each doctor. Defendants’ use of this marketing data was a cornerstone of
 16 their marketing plan,⁵⁸ and continues to this day.

17 106. Defendants also aggressively pursued family doctors and primary care physicians
 18 perceived to be susceptible to their marketing campaigns. Defendants knew that these doctors
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23 ⁵⁴ Fred Schulte and Nancy McVicar, *Oxycontin Was Touted As Virtually Nonaddictive, Newly Released State*
 24 *Records Show*, Sun Sentinel (Mar. 6, 2003), http://articles.sun-sentinel.com/2003-03-06/news/0303051301_1_purdue-pharma-oxycontin-william-gergely.

25 ⁵⁵ Glazek, *supra* note 25.

26 ⁵⁶ Art Van Zee, M.D., *The Promotion and Marketing of OxyContin: Commercial Triumph, Public Health Tragedy*,
 99(2) Am J Public Health 221-27 (Feb. 2009), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2622774/>.

⁵⁷ *Id.* at 103.

⁵⁸ *Id.*

1 relied on information provided by pharmaceutical companies when prescribing opioids, and
2 that, as general practice doctors seeing a high volume of patients on a daily basis, they would be
3 less likely to scrutinize the companies' claims.

4 107. Furthermore, Defendants knew or should have known the doctors they targeted
5 were often poorly equipped to treat or manage pain comprehensively, as they often had limited
6 resources or time to address behavioral or cognitive aspects of pain treatment or to conduct the
7 necessary research themselves to determine whether opioids were as beneficial as Defendants
8 claimed. In fact, the majority of doctors and dentists who prescribe opioids are not pain
9 specialists. For example, a 2014 study conducted by pharmacy benefit manager Express Scripts
10 reviewing narcotic prescription data from 2011 to 2012 concluded that of the more than 500,000
11 prescribers of opioids during that time period, *only* 385 were identified as pain specialists.⁵⁹
12

13 108. When Defendants presented these doctors with sophisticated marketing material
14 and apparently scientific articles that touted opioids' ability to easily and safely treat pain, many
15 of these doctors began to view opioids as an efficient and effective way to treat their patients.
16

17 109. In addition, sales representatives aggressively pushed doctors to prescribe
18 stronger doses of opioids. For example, one Purdue sales representative in Florida wrote about
19 working for a particularly driven regional manager named Chris Sposato and described how
20 Sposato would drill the sales team on their upselling tactics:
21

22 It went something like this. "Doctor, what is the highest dose of OxyContin you
23 have ever prescribed?" "20mg Q12h." "Doctor, if the patient tells you their pain
24 score is still high you can increase the dose 100% to 40mg Q12h, will you do
25 that?" "Okay." "Doctor, what if that patient then came back and said their pain
26 score was still high, did you know that you could increase the OxyContin dose to
80mg Q12h, would you do that?" "I don't know, maybe." "Doctor, but you do
agree that you would at least Rx the 40mg dose, right?" "Yes."

⁵⁹ *A Nation in Pain*, Express Scripts (Dec. 9, 2014), <http://lab.express-scripts.com/lab/publications/a-nation-in-pain>.

1 The next week the rep would see that same doctor and go through the same
2 discussion with the goal of selling higher and higher doses of OxyContin. Miami
3 District reps have told me that on work sessions with [Sposato] they would sit in
4 the car and role play for as long as it took until [Sposato] was convinced the rep
5 was delivering the message with perfection.

6 110. Defendants used not only incentives but competitive pressure to push sales
7 representatives into increasingly aggressive promotion. One Purdue sales representative recalled
8 the following scene: “I remember sitting at a round table with others from my district in a
9 regional meeting while everyone would stand up and state the highest dose that they had
10 suckered a doctor to prescribe. The entire region!!”

11 111. Defendants applied this combination of intense competitive pressure and
12 lucrative financial incentives because they knew that sales representatives, with their frequent
13 in-person visits with prescribers, were incredibly effective. In fact, manufacturers’ internal
14 documents reveal that they considered sales representatives their “most valuable resource.”

15 **2. Defendants bankrolled seemingly independent “front groups” to promote**
16 **opioid use and fight restrictions on opioids.**

17 112. Defendants funded, controlled, and operated third-party organizations that
18 communicated to doctors, patients, and the public the benefits of opioids to treat chronic pain.
19 These organizations—also known as “front groups”—appeared independent and unbiased. But
20 in fact, they were but additional paid mouthpieces for the drug manufacturers. These front
21 groups published prescribing guidelines, unbranded materials, and other programs that
22 promoted opioid treatment as a way to address patients’ chronic pain. The front groups targeted
23 doctors, patients, and lawmakers, all in coordinated efforts to promote opioid prescriptions.

24 113. Defendants spent significant financial resources contributing to and working with
25 these various front groups to increase the number of opioid prescriptions written.
26

114. The most prominent front group utilized by Defendants was the **American Pain Foundation** (APF), which received more than \$10 million from opioid drug manufacturers, including Defendants, from 2007 through 2012. Purdue contributed \$1.7 million and Endo also contributed substantial sums to the APF.⁶⁰

115. Throughout its existence, APF's operating budget was almost entirely comprised of contributions from prescription opioid manufacturers. For instance, nearly 90% of APF's \$5 million annual budget in 2010 came from "donations" from some of Defendants, and by 2011, APF was entirely dependent on grants from drug manufacturers, including from Purdue and Endo. Not only did Defendants control APF's purse strings, APF's board of directors was comprised of doctors who were on Defendants' payrolls, either as consultants or speakers at medical events.⁶¹

116. Although holding itself out as an independent advocacy group promoting patient well-being, APF consistently lobbied against federal and state proposals to limit opioid use.

117. Another prominent front group was the **American Academy of Pain Medicine** (AAPM), which has received over \$2.2 million in funding since 2009 from opioid drug manufacturers, including Defendants. Like APF, AAPM presented itself as an independent and non-biased advocacy group representing physicians practicing in the field of pain medicine, but in fact was just another mouthpiece Defendants used to push opioids on doctors and patients.⁶²

⁶⁰Charles Ornstein and Tracy Weber, *The Champion of Painkillers*, ProPublica (Dec. 23, 2011, 9:15am), <https://www.propublica.org/article/the-champion-of-painkillers>.

⁶¹*Id.*

⁶²Tracy Weber and Charles Ornstein, *Two Leaders in Pain Treatment Have Long Ties to Drug Industry*, ProPublica (Dec. 23, 2011, 9:14am), <https://www.propublica.org/article/two-leaders-in-pain-treatment-have-long-ties-to-drug-industry>.

118. Both the APF and the AAPM published treatment guidelines and sponsored and hosted medical education programs that touted the benefits of opioids to treat chronic pain while minimizing and trivializing their risks. The treatment guidelines the front groups published—many of which are discussed in detail below—were particularly important to Defendants in ensuring widespread acceptance for opioid therapy to treat chronic pain. Defendants realized, just as the CDC has, that such treatment guidelines can “change prescribing practices,” because they appear to be unbiased sources of evidence-based information, even when they are in reality marketing materials.

119. For instance, the AAPM, in conjunction with the **American Pain Society** (APS), issued comprehensive guidelines in 2009 titled “Guideline for the Use of Chronic Opioid Therapy in Chronic Noncancer Pain – Evidence Review” (“2009 Guidelines”). The 2009 Guidelines promoted opioids as “safe and effective” for treating chronic pain, despite acknowledging limited evidence to support this statement. Unsurprisingly, Defendants have widely referenced and promoted these guidelines, issued by front groups Defendants funded and controlled. These 2009 Guidelines are still available online today.⁶³

120. In addition, Defendants participated in the **Pain Care Forum**, a coalition of drug makers, trade groups, and nonprofit organizations. From 2006 to 2015, participants in the Pain Care Forum spent over \$740 million lobbying in the nation’s capital and in all fifty statehouses on an array of issues, including opioid-related measures. The collective spending on lobbying and campaigns amounts to more than two hundred times the \$4 million spent during the same

⁶³ *Clinical Guideline for the Use of Chronic Opioid Therapy in Chronic Noncancer Pain*, American Pain Society, <http://americanpainsociety.org/uploads/education/guidelines/chronic-opioid-therapy-cnnp.pdf> (last visited Jan. 24, 2018).

1 period by the handful of groups that work to warn the public about the dangers of opioids and
 2 lobby for restrictions on painkillers.⁶⁴

3 121. Defendants have also targeted specific groups to encourage opioid prescribing
 4 practices. One such group, a University of Wisconsin-based organization known as the **Pain &**
 5 **Policy Studies Group**, received \$2.5 million from pharmaceutical companies to promote opioid
 6 use and discourage the passing of regulations against opioid use in medical practice. The Pain &
 7 Policy Studies Group wields considerable influence over the nation's medical schools as well as
 8 within the medical field in general.⁶⁵ Purdue was the largest contributor to the Pain & Policy
 9 Studies Group, paying approximately \$1.6 million between 1999 and 2010.⁶⁶

10 122. The **Federation of State Medical Boards** (FSMB) of the United States is a
 11 national non-profit organization that represents the seventy-state medical and osteopathic boards
 12 of the United States and its territories and co-sponsors the United States Medical Licensing
 13 Examination. Beginning in 1997, FSMB developed model policy guidelines around the
 14 treatment of pain, including opioid use. The original initiative was funded by the Robert Wood
 15 Johnson Foundation, but subsequently AAPM, APS, the University of Wisconsin Pain & Policy,
 16 and the American Society of Law, Medicine, & Ethics all made financial contributions to the
 17 project.
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23 ⁶⁴ Matthew Perrone and Ben Wieder, *Pro-painkiller echo chamber shaped policy amid drug epidemic*, AP News
 24 (Sept. 19, 2016), <https://apnews.com/3d257452c24a410f98e8e5a4d9d448a7/pro-painkiller-echo-chamber-shaped-policy-amid-drug>.

25 ⁶⁵ *The Role of Pharmaceutical Companies in the Opioid Epidemic*, Addictions.com,
 26 <https://www.addictions.com/opiate/the-role-of-pharmaceutical-companies-in-the-opioid-epidemic/> (last visited
 Jan. 24, 2018).

⁶⁶ John Fauber, *UW group ends drug firm funds*, Journal Sentinel (Apr. 20, 2011),
<http://archive.jsonline.com/watchdog/watchdogreports/120331689.html>.

1 123. FSMB’s 2004 Model Policy encourages state medical boards “to evaluate their
2 state pain policies, rules, and regulations to identify *any regulatory restrictions or barriers that*
3 *may impede the effective use of opioids* to relieve pain.”⁶⁷

4 124. One of the most significant barriers to convincing doctors that opioids were safe
5 to prescribe to their patients for long-term treatment of chronic pain was the fact that many of
6 those patients would, in fact, become addicted to opioids. If patients began showing up at their
7 doctors’ offices with obvious signs of addiction, the doctors would, of course, become
8 concerned and likely stop prescribing opioids. And, doctors might stop believing Defendants’
9 claims that addiction risk was low.

10 125. To overcome this hurdle, Defendants promoted a concept called
11 “pseudoaddiction.” Defendants told doctors that when their patients appeared to be addicted to
12 opioids—for example, asking for more and higher doses of opioids, increasing doses
13 themselves, or claiming to have lost prescriptions in order to get more opioids—this was not
14 actual addiction. Rather, Defendants told doctors what appeared to be classic signs of addiction
15 were actually just signs of undertreated pain. The solution to this “pseudoaddiction”: more
16 opioids. Instead of warning doctors of the risk of addiction and helping patients to wean
17 themselves off of powerful opioids and deal with their actual addiction, Defendants pushed even
18 more dangerous drugs onto patients.

19 126. The FSMB’s Model Policy gave a scientific veneer to this fictional and
20 overstated concept. The Policy defines “pseudoaddiction” as “[t]he iatrogenic syndrome
21 resulting from the misinterpretation of relief seeking behaviors as though they are drug-seeking
22

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26 ⁶⁷ *Model Policy for the Use of Controlled Substances for the Treatment of Pain*, Federation of State Medical
Boards of the United States, Inc. (May 2004),
<http://www.painpolicy.wisc.edu/sites/www.painpolicy.wisc.edu/files/model04.pdf>.

behaviors that are commonly seen with addiction” and states that these behaviors “resolve upon institution of effective analgesic therapy.”⁶⁸

127. In May 2012, Senate Finance Committee Chairman Max Baucus and senior Committee member Chuck Grassley initiated an investigation into the connections of Defendants with medical groups and physicians who have advocated increased opioid use.⁶⁹ In addition to the three manufacturers, the senators sent letters to APF, APS, AAPM, FSMB, the University of Wisconsin Pain & Policy Studies Group, the Joint Commission on Accreditation of Healthcare Organization, and the Center for Practical Bioethics, requesting from each “a detailed account of all payments/transfers received from corporations and any related corporate entities and individuals that develop, manufacture, produce, market, or promote the use of opioid-based drugs from 1997 to the present.”⁷⁰

128. On the same day as the senators’ investigation began, APF announced that it would “cease to exist, effective immediately.”⁷¹

129. But other front groups continue to exert influence over opioid prescribing practices. In fact, in May 2017, the Senate Finance Committee sent a letter to the Secretary of the U.S. Department of Health & Human Services with concern over the proposed composition of an FDA workshop that would examine how medical providers use and prescribe opioids to

⁶⁸ *Id.*

⁶⁹ *Baucus, Grassley Seek Answers about Opioid Manufacturers’ Ties to Medical Groups*, United States Senate Committee on Finance (May 8, 2012), <https://www.finance.senate.gov/chairmans-news/baucus-grassley-seek-answers-about-opioid-manufacturers-ties-to-medical-groups>.

⁷⁰ Letter from United States Senate Committee on Finance to American Pain Foundation (May 8, 2012), <https://www.finance.senate.gov/imo/media/doc/05092012%20Baucus%20Grassley%20Opioid%20Investigation%20Letter%20to%20American%20Pain%20Foundation2.pdf>.

⁷¹ Charles Ornstein and Tracy Weber, *American Pain Foundation Shuts Down as Senators Launch Investigation of Prescription Narcotics*, ProPublica (May 8, 2012, 8:57pm), <https://www.propublica.org/article/senate-panel-investigates-drug-company-ties-to-pain-groups>.

1 treat pain—including “many groups with deep financial ties to opioid manufacturers,” such as
 2 APS and FSMB.⁷² As the letter noted, “the apparent financial relationships between opioid
 3 manufacturers and pain advocacy groups participating in the workshop raise serious conflict-of-
 4 interest concerns that could undercut efforts to curb over-prescribing.”⁷³

5
 6 **3. “It was pseudoscience”—Defendants paid prominent physicians to promote their products.**

7
 8 130. Defendants retained highly credentialed medical professionals to promote the
 9 purported benefits and minimal risks of opioids. Known as “Key Opinions Leaders” or “KOLs,”
 10 these medical professionals were often integrally involved with the front groups described
 11 above. Defendants paid these KOLs substantial amounts to present at Continuing Medical
 12 Education (“CME”) seminars and conferences, and to serve on their advisory boards and on the
 13 boards of the various front groups.

14
 15 131. Defendants also identified doctors to serve as speakers or attend all-expense-paid
 16 trips to programs with speakers.⁷⁴ Defendants used these trips and programs—many of them
 17 lavish affairs—to incentivize the use of opioids while downplaying their risks, bombarding
 18 doctors with messages about the safety and efficacy of opioids for treating long-term pain.
 19 Although often couched in scientific certainty, Defendants’ messages were false and misleading,
 20 and helped to ensure that millions of Americans would be exposed to the profound risks of these
 21 drugs.

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 24 ⁷² Letter from United States Committee on Finance to U.S. Department of Health & Human Services (May 5,
 25 2017)
 26 [https://www.finance.senate.gov/imo/media/doc/050817%20corrected%20Senator%20Wyden%20to%20Secretary%20Price%20re%20FDA%20Opioid%20Prescriber%20Working%20Group%20\(5%20May%202017\).pdf](https://www.finance.senate.gov/imo/media/doc/050817%20corrected%20Senator%20Wyden%20to%20Secretary%20Price%20re%20FDA%20Opioid%20Prescriber%20Working%20Group%20(5%20May%202017).pdf).

⁷³ *Id.*

⁷⁴ Van Zee, *The Promotion and Marketing of OxyContin*, *supra* note 56.

132. It is well documented that this type of pharmaceutical company symposium influences physicians' prescribing, even though physicians who attend such symposia believe that such enticements do not alter their prescribing patterns.⁷⁵ For example, doctors who were invited to these all-expenses-paid weekends in resort locations like Boca Raton, Florida, and Scottsdale, Arizona, wrote twice as many prescriptions as those who did not attend.⁷⁶

133. The KOLs gave the impression they were independent sources of unbiased information, while touting the benefits of opioids through their presentations, articles, and books. KOLs also served on committees and helped develop guidelines such as the 2009 Guidelines described above that strongly encouraged the use of opioids to treat chronic pain.

134. One of the most prominent KOLs for Defendants' opioids was Dr. Russell Portenoy. A respected leader in the field of pain treatment, Dr. Portenoy was highly influential. Dr. Andrew Kolodny, cofounder of Physicians for Responsible Opioid Prescribing, described him "lecturing around the country as a religious-like figure. The megaphone for Portenoy is Purdue, which flies in people to resorts to hear him speak. It was a compelling message: 'Docs have been letting patients suffer; nobody really gets addicted; it's been studied.'"⁷⁷

135. As one organizer of CME seminars, who worked with Portenoy and Purdue, pointed out, "had Portenoy not had Purdue's money behind him, he would have published some papers, made some speeches, and his influence would have been minor. With Purdue's millions behind him, his message, which dovetailed with their marketing plans, was hugely magnified."⁷⁸

⁷⁵ *Id.*

⁷⁶ Harriet Ryan, Lisa Girion and Scott Glover, *OxyContin goes global — "We're only just getting started"*, Los Angeles Times (Dec. 18, 2016), <http://www.latimes.com/projects/la-me-oxycontin-part3/>.

⁷⁷ Quinones, *supra* note 38, at 314.

⁷⁸ *Id.* at 136.

136. In recent years, some of Defendants' KOLs have conceded that many of their past claims in support of opioid use lacked evidence or support in the scientific literature.⁷⁹ Dr. Portenoy himself specifically admitted that he overstated the drugs' benefits and glossed over their risks, and that he "gave innumerable lectures in the late 1980s and '90s about addiction that weren't true."⁸⁰ He mused, "Did I teach about pain management, specifically about opioid therapy, in a way that reflects misinformation? Well, against the standards of 2012, I guess I did . . . We didn't know then what we know now."⁸¹

137. Dr. Portenoy did not need "the standards of 2012" to discern evidence-based science from baseless claims, however. When interviewed by journalist Barry Meier for his 2003 book, *Pain Killer*, Dr. Portenoy was more direct: "It was pseudoscience. I guess I'm going to have always to live with that one."⁸²

138. Dr. Portenoy was perhaps the most prominent KOL for prescription opioids, but he was far from the only one. In fact, Dr. Portenoy and a doctor named Perry Fine co-wrote A *Clinical Guide to Opioid Analgesia*, which contained statements that conflict with the CDC's 2016 findings, such as the following examples regarding respiratory depression and addiction:

At clinically appropriate doses, . . . respiratory rate typically does not decline. Tolerance to the respiratory effects usually develops quickly, and doses can be steadily increased without risk.

Overall, the literature provides evidence that the outcomes of drug abuse and addiction are rare among patients who receive opioids for a short period (ie, for

⁷⁹ See, e.g., John Fauber, *Painkiller boom fueled by networking*, Journal Sentinel (Feb. 18, 2012), <http://archive.jsonline.com/watchdog/watchdogreports/painkiller-boom-fueled-by-networking-dp3p2rn-139609053.html/> (finding that a key Endo KOL acknowledged that opioid marketing went too far).

⁸⁰ Thomas Catan and Evan Perez, *A Pain-Drug Champion Has Second Thoughts*, The Wall Street Journal (Dec. 17, 2012, 11:36am), <https://www.wsj.com/articles/SB10001424127887324478304578173342657044604>.

⁸¹ *Id.*

⁸² Meier, *supra* note 15, at 277.

1 acute pain) and among those with no history of abuse who receive long-term
2 therapy for medical indications.⁸³

3 139. Dr. Fine is a Professor of Anesthesiology at the University of Utah School of
4 Medicine's Pain Research Center. He has served on Purdue's advisory board, provided medical
5 legal consulting for Janssen, and participated in CME activities for Endo, along with serving in
6 these capacities for several other drug companies. He co-chaired the APS-AAPM Opioid
7 Guideline Panel, served as treasurer of the AAPM from 2007 to 2010 and as president of that
8 group from 2011 to 2013, and was also on the board of directors of APF.⁸⁴

9 140. In 2011, he and Dr. Scott Fishman, discussed below, published a letter in *JAMA*
10 called "Reducing Opioid Abuse and Diversion," which emphasized the importance of
11 maintaining patient access to opioids.⁸⁵ The editors of *JAMA* found that both doctors had
12 provided incomplete financial disclosures and made them submit corrections listing all of their
13 ties to the prescription painkiller industry.⁸⁶

14 141. Dr. Fine also failed to provide full disclosures as required by his employer, the
15 University of Utah. For example, Dr. Fine told the university that he had received under \$5,000
16 in 2010 from Johnson & Johnson for providing "educational" services, but Johnson & Johnson's
17 website states that the company paid him \$32,017 for consulting, promotional talks, meals and
18 travel that year.⁸⁷

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22 ⁸³ Perry G. Fine, MD and Russell K. Portenoy, MD, *A Clinical Guide to Opioid Analgesia* 20 and 34, McGraw-Hill
23 Companies (2004), <http://www.thblack.com/links/RSD/OpioidHandbook.pdf>.

24 ⁸⁴ Scott M. Fishman, MD, *Incomplete Financial Disclosures in a Letter on Reducing Opioid Abuse and Diversion*,
25 306 (13) JAMA 1445 (Sept. 20, 2011), <https://jamanetwork.com/journals/jama/article-abstract/1104464?redirect=true>.

26 ⁸⁵ Perry G. Fine, MD and Scott M. Fishman, MD, *Reducing Opioid Abuse and Diversion*, 306 (4) JAMA 381 (July
27, 2011), <https://jamanetwork.com/journals/jama/article-abstract/1104144?redirect=true>.

⁸⁶ *Incomplete Financial Disclosures in: Reducing Opioid Abuse and Diversion*, 306 (13) JAMA 1446 (Oct. 5,
2011), <https://jamanetwork.com/journals/jama/fullarticle/1104453>.

⁸⁷ Weber and Ornstein, *supra* note 62.

142. In 2012, along with other KOLs, Dr. Fine was investigated for his ties to drug companies as part of the Senate investigation of front groups described above. When Marianne Skolek, a reporter for the online news outlet Salem-News.com and a critic of opioid overuse, wrote an article about him and another KOL being investigated, Dr. Fine fired back, sending a letter to her editor accusing her of poor journalism and saying that she had lost whatever credibility she may have had. He criticized her for linking him to Purdue, writing, “I have never had anything to do with Oxycontin development, sales, marketing or promotion; I have never been a Purdue Pharma speaker”—neglecting to mention, of course, that he served on Purdue’s advisory board, as the JAMA editors had previously forced him to disclose.⁸⁸

143. Another Utah physician, Dr. Lynn Webster, was the director of Lifetree Clinical Research & Pain Clinic in Salt Lake City from 1990 to 2010, and in 2013 was the president of AAPM (one of the front groups discussed above). Dr. Webster developed a five-question survey he called the Opioid Risk Tool, which he asserted would “predict accurately which individuals may develop aberrant behaviors when prescribed opioids for chronic pain.”⁸⁹ He published books titled *The Painful Truth: What Chronic Pain Is Really Like and Why It Matters to Each of Us* and *Avoiding Opioid Abuse While Managing Pain*.

144. Dr. Webster and the Lifetree Clinic were investigated by the DEA for overprescribing opioids after twenty patients died from overdoses. In keeping with the opioid industry’s promotional messages, Dr. Webster apparently believed the solution to patients’ tolerance or addictive behaviors was more opioids: he prescribed staggering quantities of pills.

⁸⁸ Marianne Skolek, *Doctor Under Senate Investigation Lashes Out at Journalist*, Salem News (Aug. 12, 2012, 8:45pm), <http://www.salem-news.com/articles/august122012/perry-fine-folo-ms.php>.

⁸⁹ Lynn Webster and RM Webster, *Predicting aberrant behaviors in opioid-treated patients: preliminary validation of the Opioid Risk Tool* 6 (6) Pain Med. 432 (Nov.-Dec. 2005), <https://www.ncbi.nlm.nih.gov/pubmed/16336480>.

1 Tina Webb, a Lifetree patient who overdosed in 2007, was taking as many as 32 pain pills a day
 2 in the year before she died, all while under doctor supervision.⁹⁰ Carol Ann Bosley, who sought
 3 treatment for pain at Lifetree after a serious car accident and multiple spine surgeries, quickly
 4 became addicted to opioids and was prescribed increasing quantities of pills; at the time of her
 5 death, she was on seven different medications totaling approximately 600 pills a month.⁹¹
 6 Another woman, who sought treatment from Lifetree for chronic low back pain and headaches,
 7 died at age 42 after Lifetree clinicians increased her prescriptions to 14 different drugs,
 8 including multiple opioids, for a total of 1,158 pills a month.⁹²

10 145. By these numbers, Lifetree resembles the pill mills and “bad actors” that
 11 Defendants blame for opioid overuse. But Dr. Webster was an integral part of Defendants’
 12 marketing campaigns, a respected pain specialist who authored numerous CMEs sponsored by
 13 Endo and Purdue. And Defendants promoted his Opioid Risk Tool and similar screening
 14 questionnaires as measures that allow powerful opioids to be prescribed for chronic pain.
 15

16 146. Even in the face of patients’ deaths, Dr. Webster continues to promote a pro-
 17 opioid agenda, even asserting that alternatives to opioids are risky because “[i]t’s not hard to
 18 overdose on NSAIDs or acetaminophen.”⁹³ He argued on his website in 2015 that DEA
 19 restrictions on the accessibility of hydrocodone harm patients, and in 2017 tweeted in response
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 21
 22

23 ⁹⁰ Jesse Hyde and Daphne Chen, *The untold story of how Utah doctors and Big Pharma helped drive the national*
 24 *opioid epidemic*, Deseret News (Oct. 26, 2017, 12:01am), [https://www.deseretnews.com/article/900002328/the-](https://www.deseretnews.com/article/900002328/the-untold-story-of-how-utah-doctors-and-big-pharma-helped-drive-the-national-opioid-epidemic.html)
[untold-story-of-how-utah-doctors-and-big-pharma-helped-drive-the-national-opioid-epidemic.html](https://www.deseretnews.com/article/900002328/the-untold-story-of-how-utah-doctors-and-big-pharma-helped-drive-the-national-opioid-epidemic.html).

25 ⁹¹ Stephanie Smith, *Prominent pain doctor investigated by DEA after patient deaths*, CNN (Dec. 20, 2013,
 7:06am), <http://www.cnn.com/2013/12/20/health/pain-pillar/index.html>.

26 ⁹² *Id.*

⁹³ *APF releases opioid medication safety module*, Drug Topics (May 10, 2011),
[http://drugtopics.modernmedicine.com/drug-topics/news/modernmedicine/modern-medicine-news/apf-releases-](http://drugtopics.modernmedicine.com/drug-topics/news/modernmedicine/modern-medicine-news/apf-releases-opioid-medication-safety-module)
[opioid-medication-safety-module](http://drugtopics.modernmedicine.com/drug-topics/news/modernmedicine/modern-medicine-news/apf-releases-opioid-medication-safety-module).

1 to CVS Caremark’s announcement that it will limit opioid prescriptions that “CVS Caremark’s
2 new opioid policy is wrong, and it won’t stop illegal drugs.”⁹⁴

3 147. Another prominent KOL is Dr. Scott M. Fishman, the Chief of the Department of
4 Pain Medicine at University of California, Davis. He has served as president of APF and
5 AAPM, and a consultant and a speaker for Purdue, in addition to providing the company grant
6 and research support. He also has had financial relationships with Endo and Janssen. He wrote a
7 book for the FSMB called *Responsible Opioid Use: A Physician’s Guide*, which was distributed
8 to over 165,000 physicians in the U.S.
9

10 148. Dr. Fishman and Dr. Fine, along with Dr. Seddon Savage, published an editorial
11 in the Seattle Times in 2010, arguing that Washington legislation proposed to combat
12 prescription opioid abuse would harm patients, in particular by requiring chronic pain patients to
13 consult with a pain specialist before receiving a prescription for a moderate to high dose of an
14 opioid.⁹⁵
15

16 149. These KOLs and others—respected specialists in pain medicine—proved to be
17 highly effective spokespeople for Defendants.

18 **4. Defendants used “unbranded” advertising as a platform for their**
19 **misrepresentations about opioids.**

20 150. Defendants also aggressively promoted opioids through “unbranded advertising”
21 to generally tout the benefits of opioids without specifically naming a particular brand of opioid.
22 A trick often used by pharmaceutical companies, unbranded marketing is not typically reviewed
23
24

25 ⁹⁴ @LynnRWebsterMD, Twitter (Dec. 7, 2017, 1:45pm),
<https://twitter.com/LynnRWebsterMD/status/938887130545360898>.

26 ⁹⁵ Perry G. Fine, Scott M. Fishman, and Seddon R. Savage, *Bill to combat prescription abuse really will harm patients in pain*, The Seattle Times (Mar. 16, 2010, 4:39pm),
http://old.seattletimes.com/html/opinion/2011361572_guest17fine.html.

1 by the FDA, giving the pharmaceutical companies considerable leeway to make sweeping
 2 claims about types of drugs. Conversely, branded marketing, which identifies and promotes a
 3 specific drug, is subject to FDA review for consistency with the drug's label and adequate
 4 presentation of risk and benefits.

5
 6 151. By engaging in unbranded advertising, Defendants were and are able to avoid
 7 FDA review and issue general statements to the public including that opioids improve function,
 8 that addiction usually does not occur, and that withdrawal can easily be managed.

9 152. Through the various marketing channels described above—all of which
 10 Defendants controlled, funded, and facilitated, and for which they are legally responsible—
 11 Defendants made false or misleading statements about opioids despite the lack of scientific
 12 evidence to support their claims, while omitting the true risk of addiction and death.

13 **D. Specific Misrepresentations Made by Defendants**

14
 15 153. All Defendants have made and/or continue to make false or misleading claims in
 16 the following areas: (1) the low risk of addiction to opioids, (2) opioids' efficacy for chronic
 17 pain and ability to improve patients' quality of life with long-term use, (3) the lack of risk
 18 associated with higher dosages of opioids, (4) the need to prescribe more opioids to treat
 19 withdrawal symptoms, and (5) that risk-mitigation strategies and abuse-deterrent technologies
 20 allow doctors to safely prescribe opioids for chronic use. These illustrative but non-exhaustive
 21 categories of Defendants' misrepresentations about opioids are described in detail below.

22 **1. Defendants falsely claimed that the risk of opioid abuse and addiction was low.**

23
 24 154. Collectively, Defendants have made a series of false and misleading statements
 25 about the low risk of addiction to opioids over the past twenty years. Defendants have also
 26 failed to take sufficient remedial measures to correct its false and misleading statements.

1 155. Defendants knew that many physicians were hesitant to prescribe opioids other
2 than for acute or cancer-related pain because of concerns about addiction. Because of this
3 general perception, sales messaging about the low risk of addiction was a fundamental
4 prerequisite misrepresentation.

5
6 156. Purdue launched OxyContin in 1996 with the statement that OxyContin's
7 patented continuous-release mechanism "is believed to reduce the abuse liability." This
8 statement, which appeared in OxyContin's label and which sales representatives were taught to
9 repeat verbatim, was unsupported by any studies, and was patently false. The continuous-release
10 mechanism was simple to override, and the drug correspondingly easy to abuse. This fact was
11 known, or should have been known, to Purdue prior to its launch of OxyContin, because people
12 had been circumventing the same continuous-release mechanism for years with MS Contin,
13 which in fact commanded a high street price because of the dose of pure narcotic it delivered. In
14 addition, with respect to OxyContin, Purdue researchers notified company executives, including
15 Raymond and Richard Sackler, by email that patients in their clinical trials were abusing the
16 drug despite the timed-release mechanism.⁹⁶

17
18 157. In 2007, as noted above, Purdue pleaded guilty to misbranding a drug, a felony
19 under the Food, Drug, and Cosmetic Act. 21 U.S.C. § 331(a)(2). As part of its guilty plea,
20 Purdue agreed that certain Purdue supervisors and employees had, "with the intent to defraud or
21 mislead, marketed and promoted OxyContin as less addictive, less subject to abuse and
22 diversion, and less likely to cause tolerance and withdrawal than other pain medications" in the
23 following ways:
24
25
26

⁹⁶ WBUR On Point interview, *supra* note 20.

1 Trained PURDUE sales representatives and told some health care providers that
 2 it was more difficult to extract the oxycodone from an OxyContin tablet for the
 3 purpose of intravenous abuse, although PURDUE's own study showed that a
 4 drug abuser could extract approximately 68% of the oxycodone from a single
 10mg OxyContin tablet by crushing the tablet, stirring it in water, and drawing
 the solution through cotton into a syringe;

5 Told PURDUE sales representatives they could tell health care providers that
 6 OxyContin potentially creates less chance for addiction than immediate-release
 opioids;

7 Sponsored training that taught PURDUE sales supervisors that OxyContin had
 8 fewer "peak and trough" blood level effects than immediate-release opioids
 resulting in less euphoria and less potential for abuse than short-acting opioids;

9 Told certain health care providers that patients could stop therapy abruptly
 10 without experiencing withdrawal symptoms and that patients who took
 OxyContin would not develop tolerance to the drug; and

11 Told certain health care providers that OxyContin did not cause a "buzz" or
 12 euphoria, caused less euphoria, had less addiction potential, had less abuse
 13 potential, was less likely to be diverted than immediate-release opioids, and
 could be used to "weed out" addicts and drug seekers.⁹⁷

14 158. All of these statements were false and misleading. But Purdue had not stopped
 15 there. Purdue—and later the other Defendants—manipulated scientific research and utilized
 16 respected physicians as paid spokespeople to convey its misrepresentations about low addiction
 17 risk in much more subtle and pervasive ways, so that the idea that opioids used for chronic pain
 18 posed a low addiction risk became so widely accepted in the medical community that
 19 Defendants were able to continue selling prescription opioids for chronic pain—even after
 20 Purdue's criminal prosecution.

21 159. When it launched OxyContin, Purdue knew it would need data to overcome
 22 decades of wariness regarding opioid use. It needed some sort of research to back up its
 23
 24
 25
 26

⁹⁷ *U.S. v. The Purdue Frederick Company, Inc., et al.*, *supra* note 24. See also, Plea Agreement, *U.S. v. The Purdue Frederick Company, Inc., et al.*, No. 1:07-cr-00029 (W.D. Va. May 10, 2007).

1 messaging. But Purdue had not conducted any studies about abuse potential or addiction risk as
 2 part of its application for FDA approval for OxyContin. Purdue (and, later, the other
 3 Defendants) found this “research” in the form of a one-paragraph letter to the editor published in
 4 the New England Journal of Medicine (NEJM) in 1980.

5
 6 160. This letter, by Dr. Hershel Jick and Jane Porter, declared the incidence of
 7 addiction “rare” for patients treated with opioids.⁹⁸ They had analyzed a database of hospitalized
 8 patients who were given opioids in a controlled setting to ease suffering from acute pain. These
 9 patients were not given long-term opioid prescriptions or provided opioids to administer to
 10 themselves at home, nor was it known how frequently or infrequently and in what doses the
 11 patients were given their narcotics. Rather, it appears the patients were treated with opioids for
 12 short periods of time under in-hospital doctor supervision.

13
 14 **ADDICTION RARE IN PATIENTS TREATED
 WITH NARCOTICS**

15 *To the Editor:* Recently, we examined our current files to deter-
 16 mine the incidence of narcotic addiction in 39,946 hospitalized
 17 medical patients¹ who were monitored consecutively. Although
 18 there were 11,882 patients who received at least one narcotic prepa-
 19 ration, there were only four cases of reasonably well documented
 addiction in patients who had no history of addiction. The addic-
 tion was considered major in only one instance. The drugs im-
 20 plicated were meperidine in two patients,² Percodan in one, and
 hydromorphone in one. We conclude that despite widespread use of
 narcotic drugs in hospitals, the development of addiction is rare in
 medical patients with no history of addiction.

20 JANE PORTER
 21 HERSHEL JICK, M.D.
 Boston Collaborative Drug
 Surveillance Program

22 Waltham, MA 02154

Boston University Medical Center

23 1. Jick H, Miettinen OS, Shapiro S, Lewis GP, Siskind Y, Slone D.
 Comprehensive drug surveillance. JAMA. 1970; 213:1455-60.

24 2. Miller RR, Jick H. Clinical effects of meperidine in hospitalized medical
 25 patients. J Clin Pharmacol. 1978; 18:180-8.

26

⁹⁸ Jane Porter and Herschel Jick, MD, *Addiction Rare in Patients Treated with Narcotics*, 302(2) N Engl J Med.
 123 (Jan. 10, 1980), <http://www.nejm.org/doi/pdf/10.1056/NEJM198001103020221>.

161. As Dr. Jick explained to a journalist years later, he submitted the statistics to NEJM as a letter because the data were not robust enough to be published as a study, and that one could not conclude anything about long-term use of opioids from his figures.⁹⁹ Dr. Jick also recalled that no one from drug companies or patient advocacy groups contacted him for more information about the data.¹⁰⁰

162. Nonetheless, Defendants regularly invoked this letter as proof of the low addiction risk in connection with taking opioids despite its obvious shortcomings. Defendants' egregious misrepresentations based on this letter included claims that *less than one percent* of opioid users become addicted.

163. The limited facts of the study did not deter Defendants from using it as definitive proof of opioids' safety. The enormous impact of Defendants' misleading amplification of this letter was well documented in another letter published in the NEJM on June 1, 2017, describing the way the one-paragraph 1980 letter had been irresponsibly cited and in some cases "grossly misrepresented." In particular, the authors of this letter explained:

[W]e found that a five-sentence letter published in the *Journal* in 1980 was heavily and uncritically cited as evidence that addiction was rare with long-term opioid therapy. We believe that this citation pattern contributed to the North American opioid crisis by helping to shape a narrative that allayed prescribers' concerns about the risk of addiction associated with long-term opioid therapy . . .¹⁰¹

164. Unfortunately, by the time of this analysis and the CDC's findings in 2016, the damage had already been done. "It's difficult to overstate the role of this letter," said Dr. David

⁹⁹ Meier, *supra* note 15, at 174.

¹⁰⁰ *Id.*

¹⁰¹ Pamela T.M. Leung, B.Sc. Pharm., Erin M. Macdonald, M.Sc., Matthew B. Stanbrook, M.D., Ph.D., Irfan Al Dhalla, M.D., David N. Juurlink, M.D., Ph.D., *A 1980 Letter on the Risk of Opioid Addiction*, 376 N Engl J Med 2194-95 (June 1, 2017), <http://www.nejm.org/doi/full/10.1056/NEJMc1700150#t=article>.

Juurlink of the University of Toronto, who led the analysis. "It was the key bit of literature that helped the opiate manufacturers convince front-line doctors that addiction is not a concern."¹⁰²

165. Defendants successfully manipulated the 1980 Porter and Jick letter as the "evidence" supporting their fundamental misrepresentation that the risk of opioid addiction was low when opioids were prescribed to treat pain. For example, in its 1996 press release announcing the release of OxyContin, Purdue advertised that the "fear of addiction is exaggerated" and quoted the chairman of the American Pain Society Quality of Care Committee, who claimed that "there is very little risk of addiction from the proper uses of these [opioid] drugs for pain relief."¹⁰³

PR Newswire

May 31, 1996, Friday - 15:47 Eastern Time

NEW HOPE FOR MILLIONS OF AMERICANS SUFFERING FROM PERSISTENT

The fear of addiction is exaggerated.

One cause of patient resistance to appropriate pain treatment – the fear of addiction – is largely unfounded. According to Dr. Max, "Experts agree that most pain caused by surgery or cancer can be relieved, primarily by carefully adjusting the dose of opioid (narcotic) pain reliever to each patient's need, and that there is very little risk of addiction from the proper uses of these drugs for pain relief."

Paul D. Goldenheim, M.D., Vice President of **Purdue Pharma** L.P. in Norwalk, Connecticut, agrees with this assessment. "Proper use of medication is an essential weapon in the battle against persistent pain. But too often fear, misinformation and poor communication stand in the way of their legitimate use."

¹⁰² *Painful words: How a 1980 letter fueled the opioid epidemic*, STAT (May 31, 2017), <https://www.statnews.com/2017/05/31/opioid-epidemic-nejm-letter/>.

¹⁰³ Press Release, OxyContin, *New Hope for Millions of Americans Suffering from Persistent Pain: Long-Acting OxyContin Tablets Now Available to Relieve Pain* (May 31, 1996, 3:47pm), <http://documents.latimes.com/oxycontin-press-release-1996/>.

166. Dr. Portenoy, the Purdue KOL mentioned previously, also stated in a promotional video from the 1990s that “the likelihood that the treatment of pain using an opioid drug which is prescribed by a doctor will lead to addiction is extremely low.”¹⁰⁴



167. Purdue also specifically used the Porter and Jick letter in its 1998 promotional video “I got my life back,” in which Dr. Alan Spanos says “In fact, the rate of addiction amongst pain patients who are treated by doctors *is much less than 1%*.”¹⁰⁵



¹⁰⁴ Catan and Perez, *supra* note 80.

¹⁰⁵ Our Amazing World, *Purdue Pharma OxyContin Commercial*, <https://www.youtube.com/watch?v=Er78Dj5hyeI> (last visited Jan. 24, 2018) (emphasis added).

1 168. The Porter and Jick letter was also used on Purdue's "Partners Against Pain"
2 website, which was available in the early 2000s, where Purdue claimed that the addiction risk
3 with OxyContin was very low.¹⁰⁶

4 169. The Porter and Jick letter was used frequently in literature given to prescribing
5 physicians and to patients who were prescribed OxyContin.¹⁰⁷

6 170. In addition to the Porter and Jick letter, Defendants exaggerated the significance
7 of a study published in 1986 regarding cancer patients treated with opioids. Conducted by Dr.
8 Portenoy and another pain specialist, Dr. Kathleen Foley, the study involved only 38 patients,
9 who were treated for non-malignant cancer pain with low doses of opioids (the majority were
10 given less than 20 MME/day, the equivalent of only 13 mg of oxycodone).¹⁰⁸ Of these 38
11 patients, only two developed problems with opioid abuse, and Dr. Portenoy and Dr. Foley
12 concluded that "opioid maintenance therapy can be a safe, salutary and more humane alternative
13 to the options of surgery or no treatment in those patients with intractable non-malignant pain
14 and no history of drug abuse . . ."¹⁰⁹ Notwithstanding the small sample size, low doses of
15 opioids involved, and the fact that all the patients were cancer patients, Defendants used this
16 study as "evidence" that high doses of opioids were safe for the treatment of chronic non-cancer
17 pain.
18
19

20 171. Defendants' repeated misrepresentations about the low risk of opioid addiction
21 were so effective that this concept became part of the conventional wisdom. Dr. Nathaniel Katz,
22

23
24 ¹⁰⁶ Van Zee, *The Promotion and Marketing of OxyContin*, *supra* note 56.

25 ¹⁰⁷ Art Van Zee, M.D., *The OxyContin Abuse Problem: Spotlight on Purdue Pharma's Marketing* (Aug. 22, 2001),
<https://web.archive.org/web/20170212210143/https://www.fda.gov/ohrms/dockets/dockets/01n0256/c000297-A.pdf>.

26 ¹⁰⁸ Russell K. Portenoy and Kathleen M. Foley, *Chronic Use of Opioid Analgesics in Non-Malignant Pain: Report of 38 Cases*, 25 *Pain* 171-86 (1986), <https://www.ncbi.nlm.nih.gov/pubmed/2873550>.

¹⁰⁹ *Id.*

1 a pain specialist, recalls learning in medical school that previous fears about addiction were
 2 misguided, and that doctors should feel free to allow their patients the pain relief that opioids
 3 can provide. He did not question this until one of his patients died from an overdose. Then, he
 4 searched the medical literature for evidence of the safety and efficacy of opioid treatment for
 5 chronic pain. “There’s not a shred of research on the issue. All these so-called experts in pain
 6 are dedicated and have been training me that opioids aren’t as addictive as we thought. But what
 7 is that based on? It was based on nothing.”¹¹⁰

9 172. At a hearing before the House of Representatives’ Subcommittee on Oversight
 10 and Investigations of the Committee on Energy and Commerce in August 2001, Purdue
 11 continued to emphasize “legitimate” treatment, dismissing cases of overdose and death as
 12 something that would not befall “legitimate” patients: “Virtually all of these reports involve
 13 people who are abusing the medication, not patients with legitimate medical needs under the
 14 treatment of a healthcare professional.”¹¹¹

16 173. Purdue spun this baseless “legitimate use” distinction out even further in a
 17 patient brochure about OxyContin, called “A Guide to Your New Pain Medicine and How to
 18 Become a Partner Against Pain.” In response to the question, “Aren’t opioid pain medications
 19 like OxyContin Tablets ‘addicting’? Even my family is concerned about this,” Purdue claimed
 20 that there was no need to worry about addiction if taking opioids for legitimate, “medical”
 21 purposes:
 22
 23
 24

25 ¹¹⁰ Quinones, *supra* note 38, at 188-89.

26 ¹¹¹ *Oxycontin: Its Use and Abuse: Hearing Before the H. Subcomm. on Oversight and Investigations of the Comm. on Energy and Commerce*, 107th Cong. 1 (Aug. 28, 2001) (statement of Michael Friedman, Executive Vice President, Chief Operating Officer, Purdue Pharma, L.P.), <https://www.gpo.gov/fdsys/pkg/CHRG-107hhrg75754/html/CHRG-107hhrg75754.htm>.

1 Drug addiction means using a drug to get “high” rather than to relieve pain. You
2 are taking opioid pain medication for medical purposes. The medical purposes
3 are clear and the effects are beneficial, not harmful.

4 174. Similarly, Dr. David Haddox, Senior Medical Director for Purdue, cavalierly
5 stated, “[w]hen this medicine is used appropriately to treat pain under a doctor’s care, it is not
6 only effective, it is safe.”¹¹² He went so far as to compare OxyContin to celery, because even
7 celery would be harmful if injected: “If I gave you a stalk of celery and you ate that, it would be
8 healthy for you. But if you put it in a blender and tried to shoot it into your veins, it would not
9 be good.”¹¹³

10 175. Purdue sales representatives also repeated these misstatements regarding the low
11 risk for addiction to doctors across the country.¹¹⁴ Its sales representatives targeted primary care
12 physicians in particular, downplaying the risk of addiction and, as one doctor observed,
13 “promot[ing] among primary care physicians a more liberal use of opioids.”¹¹⁵

14 176. Purdue sales representatives were instructed to “distinguish between iatrogenic
15 addiction (<1% of patients) and substance abusers/diversion (about 10 percent of the population
16 abuse something: weed; cocaine; heroin; alcohol; valium; etc.).”¹¹⁶

17 177. Purdue also marketed OxyContin for a wide variety of conditions and to doctors
18 who were not adequately trained in pain management.¹¹⁷

19 178. As of 2003, Purdue’s Patient Information guide for OxyContin contained the
20 following language regarding addiction:
21
22

23
24 ¹¹² Roger Alford, *Deadly OxyContin abuse expected to spread in the U.S.*, Charleston Gazette, Feb. 9, 2001.

¹¹³ *Id.*

25 ¹¹⁴ Barry Meier, *In Guilty Plea, OxyContin Maker to Pay \$600 Million*, The New York Times (May 10, 2007),
<http://www.nytimes.com/2007/05/10/business/11drug-web.html>.

26 ¹¹⁵ Van Zee, *The Promotion and Marketing of OxyContin*, *supra* note 56.

¹¹⁶ Meier, *supra* note 15, at 269.

¹¹⁷ *OxyContin Abuse and Diversion and Efforts to Address the Problem*, *supra* note 29.

Concerns about abuse, addiction, and diversion should not prevent the proper management of pain. The development of addiction to opioid analgesics in properly managed patients with pain has been reported to be rare. However, data are not available to establish the true incidence of addiction in chronic pain patients.

179. Although Purdue has acknowledged it has made some misrepresentations about the safety of its opioids,¹¹⁸ it has done nothing to address the ongoing harms of their misrepresentations; in fact, it continues to make those misrepresentations today.

180. Defendant Endo also made dubious claims about the low risk of addiction. For instance, it sponsored a website, PainKnowledge.com, on which in 2009 it claimed that “[p]eople who take opioids as prescribed usually do not become addicted.”¹¹⁹ The website has since been taken down.

181. In another website, PainAction.com—which is still currently available today—Endo also claimed that “most chronic pain patients do not become addicted to the opioid medications that are prescribed for them.”¹²⁰

182. In a pamphlet titled “Understanding Your Pain: Taking Oral Opioid Analgesics,” Endo assured patients that addiction is something that happens to people who take opioids for reasons other than pain relief, “such as unbearable emotional problems”¹²¹:

¹¹⁸ Following the conviction in 2007 of three of its executives for misbranding OxyContin, Purdue released a statement in which they acknowledged their false statements. “Nearly six years and longer ago, some employees made, or told other employees to make, certain statements about OxyContin to some health care professionals that were inconsistent with the F.D.A.-approved prescribing information for OxyContin and the express warnings it contained about risks associated with the medicine. The statements also violated written company policies requiring adherence to the prescribing information.”

¹¹⁹ German Lopez, *US officials are starting to treat opioid companies like Big Tobacco—and suing them*, Vox (Aug. 9, 2017, 3:53pm), <https://www.vox.com/policy-and-politics/2017/6/7/15724054/opioid-companies-epidemic-lawsuits>.

¹²⁰ *Opioid medication and addiction*, Pain Action (Aug. 17, 2017), <https://www.painaction.com/opioid-medication-addiction/>.

¹²¹ *Understanding Your Pain: Taking Oral Opioid Analgesics*, Endo Pharmaceuticals (2004), http://www.thblack.com/links/RSD/Understand_Pain_Opioid_Analgesics.pdf.

Some questions you may have are:

Is it wrong to take opioids for pain?

- ◆ No. Pain relief is an important medical reason to take opioids as prescribed by your doctor. Addicts take opioids for other reasons, such as unbearable emotional problems. Taking opioids as prescribed for pain relief is not addiction.

How can I be sure I'm not addicted?

- ◆ Addiction to an opioid would mean that your pain has gone away but you still take the medicine regularly when you don't need it for pain, maybe just to escape from your problems.
- ◆ Ask yourself: Would I want to take this medicine if my pain went away? If you answer no, you are taking opioids for the right reasons—to relieve your pain and improve your function. You are not addicted.

183. In addition, Endo made statements in pamphlets and publications that most health care providers who treat people with pain agree that most people do not develop an addiction problem. These statements also appeared on websites sponsored by Endo, such as Opana.com.

184. In its currently active website, PrescribeResponsibly.com, Defendant Janssen states that concerns about opioid addiction are “overestimated” and that “true addiction occurs only in a small percentage of patients.”¹²²

¹²² Keith Candiotti, M.D., *Use of Opioid Analgesics in Pain Management*, Prescribe Responsibly, <http://www.prescriberesponsibly.com/articles/opioid-pain-management> (last modified July 2, 2015).

Use of Opioid Analgesics in Pain Management



Other Opioid Analgesic Concerns

Aside from medical issues related to opioid analgesics, there are nonmedical issues that may have an impact on prescribing patterns and patient use of these drugs. Practitioners are often concerned about prescribing opioid analgesics due to potential legal issues and questions of addiction.^{15,16} By the same token, patients report similar concerns about developing an addiction to opioid analgesics.¹⁷ While these concerns are not without some merit, it would appear that they are often overestimated. According to clinical opinion polls, true addiction occurs only in a small percentage of patients with chronic pain who receive chronic opioid analgesics analgesic therapy.¹⁸



185. Similarly, in a 2009 patient education video titled “Finding Relief: Pain Management for Older Adults,” Janssen sponsored a video by the American Academy of Pain Medicine that indicated that opioids are rarely addictive. The video has since been taken down.¹²³

¹²³ Molly Huff, *Finding Relief: Pain Management for Older Adults*, Centers for Pain Management (Mar. 9, 2011), <http://www.managepaintoday.com/news/-Finding-Relief-Pain-Management-for-Older-Adults>.

186. Janssen also approved and distributed a patient education guide in 2009 that attempted to counter the “myth” that opioids are addictive, claiming that “[m]any studies show that opioids are rarely addictive when used properly for the management of chronic pain.”¹²⁴

187. In addition, all three Defendants used third parties and front groups to further their false and misleading statements about the safety of opioids.

188. For example, in testimony for the Hearing to Examine the Effects of the Painkiller OxyContin, Focusing on Risks and Benefits, in front of the Senate Health, Education, Labor and Pensions Committee in February 2002, Dr. John D. Giglio, Executive Director of the APF, the organization which, as described above, received the majority of its funding from opioid manufacturers, including Purdue, stated that “opioids are safe and effective, and only in rare cases lead to addiction.”¹²⁵ Along with Dr. Giglio’s testimony, the APF submitted a short background sheet on “the scope of the undertreatment of pain in the U.S.,” which asserted that “opioids are often the best” treatment for pain that hasn’t responded to other techniques, but that patients and many doctors “lack even basic knowledge about these options and fear that powerful pain drugs will [c]ause addiction.” According to the APF, “most studies show that less than 1% of patients become addicted, which is medically different from becoming physically dependent.”¹²⁶

189. The APF further backed up Purdue in an amicus curiae brief filed in an Ohio appeals court in December 2002, in which it claimed that “medical leaders have come to

¹²⁴ Lopez, *supra* note 119.

¹²⁵ *Oxycontin: Balancing Risks and Benefits: Hearing of the S. Comm. on Health, Education, Labor and Pensions*, 107th Cong. 2 (Feb. 12, 2002) (testimony of John D. Giglio, M.A., J.D., Executive Director, American Pain Foundation), <https://www.help.senate.gov/imo/media/doc/Giglio.pdf>.

¹²⁶ *Id.*

1 understand that the small risk of abuse does not justify the withholding of these highly effective
2 analgesics from chronic pain patients.”¹²⁷

3 190. In a 2007 publication titled “Treatment Options: A Guide for People Living with
4 Pain,” APF downplayed the risk of addiction and argued that concern about this risk should not
5 prevent people from taking opioids: “Restricting access to the most effective medications for
6 treating pain is not the solution to drug abuse or addiction.”¹²⁸ APF also tried to normalize the
7 dangers of opioids by listing opioids as one of several “[c]ommon drugs that can cause physical
8 dependence,” including steroids, certain heart medications, and caffeine.¹²⁹

9
10 191. Defendants’ repeated statements about the low risk of addiction when taking
11 opioids as prescribed for chronic pain were blatantly false and were made with reckless
12 disregard for the potential consequences.

13
14 **2. Defendants falsely claimed that opioids were proven effective for chronic
15 pain and would improve quality of life.**

16 192. Not only did Defendants falsely claim that the risk of addiction to prescription
17 opioids was low, Defendants represented that there was a significant upside to long-term opioid
18 use, including that opioids could restore function and improve quality of life.¹³⁰

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23 ¹²⁷ Brief Amici Curiae of American Pain Foundation, National Foundation for the Treatment of Pain, and The Ohio
24 Pain Initiative, in Support of Defendants/Appellants, *Howland v. Purdue Pharma, L.P., et al.*, Appeal No. CA
25 2002 09 0220 (Butler Co., Ohio 12th Court of Appeals, Dec. 23, 2002),
26 <https://ia801005.us.archive.org/23/items/279014-howland-apf-amicus/279014-howland-apf-amicus.pdf>.

¹²⁸ *Treatment Options: A Guide for People Living with Pain*, American Pain Foundation,
<https://assets.documentcloud.org/documents/277605/apf-treatmentoptions.pdf> (last visited Jan. 24, 2018).

¹²⁹ *Id.*

¹³⁰ This case *does not* request or require the Court to specifically adjudicate whether opioids are appropriate for the
treatment of chronic, non-cancer-pain—though the scientific evidence strongly suggests they are not.

1 193. Such claims were viewed as a critical part of Defendants' marketing strategies.
 2 An internal Purdue report from 2001 noted the lack of data supporting improvement in quality
 3 of life with OxyContin treatment:

4 Janssen has been stressing decreased side effects, especially constipation, as well
 5 as patient quality of life, as supported by patient rating compared to sustained
 6 release morphine...We do not have such data to support OxyContin promotion. .
 7 . . In addition, Janssen has been using the "life uninterrupted" message in
 8 promotion of Duragesic for non-cancer pain, stressing that Duragesic "helps
 patients think less about their pain." This is a competitive advantage based on our
 inability to make any quality of life claims.¹³¹

9 194. Despite the lack of data supporting improvement in quality of life, Purdue ran a
 10 full-page ad for OxyContin in the Journal of the American Medical Association in 2002,
 11 proclaiming, "There Can Be Life With Relief," and showing a man happily fly-fishing alongside
 12 his grandson.¹³² This ad earned a warning letter from the FDA, which admonished, "It is
 13 particularly disturbing that your November ad would tout 'Life With Relief' yet fail to warn that
 14 patients can die from taking OxyContin."¹³³

15 195. Purdue also consistently tried to steer any concern away from addiction, and
 16 focus on its false claims that opioids were effective and safe for dealing with chronic pain. At a
 17 hearing before the House of Representatives' Subcommittee on Oversight and Investigations of
 18 the Committee on Energy and Commerce in August 2001, Michael Friedman, Executive Vice
 19 President and Chief Operating Officer of Purdue, testified that "even the most vocal critics of
 20 opioid therapy concede the value of OxyContin in the legitimate treatment of pain," and that
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 22
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 24

25 ¹³¹ Meier, *supra* note 15, at 281.

26 ¹³² *Id.* at 280.

¹³³ Chris Adams, *FDA Orders Purdue Pharma To Pull Its OxyContin Ads*, The Wall Street Journal (Jan. 23, 2003, 12:01am), <https://www.wsj.com/articles/SB1043259665976915824>.

1 “OxyContin has proven itself an effective weapon in the fight against pain, returning many
2 patients to their families, to their work, and to their ability to enjoy life.”¹³⁴

3 196. Purdue sponsored the development and distribution of an APF guide in 2011
4 which claimed that “multiple clinical studies have shown that opioids are effective in improving
5 daily function, psychological health, and health-related quality of life for chronic pain patients.”
6 This guide is still available today.
7

8 197. Purdue also ran a series of advertisements of OxyContin in 2012 in medical
9 journals titled “Pain vignettes,” which were styled as case studies of patients with persistent pain
10 conditions and for whom OxyContin was recommended to improve their function.

11 198. Purdue and Endo also sponsored and distributed a book in 2007 to promote the
12 claim that pain relief from opioids, by itself, improved patients’ function. The book remains for
13 sale online today.
14

15 199. Endo’s advertisements for Opana ER claimed that use of the drug for chronic
16 pain allowed patients to perform demanding tasks like construction and portrayed Opana ER
17 users as healthy and unimpaired.

18 200. Endo’s National Initiative on Pain Control (NIPC) website also claimed in 2009
19 that with opioids, “your level of function should improve; you may find you are now able to
20 participate in activities of daily living, such as work and hobbies, that you were not able to enjoy
21 when your pain was worse.”
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¹³⁴ *Oxycontin: Its Use and Abuse*, *supra* note 111.

1 201. Endo further sponsored a series of CME programs through NIPC which claimed
2 that chronic opioid therapy has been “shown to reduce pain and depressive symptoms and
3 cognitive functioning.”

4 202. Through PainKnowledge.org, Endo also supported and sponsored guidelines that
5 stated, among other things, that “Opioid Medications are a powerful and often highly effective
6 tool in treating pain,” and that “they can help restore comfort, function, and quality of life.”¹³⁵
7

8 203. In addition, Janssen sponsored and edited patient guides which stated that
9 “opioids may make it easier for people to live normally.” The guides listed expected functional
10 improvements from opioid use, including sleeping through the night, and returning to work,
11 recreation, sex, walking, and climbing stairs.

12 204. Janssen also sponsored, funded, and edited a website which featured an interview
13 edited by Janssen that described how opioids allowed a patient to “continue to function.” This
14 video is still available today.
15

16 205. Furthermore, sales representatives for Purdue, Endo, and Janssen communicated
17 and continue to communicate the message that opioids will improve patients’ function, without
18 appropriate disclaimers.

19 206. Defendants’ statements regarding opioids’ ability to improve function and quality
20 of life are false and misleading. As the CDC’s 2016 Guidelines confirm, not a single study
21 supports these claims.
22

23 207. In fact, to date, there have been no long-term studies that demonstrate that
24 opioids are effective for treating long-term or chronic pain. Instead, reliable sources of
25

26 ¹³⁵*Informed Consent for Using Opioids to Treat Pain*, Painknowledge.org (2007),
https://www.mainequalitycounts.org/image_upload/Opioid%20Informed%20Consent%20Formatted_1_23_2008.pdf.

1 information, including from the CDC in 2016, indicate that there is “[n]o evidence” to show “a
 2 long-term benefit of opioids in pain and function versus no opioids for chronic pain.”¹³⁶ By
 3 contrast, significant research has demonstrated the colossal dangers of opioids. The CDC, for
 4 example, concluded that “[e]xtensive evidence shows the possible harms of opioids (including
 5 opioid use disorder, overdose, and motor vehicle injury)” and that “[o]pioid pain medication use
 6 presents serious risks, including overdose and opioid use disorder.”¹³⁷

8 **3. Defendants falsely claimed doctors and patients could increase opioid usage**
 9 **indefinitely without added risk.**

10 208. Defendants also made false and misleading statements claiming that there is no
 11 dosage ceiling for opioid treatment. These misrepresentations were integral to Defendants’
 12 promotion of prescription opioids for two reasons. First, the idea that there was no upward limit
 13 was necessary for the overarching deception that opioids are appropriate treatment for chronic
 14 pain. As discussed above, people develop a tolerance to opioids’ analgesic effects, so that
 15 achieving long-term pain relief requires constantly increasing the dose. Second, the dosing
 16 misrepresentation was necessary for the claim that OxyContin and competitor drugs allowed 12-
 17 hour dosing.

18 209. Twelve-hour dosing is a significant marketing advantage for any medication,
 19 because patient compliance is improved when a medication only needs to be taken twice a day.
 20 For prescription painkillers, the 12-hour dosing is even more significant because shorter-acting
 21 painkillers did not allow patients to get a full night’s sleep before the medication wore off. A
 22 Purdue memo to the OxyContin launch team stated that “OxyContin’s positioning statement is
 23 ‘all of the analgesic efficacy of immediate-release oxycodone, with convenient q12h dosing,’”
 24
 25

26 ¹³⁶ Dowell, et al., *supra* note 30.

¹³⁷ *Id.*

1 and further that “[t]he convenience of q12h dosing was emphasized as the most important
2 benefit.”¹³⁸

3 210. Purdue executives therefore maintained the messaging of 12-hour dosing even
4 when many reports surfaced that OxyContin did not last 12 hours. Instead of acknowledging a
5 need for more frequent dosing, Purdue instructed its representatives to push higher-strength
6 pills.
7

8 211. For example, in a 1996 sales strategy memo from a Purdue regional manager, the
9 manager emphasized that representatives should “convinc[e] the physician that there is no need”
10 for prescribing OxyContin in shorter intervals than the recommended 12-hour interval, and
11 instead the solution is prescribing higher doses. The manager directed representatives to discuss
12 with physicians that there is “no[] upward limit” for dosing and ask “if there are any
13 reservations in using a dose of 240mg-320mg of OxyContin.”¹³⁹
14

15 212. As doctors began prescribing OxyContin at shorter intervals in the late 1990s,
16 Purdue directed its sales representatives to “refocus” physicians on 12-hour dosing. One sales
17 manager instructed her team that anything shorter “needs to be nipped in the bud. NOW!!”¹⁴⁰
18

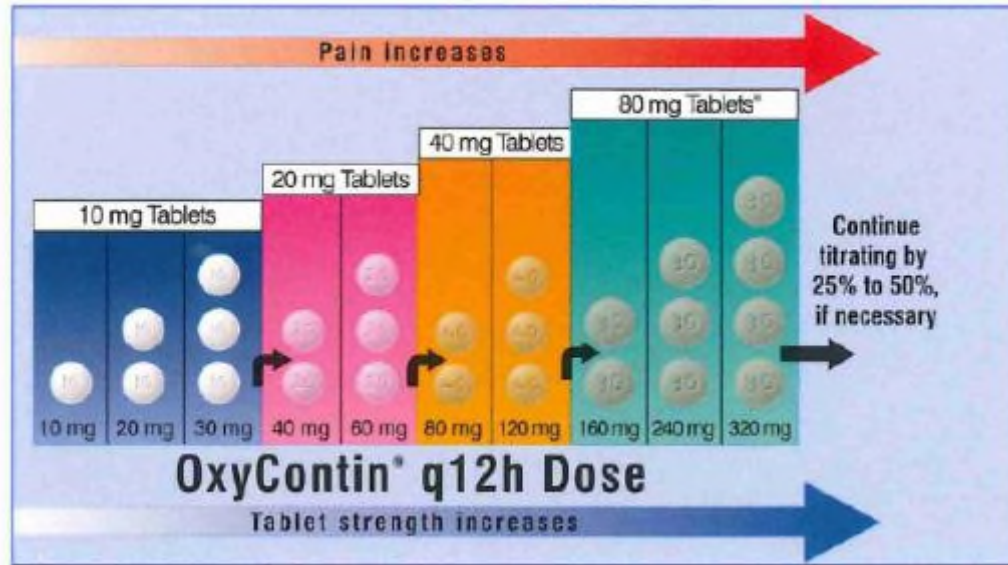
19 213. These misrepresentations were incredibly dangerous. As noted above, opioid
20 dosages at or above 50 MME/day double the risk of overdose compared to 20 MME/day, and 50
21 MME is equal to just 33 mg of oxycodone. Notwithstanding the risks, the 2003 Conversion
22 Guide for OxyContin contained the following diagram for increasing dosage up to 320 mg:
23
24

25 ¹³⁸ *OxyContin launch*, Los Angeles Times (May 5, 2016), <http://documents.latimes.com/oxycontin-launch-1995/>.

26 ¹³⁹ *Sales manager on 12-hour dosing*, Los Angeles Times (May 5, 2016), <http://documents.latimes.com/sales-manager-on-12-hour-dosing-1996/>.

¹⁴⁰ Harriet Ryan, Lisa Girion, and Scott Glover, ‘You Want a Description of Hell?’ *OxyContin’s 12-Hour Problem* (May 5, 2016), <http://www.latimes.com/projects/oxycontin-part1/>.

A Guide to Titration of OxyContin®



214. In a 2004 response letter to the FDA, Purdue tried to address concerns that patients who took OxyContin more frequently than 12 hours would be at greater risk of side effects or adverse reactions. Purdue contended that the peak plasma concentrations of oxycodone would not increase with more frequent dosing, and therefore no adjustments to the package labeling or 12-hour dosing regimen were needed.¹⁴¹ But these claims were false, and Purdue's suggestion that there was no upper limit or risk associated with increased dosage was incredibly misleading.

215. Suggesting that it recognized the danger of its misrepresentations of no dose ceiling, Purdue discontinued the OxyContin 160mg tablet in 2007 and stated that this step was taken "to reduce the risk of overdose accompanying the abuse of this dosage strength."¹⁴²

¹⁴¹ *Purdue Response to FDA, 2004*, Los Angeles Times (May 5, 2016), <http://documents.latimes.com/purdue-response-fda-2004/>.

¹⁴² *OxyContin Tablets Risk Management Program*, Purdue Pharma L.P., <https://web.archive.org/web/20170215064438/https://www.fda.gov/ohrms/dockets/DOCKETS/07p0232/07p-0232-cp00001-03-Exhibit-02-Part-1-vol1.pdf> (revised May 18, 2007).

1 216. But still Purdue and the other Defendants worked hard to protect their story. In
2 March 2007, Dr. Gary Franklin, Medical Director for the Washington State Department of
3 Labor & Industries, published the *Interagency Guideline on Opioid Dosing for Chronic Non-*
4 *Cancer Pain*. Developed in collaboration with providers in Washington State who had extensive
5 experience in the evaluation and treatment of patients with chronic pain, the guideline
6 recommended a maximum daily dose of opioids to protect patients.

7
8 217. In response, Purdue sent correspondence to Dr. Franklin specifically indicating,
9 among other things, that “limiting access to opioids for persons with chronic pain is not the
10 answer” and that the “safety and efficacy of OxyContin doses greater than 40 mg every 12 hours
11 in patients with chronic nonmalignant pain” was well established. Purdue even went so far as to
12 represent to Dr. Franklin that even if opioid treatment produces significant adverse effects in a
13 patient, “this does not preclude a trial of another opioid.”

14
15 218. In 2010, Purdue published a Risk Evaluation and Mitigation Strategy (“REMS”)
16 for OxyContin, but even the REMS does not address concerns with increasing dosage, and
17 instead advises prescribers that “dose adjustments may be made every 1-2 days”; “it is most
18 appropriate to increase the q12h dose”; the “total daily dose can usually be increased by 25% to
19 50%”; and if “significant adverse reactions occur, treat them aggressively until they are under
20 control, then resume upward titration.”¹⁴³

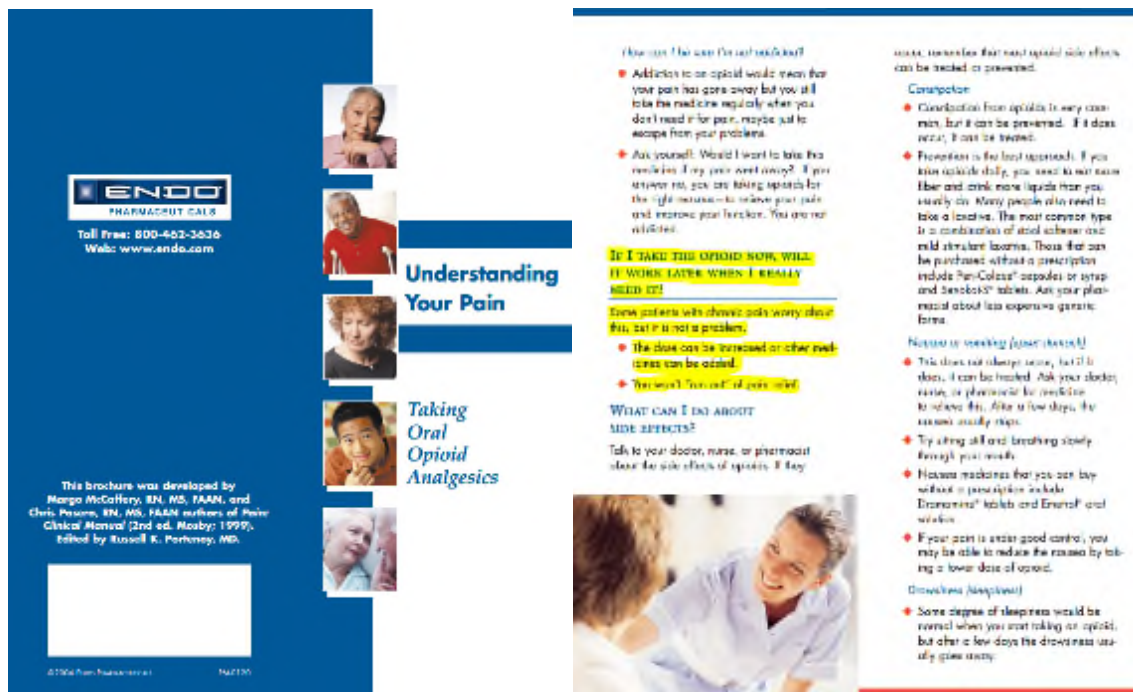
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26 ¹⁴³ *OxyContin Risk Evaluation and Mitigation Strategy*, Purdue Pharma L.P.,
<https://web.archive.org/web/20170215190303/https://www.fda.gov/downloads/Drugs/DrugSafety/PostmarketDrugSafetyInformationforPatientsandProviders/UCM220990.pdf> (last modified Nov. 2010).

219. In 2012, APF claimed on its website that there was no “ceiling dose” for opioids for chronic pain.¹⁴⁴ APF also made this claim in a guide sponsored by Purdue, which is still available online.

220. Accordingly, Purdue continued to represent both publicly and privately that increased opioid usage was safe and did not present additional risk at higher doses.

221. Endo, on a website it sponsors, PainKnowledge.com, also made the claim in 2009 that opioid dosages could be increased indefinitely.

222. In the “Understanding Your Pain” pamphlet discussed above, Endo assures opioid users that concern about developing tolerance to the drugs’ pain-relieving effect is “not a problem,” and that “[t]he dose can be increased” and “[y]ou won’t ‘run out’ of pain relief.”¹⁴⁵



¹⁴⁴ Noah Nesin, M.D., FAAFP, *Responsible Opioid Prescribing*, PCHC https://www.mainequalitycounts.org/image_upload/Keynote-%20Managing%20Chronic%20Pain%20and%20Opioids_Nesin.pdf (last visited Jan. 24, 2018).

¹⁴⁵ *Understanding Your Pain: Taking Oral Opioid Analgesics*, Endo Pharmaceuticals (2004), http://www.thblack.com/links/RSD/Understand_Pain_Opioid_Analgesics.pdf.

223. Dosage limits with respect to opioids are particularly important not only because of the risk of addiction but also because of the potentially fatal side effect of respiratory depression. Endo's "Understanding Your Pain" pamphlet minimized this serious side effect, calling it "slowed breathing," declaring that it is "very rare" when opioids are used "appropriately," and never stating that it could be fatal:

"Slowed breathing"

- ◆ The medical term for "slowed breathing" is "respiratory depression."
- ◆ This is very rare when oral opioids are used appropriately for pain relief.
- ◆ If you become so sleepy that you cannot make yourself stay awake, you may be in danger of slowed breathing. Stop taking your opioid and call your doctor immediately.

224. Janssen also made the same misrepresentations regarding the disadvantages of dosage limits for other pain medicines in a 2009 patient education guide, while failing to address the risks of dosage increases with opioids.

4. Defendants falsely instructed doctors and patients that more opioids were the solution when patients presented symptoms of addiction.

225. Not only did Defendants hide the serious risks of addiction associated with opioids, they actively worked to prevent doctors from taking steps to prevent or address opioid addiction in their patients.

226. One way that Defendants worked to obstruct appropriate responses to opioid addiction was to push a concept called "pseudoaddiction." Dr. David Haddox—who later became a Senior Medical Director for Purdue—published a study in 1989 coining the term,

1 which he characterized as “the iatrogenic syndrome of abnormal behavior developing as a direct
 2 consequence of inadequate pain management.”¹⁴⁶ (“Iatrogenic” describes a condition induced by
 3 medical treatment.) In other words, he claimed that people on prescription opioids who
 4 exhibited classic signs of addiction—“abnormal behavior”—were not addicted, but rather
 5 simply suffering from under-treatment of their pain. His solution for pseudoaddiction? More
 6 opioids.
 7

8 227. Although this concept was formed based on a single case study, it proved to be a
 9 favorite trope in Defendants’ marketing schemes. For example, using this study, Purdue
 10 informed doctors and patients that signs of addiction are actually the signs of under-treated pain
 11 which should be treated with even more opioids. Purdue reassured doctors and patients, telling
 12 them that “chronic pain has been historically undertreated.”¹⁴⁷
 13

14 228. Defendants continued to spread the concept of pseudoaddiction through the APF,
 15 which even went so far as to compare opioid addicts to coffee drinkers. In a 2002 court filing,
 16 APF wrote that “[m]any pain patients (like daily coffee drinkers) claim they are ‘addicted’ when
 17 they experience withdrawal symptoms associated with physical dependence as they decrease
 18 their dose. But unlike actual addicts, such individuals, if they resume their opioid use, will only
 19 take enough medication to alleviate their pain . . .”¹⁴⁸
 20

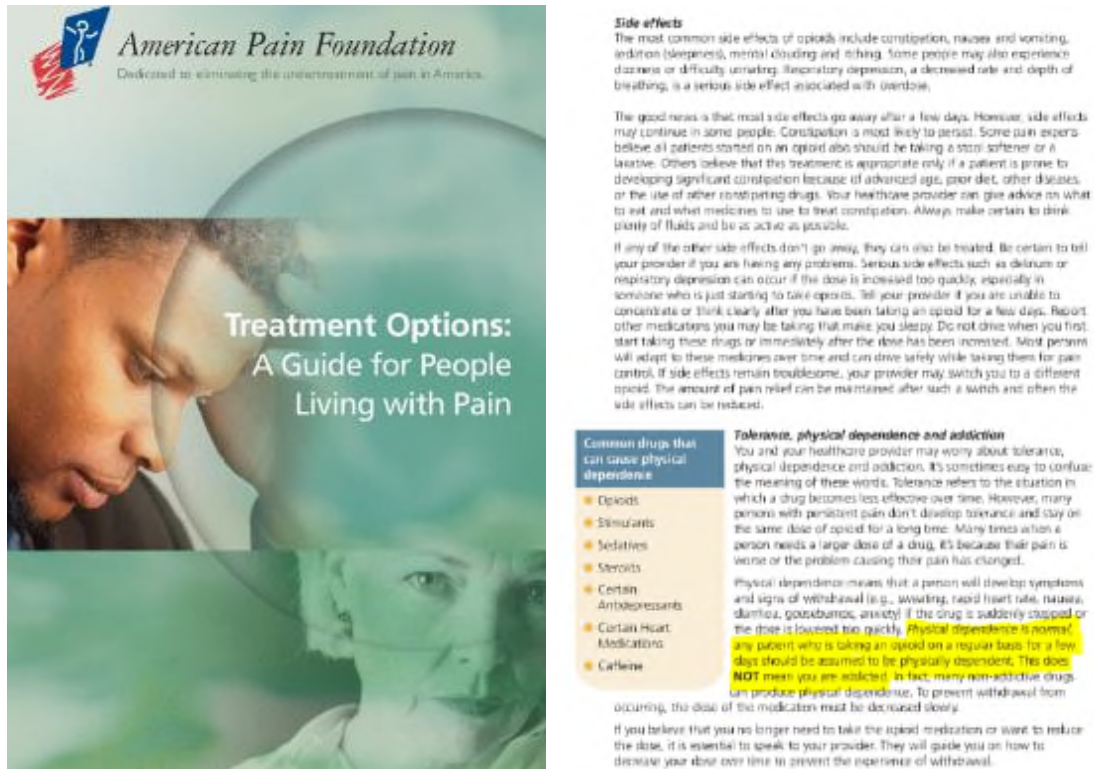
21 229. In a 2007 publication titled “Treatment Options: A Guide for People Living with
 22 Pain,” the APF claimed: “*Physical dependence is normal*; any patient who is taking an opioid
 23 on a regular basis for a few days should be assumed to be physically dependent. This does **NOT**
 24

25 ¹⁴⁶ David E. Weissman and J. David Haddox, *Opioid pseudoaddiction--an iatrogenic syndrome*, 36(3) Pain 363-66
 26 (Mar. 1989), <https://www.ncbi.nlm.nih.gov/pubmed/2710565>.

¹⁴⁷ *Oxycontin: Its Use and Abuse*, *supra* note 111.

¹⁴⁸ APF Brief Amici Curiae, *supra* note 127 at 10-11.

mean you are addicted.”¹⁴⁹ In this same publication, when describing behaviors of addiction, the APF again used the idea of pseudoaddiction, claiming that people who are not substance abusers may also engage in behaviors that mirror those of actual addicts.



230. Purdue published a REMS for OxyContin in 2010, and in the associated Healthcare Provider Training Guide stated that “[b]ehaviors that suggest drug abuse exist on a continuum, and pain-relief seeking behavior can be mistaken for drug-seeking behavior.”¹⁵⁰

231. Purdue worked, and continues to work, to create confusion about what addiction is. For example, Purdue continues to emphasize that abuse and addiction are separate and distinct from physical dependence. Regardless of whether these statements may be technically correct, they continue to add ambiguity over the risks and benefits of opioids.

¹⁴⁹ *Treatment Options: A Guide for People Living with Pain*, *supra* note 128.

¹⁵⁰ *OxyContin Risk Evaluation and Mitigation Strategy*, *supra* note 143.

232. Endo sponsored an NIPC CME program in 2009 which promoted the concept of pseudoaddiction by teaching that a patient's aberrant behavior was the result of untreated pain. Endo substantially controlled NIPC by funding its projects, developing content, and reviewing NIPC materials.

233. A 2001 paper which was authored by a doctor affiliated with Janssen stated that "[m]any patients presenting to a doctor's office asking for pain medications are accused of drug seeking. In reality, most of these patients may be undertreated for their pain syndrome."¹⁵¹

234. In 2009, on a website it sponsored, Janssen stated that pseudoaddiction is different from true addiction "because such behaviors can be resolved with effective pain management."¹⁵²

235. Indeed, on its currently active website PrescribeResponsibly.com, Janssen defines pseudoaddiction as "a syndrome that causes patients to seek additional medications due to inadequate pharmacotherapy being prescribed. Typically, when the pain is treated appropriately, the inappropriate behavior ceases."¹⁵³

¹⁵¹ Howard A. Heit, MD, FACP, FASAM, *The truth about pain management: the difference between a pain patient and an addicted patient*, 5 *European Journal of Pain* 27-29 (2001), <http://www.med.uottawa.ca/courses/totalpain/pdf/doc-34.pdf>.

¹⁵² Chris Morran, *Ohio: Makers Of OxyContin, Percocet & Other Opioids Helped Fuel Drug Epidemic By Misleading Doctors, Patients*, *Consumerist* (May 31, 2017, 2:05pm), <https://consumerist.com/2017/05/31/ohio-makers-of-oxycontin-percocet-other-opioids-helped-fuel-drug-epidemic-by-misleading-doctors-patients/>.

¹⁵³ Howard A. Heit, MD, FACP, FASAM and Douglas L. Gourlay, MD, MSc, FRCPC, FASAM, *What a Prescriber Should Know Before Writing the First Prescription, Prescribe Responsibly*, <http://www.prescriberresponsibly.com/articles/before-prescribing-opioids#pseudoaddiction> (last modified July 2, 2015).

What a Prescriber Should Know Before Writing the First Prescription



TABLE 1: Definitions

8. **Pseudoaddiction** is a syndrome that causes patients to seek additional medications due to inadequate pharmacotherapy being prescribed. Typically when the pain is treated appropriately, the inappropriate behavior ceases.²⁵



236. As set forth in more detail below, these statements were false and misleading as evidenced by, *inter alia*, the findings made by the CDC in 2016. Indeed, there is simply no evidence that pseudoaddiction is a real phenomenon. As research compiled by the CDC and others makes clear, pseudoaddiction is pseudoscience—nothing more than a concept Defendants seized upon to help sell more of their actually addicting drugs.

5. Defendants falsely claimed that risk-mitigation strategies, including tapering and abuse-deterrent technologies, made it safe to prescribe opioids for chronic use.

237. Even when Defendants acknowledge that opioids pose some risk of addiction, they dismiss these concerns by claiming that addiction can be easily avoided and addressed

1 through simple steps. In order to make prescribers feel more comfortable about starting patients
2 on opioids, Defendants falsely communicated to doctors that certain screening tools would
3 allow them to reliably identify patients at higher risk of addiction and safely prescribe opioids,
4 and that tapering the dose would be sufficient to manage cessation of opioid treatment. Both
5 assertions are false.
6

7 238. For instance, as noted above, Purdue published a REMS for OxyContin in 2010,
8 in which it described certain steps that needed to be followed for safe opioid use. Purdue
9 stressed that all patients should be screened for their risk of abuse or addiction, and that such
10 screening could curb the incidence of addiction.¹⁵⁴

11 239. The APF also proclaimed in a 2007 booklet, sponsored in part by Purdue, that
12 “[p]eople with the disease of addiction may abuse their medications, engaging in unacceptable
13 behaviors like increasing the dose without permission or obtaining the opioid from multiple
14 sources, among other things. Opioids get into the hands of drug dealers and persons with an
15 addictive disease as a result of pharmacy theft, forged prescriptions, Internet sales, and even
16 from other people with pain. It is a problem in our society that needs to be addressed through
17 many different approaches.”¹⁵⁵
18

19 240. On its current website for OxyContin,¹⁵⁶ Purdue acknowledges that certain
20 patients have higher risk of opioid addiction based on history of substance abuse or mental
21 illness—a statement which, even if accurate, obscures the significant risk of addiction for all
22 patients, including those without such a history, and comports with statements it has recently
23
24

25
26 ¹⁵⁴ *Oxycontin Risk Evaluation and Mitigation Strategy*, *supra* note 143.

¹⁵⁵ *Treatment Options: A Guide for People Living with Pain*, *supra* note 128.

¹⁵⁶ OxyContin, <https://www.oxycontin.com/index.html> (last visited Jan. 24, 2018).

made that it is “bad apple” patients, and not the opioids, that are arguably the source of the opioid crisis:

Assess each patient’s risk for opioid addiction, abuse, or misuse prior to prescribing OxyContin, and monitor all patients receiving OxyContin for the development of these behaviors and conditions. Risks are increased in patients with a personal or family history of substance abuse (including drug or alcohol abuse or addiction) or mental illness (e.g., major depression). The potential for these risks should not, however, prevent the proper management of pain in any given patient. Patients at increased risk may be prescribed opioids such as OxyContin, but use in such patients necessitates intensive counseling about the risks and proper use of OxyContin along with intensive monitoring for signs of addiction, abuse, and misuse.

241. Additionally, on its current website, Purdue refers to publicly available tools that can assist with prescribing compliance, such as patient-prescriber agreements and risk assessments.¹⁵⁷

242. Purdue continues to downplay the severity of addiction and withdrawal and claims that dependence can easily be overcome by strategies such as adhering to a tapering schedule to successfully stop opioid treatment. On the current website for OxyContin, it instructs that “[w]hen discontinuing OxyContin, gradually taper the dosage. Do not abruptly discontinue OxyContin.”¹⁵⁸ And on the current OxyContin Medication Guide, Purdue also states

¹⁵⁷ *ER/LA Opioid Analgesics REMS*, Purdue, <http://www.purduepharma.com/healthcare-professionals/responsible-use-of-opioids/remis/> (last visited Jan. 24, 2018).

¹⁵⁸ Oxycontin.com, *supra* note 156.

1 that one should “taper the dosage gradually.”¹⁵⁹ As a general matter, tapering is a sensible
 2 strategy for cessation of treatment with a variety of medications, such as steroids or
 3 antidepressants. But the suggestion that tapering is sufficient in the context of chronic use of
 4 potent opioids is misleading and dangerous, and sets patients up for withdrawal and addiction.

5
 6 243. In its “Dear Healthcare Professional” letter in 2010, Purdue instructed doctors to
 7 gradually taper someone off of OxyContin to prevent signs and symptoms of withdrawal in
 8 patients who were physically dependent.¹⁶⁰ Nowhere does Purdue warn doctors or patients that
 9 tapering may be inadequate to safely end opioid treatment and avoid addiction.

10 244. Endo also suggests that risk-mitigation strategies enable the safe prescription of
 11 opioids. In its currently active website, Opana.com, Endo states that assessment tools should be
 12 used to assess addiction risk, but that “[t]he potential for these risks should not, however,
 13 prevent proper management of pain in any given patient.”¹⁶¹

14
 15 245. On the same website, Endo makes similar statements about tapering, stating
 16 “[w]hen discontinuing OPANA ER, gradually taper the dosage.”¹⁶²

17 246. Janssen states on its currently active website, PrescribeResponsibly.com, that the
 18 risk of opioid addiction “can usually be managed” through tools such as “opioid agreements”
 19 between patients and doctors.¹⁶³

20
 21
 22
 23
 24 ¹⁵⁹ *OxyContin Full Prescribing Information*, Purdue Pharma LP,
 25 <http://app.purduepharma.com/xmlpublishing/pi.aspx?id=o> (last visited Jan. 24, 2018).

¹⁶⁰ *OxyContin Risk Evaluation and Mitigation Strategy*, *supra* note 143.

¹⁶¹ Opana ER, <http://www.opana.com> (last visited Jan. 24, 2018).

¹⁶² *Id.*

¹⁶³ Heit & Gourlay, *supra* note 153.

247. Each Defendant's statements about tapering misleadingly implied that gradual tapering would be sufficient to alleviate any risk of withdrawal or addiction while taking opioids.

248. Defendants have also made and continue to make false and misleading statements about the purported abuse-deterrent properties of their opioid pills to suggest these reformulated pills are not susceptible to abuse. In so doing, Defendants have increased their profits by selling more pills for substantially higher prices.

249. For instance, since at least 2001, Purdue has contended that "abuse resistant products can reduce the incidence of abuse."¹⁶⁴ Its current website touts abuse-deterrent properties by saying they "can make a difference."¹⁶⁵

250. On August 17, 2015, Purdue announced the launch of a new website, "Team Against Opioid Abuse," which it said was "designed to help healthcare professionals and laypeople alike learn about different abuse-deterrent technologies and how they can help in the reduction of misuse and abuse of opioids."¹⁶⁶ This website appears to no longer be active.

251. A 2013 study which was authored by at least two doctors who at one time worked for Purdue stated that "[a]buse-deterrent formulations of opioid analgesics can reduce abuse."¹⁶⁷ In another study from 2016 with at least one Purdue doctor as an author, the authors

¹⁶⁴ *Oxycontin: Its Use and Abuse*, *supra* note 111.

¹⁶⁵ *Opioids with Abuse-Deterrent Properties*, Purdue, <http://www.purduepharma.com/healthcare-professionals/responsible-use-of-opioids/opioids-with-abuse-deterrent-properties/> (last visited Jan. 24, 2018).

¹⁶⁶ *Purdue Pharma L.P. Launches TeamAgainstOpioidAbuse.com*, Purdue (Aug. 17, 2015), <http://www.purduepharma.com/news-media/2015/08/purdue-pharma-l-p-launches-teamagainstopioidabuse-com/>.

¹⁶⁷ Paul M. Coplan, Hrishikesh Kale, Lauren Sandstrom, Craig Landau, and Howard D. Chilcoat, *Changes in oxycodone and heroin exposures in the National Poison Data System after introduction of extended-release oxycodone with abuse-deterrent characteristics*, 22 (12) *Pharmacoepidemiol Drug Saf.* 1274-82 (Sept. 30, 2013), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4283730/>.

1 claimed that abuse decreased by as much as 99% in some situations after abuse-deterrent
2 formulations were introduced.¹⁶⁸

3 252. Interestingly, one report found that the original safety label for OxyContin, which
4 instructed patients not to crush the tablets because it would have a rapid release effect, may have
5 inadvertently given opioid users ideas for techniques to get high from these drugs.¹⁶⁹
6

7 253. In 2012, Defendant Endo replaced the formula for Opana ER with a new formula
8 with abuse-deterrent properties that it claimed would make Opana ER resistant to manipulation
9 from users to snort or inject it. But the following year, the FDA concluded:

10 While there is an increased ability of the reformulated version of Opana ER to resist
11 crushing relative to the original formulation, study data show that the reformulated
12 version's extended-release features can be compromised when subjected to other forms
of manipulation, such as cutting, grinding, or chewing, followed by swallowing.

13 Reformulated Opana ER can be readily prepared for injection, despite Endo's claim that
14 these tablets have "resistance to aqueous extraction (i.e., poor syringeability)." It also
15 appears that reformulated Opana ER can be prepared for snorting using commonly
available tools and methods.

16 The postmarketing investigations are inconclusive, and even if one were to treat
17 available data as a reliable indicator of abuse rates, one of these investigations also
18 suggests the troubling possibility that a higher percentage of reformulated Opana ER
abuse is via injection than was the case with the original formulation.¹⁷⁰

19 254. Despite the FDA's determination that the evidence did not support Endo's claims
20 of abuse-deterrence, Endo advertised its reformulated pills as "crush resistant" and directed its
21 sales representatives to represent the same to doctors. Endo improperly marketed Opana ER as
22

23 ¹⁶⁸ Paul M. Coplan, Howard D. Chilcoat, Stephen Butler, Edward M. Sellers, Aditi Kadakia, Venkatesh
24 Harikrishnan, J. David Haddox, and Richard C. Dart, *The effect of an abuse-deterrent opioid formulation*
(*OxyContin*) on opioid abuse-related outcomes in the postmarketing setting, 100 Clin. Pharmacol. Ther., 275-86
25 (June 22, 2016), <http://onlinelibrary.wiley.com/doi/10.1002/cpt.390/full>.

26 ¹⁶⁹ *OxyContin Abuse and Diversion and Efforts to Address the Problem*, *supra* note 29.

¹⁷⁰ FDA Statement: Original Opana ER Relisting Determination, U.S. Food & Drug Administration (May 10,
2013), [https://wayback.archive-
it.org/7993/20171102214123/https://www.fda.gov/Drugs/DrugSafety/ucm351357.htm](https://wayback.archive-it.org/7993/20171102214123/https://www.fda.gov/Drugs/DrugSafety/ucm351357.htm).

1 crush-resistant, when Endo's own studies showed that the pill could be crushed and ground. In
 2 2016, Endo reached an agreement with the Attorney General of the State of New York that
 3 required Endo to discontinue making such statements.¹⁷¹

4 255. Defendants' assertions that their reformulated pills could curb abuse were false
 5 and misleading, as the CDC's 2016 Guideline, discussed below, confirm.

6 256. Ultimately, even if a physician prescribes opioids after screening for abuse risk,
 7 advising a patient to taper, and selecting brand-name, abuse-deterrent formulations, chronic
 8 opioid use still comes with significant risks of addiction and abuse. Defendants' statements to
 9 the contrary were designed to create a false sense of security and assure physicians that they
 10 could safely prescribe potent narcotics to their patients.
 11

12 **E. The Falseness of Defendants' Claims Is Brought into Stark Relief by the Work of**
 13 **the Washington Department of Labor and Industries**

14 257. Contrary to Defendants' misrepresentations about the benefits and risks of
 15 opioids, growing evidence suggests that using opioids to treat chronic pain leads to overall
 16 negative outcomes, delaying or preventing recovery and providing little actual relief, all while
 17 presenting serious risks of overdose.
 18

19 258. One place where this evidence surfaced is the Washington State Department of
 20 Labor and Industries ("L&I"). The Department of L&I runs the state's workers' compensation
 21 program, which covers all employees in the state, other than those who work for large
 22 companies and government entities. In 2000, L&I's new chief pharmacist, Jaymie Mai, noticed
 23 an increase in prescription of opioids for chronic pain, approximately 50 to 100 cases a
 24

25 ¹⁷¹ Press Release, Attorney General Eric T. Schneiderman, *A.G. Schneiderman Announces Settlement with Endo*
 26 *Health Solutions Inc. & Endo Pharmaceuticals Inc. Over Marketing of Prescription Opioid Drugs* (Mar. 3, 2016),
<https://ag.ny.gov/press-release/ag-schneiderman-announces-settlement-endo-health-solutions-inc-endo-pharmaceuticals>.

1 month.¹⁷² It was then that she discovered some of these same workers were dying from opioid overdoses. That workers suffered back pain or sprained knees on the job was nothing new, but workers dying from their pain medication was assuredly not. Mai reported what she was seeing to L&I's Medical Director, Dr. Gary Franklin.¹⁷³

259. In addition to being L&I's Medical Director, Dr. Franklin is a research professor at the University of Washington in the departments of Environmental Health, Neurology, and Health Services. Alarmed by Mai's finding, Dr. Franklin and Mai undertook a thorough analysis of all recorded deaths in the state's workers' comp system. In 2005, they published their findings in the *American Journal of Industrial Medicine*.¹⁷⁴

260. Their research showed that the total number of opioid prescriptions paid for by the Workers' Compensation Program tripled between 1996 and 2006.¹⁷⁵ Not only did the number of prescriptions balloon, so too did the doses; from 1996 to 2002 the mean daily morphine equivalent dose ("MED") nearly doubled, and remained that way through 2006.¹⁷⁶ As injured Washington workers were given more prescriptions of more higher doses of opioids the rates of opioid overdoses among that population jumped, from zero in 1996 to more than twenty in 2005. And in 2009, over thirty people receiving opioid prescriptions through the Workers' Compensation Program died of an opioid overdose.¹⁷⁷

¹⁷² Quinones, *supra* note 38, at 203.

¹⁷³ *Id.*

¹⁷⁴ Gary M. Franklin, M.D., MPH, Jaymie Mai, Pharm.D., Thomas Wickizer, Ph.D., Judith A. Turner, Ph.D., Deborah Fulton-Kehoe, Ph.D., MPH, and Linda Grant, BSN, MBA, *Opioid dosing trends and mortality in Washington State Workers' Compensation, 1996-2002*, 48 Am J Ind Med 91-99 (2005).

¹⁷⁵ Gary M. Franklin, M.D., MPH, Jaymie Mai, Pharm.D., Thomas Wickizer, Ph.D., Judith Turner, Ph.D., Mark Sullivan, M.D., Ph.D., Thomas Wickizer, Ph.D., and Deborah Fulton-Kehoe, Ph.D., *Bending the Prescription Opioid Dosing and Mortality Curves: Impact of the Washington State Opioid Dosing Guideline*, 55 Am J Ind Med 325, 327 (2012).

¹⁷⁶ *Id.* at 327-28.

¹⁷⁷ *Id.* at 328.

1 261. Armed with these alarming statistics, Dr. Franklin, in conjunction with other
2 doctors in Washington, set out to limit the doses of opioids prescribed through the workers'
3 compensation program. As part of that effort, in 2007 the Agency Medical Directors Group
4 launched an Interagency Guideline on Opioid Dosing, aimed at reducing the numbers of opioid
5 overdoses. Through this, and other related efforts, both the rates of opioid prescriptions and the
6 sizes of doses have declined in Washington, beginning in 2009. As opioid prescriptions rates for
7 injured workers have declined, so too has the death rate among this population.¹⁷⁸

9 262. Dr. Franklin's research not only demonstrated the dangers of prescription
10 opioids, but also showed that the use of opioids to treat pain after an injury actually prevents or
11 slows a patient's recovery.

12 263. In a study he published in 2008, Dr. Franklin looked at Washington State
13 employees who had suffered a low back injury on the job, and compared the impact of opioid
14 prescriptions on the outcomes for these workers.

15 264. The results of his study were striking: after controlling for numerous variables,
16 Dr. Franklin's research showed that if an injured worker was prescribed opioids soon after the
17 injury, high doses of opioids, or opioids for more than week, the employee was far more likely
18 to experience negative health outcomes than the same employee who was not prescribed opioids
19 in these manners.

20 265. For example, the study showed that, after adjusting for the baseline covariates,
21 injured workers who received a prescription opioid for more than seven days during the first six
22 weeks after the injury were 2.2 times more likely to remained disabled a year later than workers
23
24
25
26

¹⁷⁸ *Id.*

1 with similar injuries who received no opioids at all. Similarly, those who received two
 2 prescriptions of opioids for the injury were 1.8 times more likely to remain disabled a year after
 3 their injury than workers who received no opioids at all. Those receiving daily doses higher than
 4 150 MED more than doubled the likelihood of disability a year later, relative to workers who
 5 received no opioids.¹⁷⁹

6
 7 266. The results of this study are troubling: not only do prescription opioids present
 8 significant risks of addiction and overdose, but they also appear to hinder patient recovery after
 9 an injury.

10 267. This dynamic presents problems for employers, too, who bear significant costs
 11 when their employees do not recover quickly from workplace injuries. Employers are left
 12 without their labor force, and may be responsible for paying for the injured employee's
 13 disability for long periods of time.

14
 15 **F. The 2016 CDC Guidelines and Other Recent Studies Confirm That Defendants'**
 16 **Statements About the Risks and Benefits of Opioids are Patently False**

17 268. Contrary to the statements made by Defendants in their well-orchestrated
 18 campaign to tout the benefits of opioids and downplay their risks, recent studies confirm
 19 Defendants' statements were false and misleading.

20 269. The CDC issued its *Guideline for Prescribing Opioids for Chronic Pain* on
 21 March 15, 2016 (the "2016 CDC Guideline" or "Guideline").¹⁸⁰ The 2016 CDC Guideline,
 22 approved by the FDA, "provides recommendations for primary care clinicians who are
 23

24
 25 ¹⁷⁹ Franklin, GM, Stover, BD, Turner, JA, Fulton-Kehoe, D, Wickizer, TM, *Early opioid prescription and*
 26 *subsequent disability among workers with back injuries: the Disability Risk Identification Study Cohort*, 33 Spine
 199, 201-202.

¹⁸⁰ Dowell, et al., *supra* note 30.

1 prescribing opioids for chronic pain outside of active cancer treatment, palliative care, and end-
2 of-life care.” The Guideline also assesses the risks and harms associated with opioid use.

3 270. The 2016 CDC Guideline is the result of a thorough and extensive process by the
4 CDC. The CDC issued the Guideline after it “obtained input from experts, stakeholders, the
5 public, peer reviewers, and a federally chartered advisory committee.” The recommendations in
6 the 2016 CDC Guideline were further made “on the basis of a systematic review of the best
7 available evidence . . .”
8

9 271. The CDC went through an extensive and detailed process to solicit expert
10 opinions for the Guideline:

11 CDC sought the input of experts to assist in reviewing the evidence and providing
12 perspective on how CDC used the evidence to develop the draft recommendations.
13 These experts, referred to as the “Core Expert Group” (CEG) included subject matter
14 experts, representatives of primary care professional societies and state agencies, and an
15 expert in guideline development methodology. CDC identified subject matter experts
16 with high scientific standing; appropriate academic and clinical training and relevant
17 clinical experience; and proven scientific excellence in opioid prescribing, substance use
18 disorder treatment, and pain management. CDC identified representatives from leading
19 primary care professional organizations to represent the audience for this guideline.
20 Finally, CDC identified state agency officials and representatives based on their
21 experience with state guidelines for opioid prescribing that were developed with multiple
22 agency stakeholders and informed by scientific literature and existing evidence-based
23 guidelines.

24 272. The 2016 Guideline was also peer-reviewed pursuant to “the final information
25 quality bulletin for peer review.” Specifically, the Guideline describes the following
26 independent peer-review process:

27 [P]eer review requirements applied to this guideline because it provides influential
28 scientific information that could have a clear and substantial impact on public- and
29 private-sector decisions. Three experts independently reviewed the guideline to
30 determine the reasonableness and strength of recommendations; the clarity with which
31 scientific uncertainties were clearly identified; and the rationale, importance, clarity, and
32 ease of implementation of the recommendations. CDC selected peer reviewers based on
33 expertise, diversity of scientific viewpoints, and independence from the guideline

1 development process. CDC assessed and managed potential conflicts of interest using a
2 process similar to the one as described for solicitation of expert opinion. No financial
3 interests were identified in the disclosure and review process, and nonfinancial activities
4 were determined to be of minimal risk; thus, no significant conflict of interest concerns
5 were identified.

6 273. The findings in the 2016 CDC Guideline both confirmed the existing body of
7 scientific evidence regarding the questionable efficacy of opioid use and contradicted
8 Defendants' statements about opioids.

9 274. For instance, the Guideline states "[e]xtensive evidence shows the possible harms
10 of opioids (including opioid use disorder, overdose, and motor vehicle injury)" and that
11 "[o]pioid pain medication use presents serious risks, including overdose and opioid use
12 disorder." The Guideline further confirms there are significant symptoms related to opioid
13 withdrawal, including drug cravings, anxiety, insomnia, abdominal pain, vomiting, diarrhea,
14 sweating, tremor, tachycardia (rapid heartbeat), spontaneous abortion and premature labor in
15 pregnant women, and the unmasking of anxiety, depression, and addiction. These findings
16 contradict statements made by Defendants regarding the minimal risks associated with opioid
17 use, including that the risk of addiction from chronic opioid use is low.

18 275. The Guideline also concludes that there is "[n]o evidence" to show "a long-term
19 benefit of opioids in pain and function versus no opioids for chronic pain . . ." Furthermore, the
20 Guideline indicates that "continuing opioid therapy for 3 months substantially increases the risk
21 of opioid use disorder." Indeed, the Guideline indicates that "[p]atients who do not experience
22 clinically meaningful pain relief early in treatment . . . are unlikely to experience pain relief with
23 longer-term use," and that physicians should "reassess[] pain and function within 1 month" in
24 order to decide whether to "minimize risks of long-term opioid use by discontinuing opioids"
25 because the patient is "not receiving a clear benefit." These findings flatly contradict claims
26

1 made by the Defendants that there are minimal or no adverse impacts of long-term opioid use,
2 or that long-term opioid use could actually improve or restore a patient's function.

3 276. In support of these statements about the lack of long-term benefits of opioid use,
4 the CDC concluded that "[a]lthough opioids can reduce pain during short-term use, the clinical
5 evidence review found insufficient evidence to determine whether pain relief is sustained and
6 whether function or quality of life improves with long-term opioid therapy." The CDC further
7 found that "evidence is limited or insufficient for improved pain or function with long-term use
8 of opioids for several chronic pain conditions for which opioids are commonly prescribed, such
9 as low back pain, headache, and fibromyalgia."
10

11 277. With respect to opioid dosing, the Guideline reports that "[b]enefits of high-dose
12 opioids for chronic pain are not established" while the "risks for serious harms related to opioid
13 therapy increase at higher opioid dosage." The CDC specifically explains that "there is now an
14 established body of scientific evidence showing that overdose risk is increased at higher opioid
15 dosages." The CDC also states that there is an "increased risk[] for opioid use disorder,
16 respiratory depression, and death at higher dosages." As a result, the CDC advises doctors to
17 "avoid increasing dosage" above 90 morphine milligram equivalents per day. These findings
18 contradict statements made by Defendants that increasing dosage is safe and that under-
19 treatment is the cause for certain patients' aberrant behavior.
20

21 278. The 2016 CDC Guideline also contradicts statements made by Defendants that
22 there are reliable risk-mitigation tactics to reduce the risk of addiction. For instance, the
23 Guideline indicates that available risk screening tools "show insufficient accuracy for
24 classification of patients as at low or high risk for [opioid] abuse or misuse" and counsels that
25
26

doctors “should not overestimate the ability of these tools to rule out risks from long-term opioid therapy.”

279. Finally, the 2016 CDC Guideline states that “[n]o studies” support the notion that “abuse-deterrent technologies [are] a risk mitigation strategy for deterring or preventing abuse,” noting that the technologies—even when they work—“do not prevent opioid abuse through oral intake, the most common route of opioid abuse, and can still be abused by nonoral routes.” In particular, the CDC found as follows:

The “abuse-deterrent” label does not indicate that there is no risk for abuse. No studies were found in the clinical evidence review assessing the effectiveness of abuse-deterrent technologies as a risk mitigation strategy for deterring or preventing abuse. In addition, abuse-deterrent technologies do not prevent unintentional overdose through oral intake. Experts agreed that recommendations could not be offered at this time related to use of abuse-deterrent formulations.

Accordingly, the CDC’s findings regarding “abuse-deterrent technologies” directly contradict Purdue and Endo’s claims that their new pills deter or prevent abuse.

280. Notably, in addition to the findings made by the CDC in 2016, the Washington State Agency Medical Directors’ Group (AMDG)—a collaboration among several Washington State Agencies—published its *Interagency Guideline on Prescribing Opioids for Pain* in 2015. The AMDG came to many of the same conclusions as the CDC did. For example, the AMDG found that “there is little evidence to support long term efficacy of [chronic opioid analgesic therapy, or “COAT”] in improving function and pain, [but] there is ample evidence of its risk for harm . . .”¹⁸¹

281. In addition, as discussed above, in contrast to Defendants’ statements that the 1980 Porter and Jick letter provided evidence of the low risk of opioid addiction in pain patients,

¹⁸¹ *Interagency Guideline on Prescribing Opioids for Pain*, Agency Medical Directors’ Group (June 2015), <http://www.agencymeddirectors.wa.gov/Files/2015AMDGOpioidGuideline.pdf>.

the NEJM recently published a letter largely debunking the use of the Porter and Jick letter as evidence for such a claim.¹⁸² The researchers demonstrated how the Porter and Jick letter was irresponsibly cited and, in some cases, “grossly misrepresented,” when in fact it did not provide evidence supporting the broad claim of low addiction risk for all patients prescribed opioids for pain. As noted above, Dr. Jick reviewed only files of patients administered opioids in a hospital setting, rather than patients sent home with a prescription for opioids to treat chronic pain.

282. The authors of the 2017 letter described their methodology as follows:

We performed a bibliometric analysis of this [1980] correspondence from its publication until March 30, 2017. For each citation, two reviewers independently evaluated the portrayal of the article’s conclusions, using an adaptation of an established taxonomy of citation behavior along with other aspects of generalizability . . . For context, we also ascertained the number of citations of other stand-alone letters that were published in nine contemporaneous issues of the *Journal* (in the index issue and in the four issues that preceded and followed it).

We identified 608 citations of the index publication and noted a sizable increase after the introduction of OxyContin (a long-acting formulation of oxycodone) in 1995 . . . **Of the articles that included a reference to the 1980 letter, the authors of 439 (72.2%) cited it as evidence that addiction was rare in patients treated with opioids. Of the 608 articles, the authors of 491 articles (80.8%) did not note that the patients who were described in the letter were hospitalized at the time they received the prescription, whereas some authors grossly misrepresented the conclusions of the letter . . .** Of note, affirmational citations have become much less common in recent years. In contrast to the 1980 correspondence, 11 stand-alone letters that were published contemporaneously by the *Journal* were cited a median of 11 times.¹⁸³

283. The researchers provided examples of quotes from articles citing the 1980 letter, and noted several shortcomings and inaccuracies with the quotations. For instance, the researchers concluded that these quotations (i) “overstate[] conclusions of the index

¹⁸² Leung, et al., *supra* note 101.

¹⁸³ *Id.* (emphasis added).

publication,” (ii) do[] not accurately specify its study population,” and (iii) did not adequately address “[l]imitations to generalizability.”¹⁸⁴

Quote	Reference	Comment
"This pain population with no abuse history is literally at no risk for addiction."	Kowal N. What is the issue?: pseudoaddiction or undertreatment of pain. <i>Nurs Econ</i> 1998;17(6):348-9	
"In truth, however, the medical evidence overwhelmingly indicates that properly administered opioid therapy rarely if ever results in "accidental addiction" or "opioid abuse"."	Libby RT. Treating Doctors as Drug Dealers: The Drug Enforcement Administration's War on Prescription Painkillers. <i>The Independent Review</i> 2006;10(4):511-545.	
"Fear of addiction may lead to reluctance by the physician to prescribe. [...] However, there is no evidence that this occurs when prescribing opioids for pain."	Iles S, Catterall JR, Hanks G. Use of opioid analgesics in a patient with chronic abdominal pain. <i>Int J Clin Pract</i> 2002;56(3):227-8.	
"In reality, medical opioid addiction is very rare. In Porter and Jick's study on patients treated with narcotics, only four of the 11,882 cases showed psychological dependency."	Liu W, Xie S, Yue L, et al. Investigation and analysis of oncologists' knowledge of morphine usage in cancer pain treatment. <i>Onco Targets Ther</i> 2014;7:729-37.	Overstates conclusions of the index publication does not accurately specify its study population. Limitations to generalizability are not otherwise explicitly mentioned.
"Physicians are frequently concerned about the potential for addiction when prescribing opiates; however, there have been studies suggesting that addiction rarely evolves in the setting of painful conditions."	Curtis LA, Morrell TD, Todd KH. Pain Management in the Emergency Department 2006;8(7).	
"Although medicine generally regards anecdotal information with disdain (rigorously controlled double-blind clinical trials are the "gold standard"), solid data on the low risk of addiction to opioid analgesics and the manageability of adverse side effects have been ignored or discounted in favor of the anecdotal, the scientifically unsupported, and the clearly fallacious."	Rich BA. Prioritizing pain management in patient care. Has the time come for a new approach. <i>Postgrad Med</i> 2001;110(3):15-7.	
"The Boston Drug Surveillance Program reviewed the charts of nearly 12,000 cancer pain patients treated over a decade and found only four of them could be labeled as addicts."	Levy MH. Pharmacologic management of cancer pain. <i>Semin Oncol</i> 1994;21(6):718-39.	Incorrectly identifies the index study population as cancer patients; does not otherwise address limitations to generalizability.

284. Based on this review, the researchers concluded as follows:

[W]e found that a five-sentence letter published in the *Journal* in 1980 was heavily and uncritically cited as evidence that addiction was rare with long-term opioid therapy. We believe that this citation pattern contributed to the North American opioid crisis by helping to shape a narrative that allayed prescribers' concerns about the risk of addiction associated with long-term opioid therapy. In 2007, the manufacturer of OxyContin and three senior executives pleaded guilty to federal criminal charges that they misled

¹⁸⁴ Supplementary Appendix to Pamela T.M. Leung, B.Sc. Pharm., Erin M. Macdonald, M.Sc., Matthew B. Stanbrook, M.D., Ph.D., Irfan Al Dhalla, M.D., David N. Juurlink, M.D., Ph.D., *A 1980 Letter on the Risk of Opioid Addiction*, 376 *N Engl J Med* 2194-95 (June 1, 2017), http://www.nejm.org/doi/suppl/10.1056/NEJMc1700150/suppl_file/nejmc1700150_appendix.pdf.

1 regulators, doctors, and patients about the risk of addiction associated with the drug. Our
 2 findings highlight the potential consequences of inaccurate citation and underscore the
 need for diligence when citing previously published studies.¹⁸⁵

3 285. These researchers' careful analysis demonstrates the falsity of Defendants' claim
 4 that this 1980 letter was evidence of a low risk of addiction in opioid-treated patients. By casting
 5 this letter as evidence of low risk of addiction, Defendants played fast and loose with the truth,
 6 with blatant disregard for the consequences of their misrepresentations.
 7

8 **G. Sales Representatives Knew or Should Have Known their Representations**
 9 **Regarding the Safety and Efficacy of Prescription Opioids in Skagit County Were**
 10 **False and Misleading**

11 286. As discussed above, sales representatives also played a key role in promoting
 12 Defendants' opioids. Also known as "detailers," these sales representatives routinely visited
 13 physicians, nurses, pharmacists, and others in the medical community to deliver Defendants'
 14 messages about the safety and efficacy of opioids. In face-to-face meetings, detailers would urge
 15 doctors to prescribe opioids to their patients for a wide range of ailments, making the same types
 16 of misrepresentations Defendants made, as detailed above.

17 287. But these sales representatives were not simple conduits of information, merely
 18 passing on what they believed to be good scientific information to doctors. Instead, the sales
 19 representatives knew, or should have known, that they were making false and misleading
 20 statements and providing untrue information to doctors and others about opioids.
 21

22 288. Former sales representative Steven May, who worked for Purdue from 1999 to
 23 2005, explained to a journalist how he and his coworkers were trained to overcome doctors'
 24 objections to prescribing opioids. The most common objection he heard about prescribing
 25
 26

¹⁸⁵ Leung, et al., *supra* note 101.

OxyContin was that “it’s just too addictive.”¹⁸⁶ May memorized this line from the drug’s label: “The delivery system is believed to reduce the abuse liability of the drug.” He repeated that line to doctors even though he “found out pretty fast that it wasn’t true.”¹⁸⁷ He and his coworkers learned quickly that people were figuring out how to remove the time-releasing coating, but they continued making this misrepresentation until Purdue was forced to remove it from the drug’s label. In addition, May explained, he and his coworkers were trained to “refocus” doctors on “legitimate” pain patients, and to represent that “legitimate” patients would not become addicted. In addition, they were trained to say that the 12-hour dosing made the extended-release opioids less “habit-forming” than painkillers that need to be taken every four hours. Defendants knew or should have known that such statements were false and misleading, yet they continued to make them.

289. Sales representatives also quickly learned that the prescription opioids they were promoting were dangerous. For example, May had only been at Purdue for two months when he found out that a doctor he was calling on had just lost a family member to an OxyContin overdose.¹⁸⁸ And as another sales representative wrote on a public forum:

Actions have consequences - so some patient gets Rx'd the 80mg OxyContin when they probably could have done okay on the 20mg (but their doctor got “sold” on the 80mg) and their teen son/daughter/child’s teen friend finds the pill bottle and takes out a few 80’s... next they’re at a pill party with other teens and some kid picks out a green pill from the bowl... they go to sleep and don’t wake up (because they don’t understand respiratory depression) Stupid decision for a teen to make...yes... but do they really deserve to die?

¹⁸⁶ David Remnick, *How OxyContin Was Sold to the Masses* (Steven May interview with Patrick Radden Keefe), *The New Yorker* (Oct. 27, 2017), <https://www.newyorker.com/podcast/the-new-yorker-radio-hour/how-oxycontin-was-sold-to-the-masses>.

¹⁸⁷ Keefe, *supra* note 52.

¹⁸⁸ Remnick, *supra* note 186.

290. Sales representatives knew or should have known the potential consequences of pushing potent doses of opioids for chronic pain and other common indications. They made false and misleading statements to doctors and health care providers about the safety and efficacy of opioids. These detailers also provided doctors and health care providers with pamphlets, visual aids, and other marketing materials designed to increase the rate of opioids prescribed to patients. These detailers knew the doctors they visited relied on the information they provided, and that the doctors had minimal time or resources to investigate their veracity independently.

291. These sales representatives were also given bonuses when doctors whom they had detailed wrote prescriptions for their company's drug. Because of this incentive system, detailers stood to gain significant bonuses if they had a pill mill in their sales region.¹⁸⁹ Sales representatives could be sure that doctors and nurses at pill mills would be particularly receptive to their messages and incentives, and receive "credit" for the many prescriptions these pill mills wrote.

H. The Opioid Epidemic Has Directly Affected Skagit County and the Cities

292. Skagit County, located in northern Washington State, is sixty miles north of Seattle and fifty-five miles south of the Canadian border. Skagit County has over 123,000 residents, and 1,000,000 acres of land.¹⁹⁰ Residents of Skagit County are spread out among eight cities, numerous small towns, and rural communities. The Cities of Mount Vernon, Sedro-Woolley, and Burlington are in Skagit County.

¹⁸⁹ Indeed, Defendants often helped their sales representatives find and target such pill mills. As recently as 2016, Purdue commissioned a marketing study to help target Washington prescribers and spread its deceptive message regarding opioids, and on information and belief, utilized its sale representatives to carry out these strategies.

¹⁹⁰ Skagit County Trends, <http://www.skagitcountytrends.ewu.edu/> (last visited Jan. 24, 2018).

293. Much like the rest of the United States, Skagit County is facing crisis levels of opioid use and abuse. Skagit County had a 41.6% increase in opioid-related deaths between 2002-2004 and 2011-2013.

294. As noted above, the rate of opioid-related deaths in Skagit County is higher than the average for Washington State, with 11.2 deaths per 100,000 residents compared to a state average of 9.6.¹⁹¹

295. More than one quarter of the entire Skagit population (26.64%) was prescribed an opioid in 2014. That year, 125,436 opioid prescriptions were dispensed to 31,839 Skagit residents.¹⁹² Given that the Skagit County population was approximately 119,500 at the time, doctors wrote more opioid prescriptions than there were residents in the County.

296. As is true around the country, the rise of prescription opioids in Skagit County was followed closely by a dramatic rise in heroin use. Aggressive promotion of prescription opioids broadened the market for all opioids. For many, heroin replaced prescription opioids when they could no longer obtain prescriptions for OxyContin or other prescription opioids. Over half of heroin users in Skagit County report that they were hooked on a prescription opioid before trying heroin.¹⁹³

297. In 2015, 530 Skagit County residents received substance use disorder treatment with heroin dependence listed as their primary concern upon admission.¹⁹⁴ This was 35% of all treatment admissions in Skagit County, although heroin treatment makes up only 26% of

¹⁹¹ *Opioid-related Deaths in Washington State, 2006-2016*, *supra* note 7.

¹⁹² *Population and Total Controlled Substances Prescriptions, Skagit County, CY 2014*, *supra* note 9.

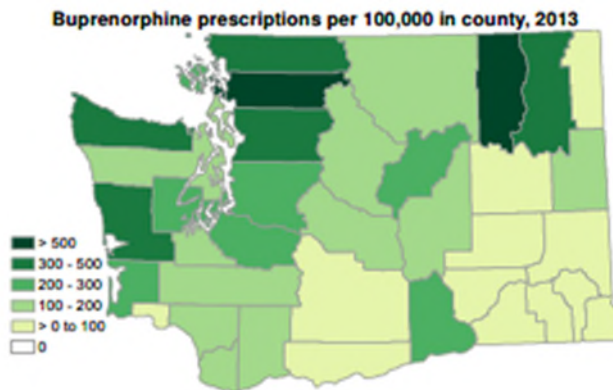
¹⁹³ *Opioid Workgroup Leadership Team 2016 Summary Report and Recommendations*, Skagit County Population Health Trust Advisory Committee (2016), <https://www.skagitcounty.net/PHTAC/Documents/Opioid%20%20Report%20%20020317.pdf>.

¹⁹⁴ *Id.*, citing Washington State Department of Social and Health Services, Division of Behavioral Health and Recovery, System for Communicating Outcomes, Performance and Evaluation (SCOPE-WA).

1 treatment statewide. Heroin detox admissions to treatment programs in Skagit County are rising
 2 close to the level of admissions for alcohol, which has historically been the highest.¹⁹⁵

3 298. The rise in opioid addiction is also reflected in the rates at which people receive
 4 medication for opioid dependence. Skagit County has the highest distribution rate of
 5 buprenorphine in Washington State.¹⁹⁶

7 299. Buprenorphine, distributed under the brand name Suboxone among others, is a
 8 medication approved by the FDA for treatment of opioid dependence. Not only is the
 9 buprenorphine distribution rate highest in Skagit County, but it is increasing. According to the
 10 University of Washington's Alcohol & Drug Abuse Institute (ADAI), between 2002 and 2004,
 11 there were 125.2 Skagit County residents per 100,000 who received buprenorphine. By the next
 12 data set (2011-2013), the rate of distribution increased by 367.4%, to 585.8 persons per
 13 100,000.¹⁹⁷



22 300. Another indicator of the extent of opioid abuse in Skagit County is the number of
 23 needles collected at needle-exchange sites. In just four months of 2016, over 250,000 needles
 24

25 ¹⁹⁵ *Id.*

26 ¹⁹⁶ *Id.*

¹⁹⁷ *Opioid Trends Across Washington State*, University of Washington Alcohol and Drug Abuse Institute (Apr. 2015), <http://adai.uw.edu/pubs/infobriefs/ADAI-IB-2015-01.pdf>.

1 were collected at eight sites in Skagit County, according to data from Phoenix Recovery
 2 Services, a substance abuse treatment center that has served the residents of Skagit County since
 3 1999.

4 301. In 2015, over half (55%) of needle-exchange clients in Skagit County reported
 5 witnessing an overdose in the previous year.¹⁹⁸ And of the Skagit County respondents to the
 6 2015 Naloxone Distribution and Refill survey, 68% reported witnessing an overdose, while 13%
 7 had personally overdosed in the last twelve months.¹⁹⁹

8 302. The opioid epidemic is not limited to adults. According to a 2014 survey, 5% of
 9 tenth graders in Skagit County said they had used a painkiller to “get high” in the preceding
 10 month before the survey was conducted.²⁰⁰ In addition, the percent of tenth graders who
 11 reported having ever used heroin in their lifetimes was higher in Skagit County than in
 12 Washington State overall.²⁰¹

13 303. As these numbers illustrate, Skagit County has been hard hit by the opioid
 14 epidemic.

15 **1. A network of public and private organizations is working to combat the**
 16 **opioid epidemic in Skagit County.**

17 304. Numerous entities, both public and private, have been fighting the opioid
 18 epidemic in Skagit County. The work of these organizations, including needle exchange and
 19 drug take-back programs, reflects the extent of the opioid epidemic in Skagit County.
 20
 21
 22
 23
 24

25 ¹⁹⁸ *Id.*

26 ¹⁹⁹ *Id.*

²⁰⁰ *Id.*

²⁰¹ *Id.*

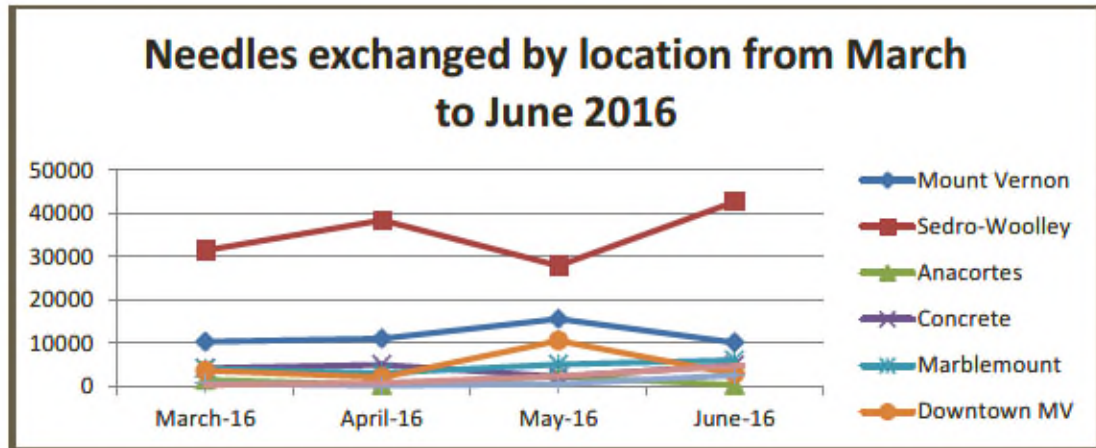
1 305. Skagit County has eighteen agencies, ranging from school to hospitals, the
2 criminal justice system to non-profits, offering over forty programs for intervention, education,
3 assessment, funding, shelter, case management, emergency care, and supervision.

4 306. Many of these programs—including Opioid Outreach, the Medication Assisted
5 Treatment Clinic, and the RISE Mobile Needle Exchange, described in further detail below—
6 are programs that deal directly and entirely with individuals dealing with opioid use disorders.
7 In other words, these programs devote 100% of their purpose and existence to providing
8 services related to opioid use. Other programs deal with substance use disorders generally,
9 including opioid use.
10

11 307. There are also twelve treatment, advocacy, and support organizations providing
12 treatment in Skagit County: Narcotics Anonymous, Brigid Collins, Catholic Community
13 Services-Access to Recovery Programs, Christ-the-King Celebrate Recovery, NAMI Skagit,
14 New Earth Recovery, North Sound Recovery Coalition, OHANA, Oxford Homes, Pioneer
15 Transitions House, REACH Center, and SMART Recovery programs.
16

17 308. The Referral Intervention Safety Education (RISE) Mobile Needle Exchange
18 program began in April 2015, funded by the Skagit County Public Health and Community
19 Services Department and offered by Phoenix Recovery Services. Previously, the Washington
20 State Department of Health funded a needle exchange program, but that ended in 2012 due to
21 budget cuts. In its first three weeks, the RISE Mobile Needle Exchange collected 850 needles in
22 Mount Vernon and 3,430 needles in Sedro-Woolley. In addition to the 1:1 exchange of used
23 needles for clean needles, the RISE program offers safe disposal containers, equipment,
24 counseling, and referral, and naloxone overdose reversal kits are available on the bus.
25
26

309. As the RISE program has become more established, the volume of needles exchanged has grown. Between March and June 2016, 538 people exchanged 255,560 needles across eight sites in Skagit County.²⁰²



310. As a result of the needle-exchange services there were eighty confirmed overdose reversals or a life saved every 2.4 days. Mount Vernon and Sedro-Woolley were the sites with the highest utilization, at 222 and 242 individuals, respectively.

311. Skagit County also has five secure drug take-back locations. These drug take-back sites, located at law enforcement offices, provide safe disposal of prescription pain medication and get unused drugs out of circulation. This service is critical given the nature of the opioid crisis and Defendants' success in bringing about rampant overprescribing of their narcotics, such that many people receive, for example, a thirty-day prescription of opioids when two days' worth of pain relief would have been sufficient. The excess pills find their way to other users and even the water supply.²⁰³

²⁰² *Id.*

²⁰³ In fact, the County's Public Works department has found needles at several of its sampling locations.

1 312. Medication Assisted Treatment (MAT) is widely used throughout the County.
2 Between 2002 and 2004 there were 125.2 residents per 100,000 who received buprenorphine.
3 That rate of distribution increased by 367.4% (from 2011-2013) to 585.8 persons per 100,000. A
4 new MAT facility, Ideal Option, opened in April 2016 in Mount Vernon, which serves over 200
5 patients.
6

7 313. The use of Narcan by the following Skagit County organizations contributes
8 most to preventing overdose deaths: County EMS Services, Anacortes Police, Sedro-Woolley
9 Police Department, Swinomish Police, the East County Sheriff, Skagit Regional Health
10 Emergency Department, and RISE Mobile Needle Exchange.
11

12 314. In 2015, Skagit County convened an Opioid Workgroup to analyze, collaborate,
13 and ultimately solidify a team of community leaders dedicated to taking steps to address the
14 opioid epidemic and related public health crisis. The Opioid Workgroup was commissioned by
15 the Skagit County Population Health Trust Advisory Committee (PHT), which was appointed
16 by the Skagit County Board of Health and serves as a Health Advisory Committee which
17 identifies local health priorities.
18

19 315. The PHT's community assessment included conducting five community listening
20 sessions in which nearly 200 participants provided feedback on the assessment data and
21 priorities. These sessions made it clear that opioid misuse and abuse was an emergent and
22 critical issue in Skagit County.
23

24 316. In December 2016, members of the Opioid Workgroup Leadership Team
25 presented their findings and plan to the Skagit County Board of Health. Skagit County
26 subsequently released its Opioid Workgroup Leadership Team 2016 Summary Report and
Recommendations. The Workgroup Leadership Team analyzed data and local responses to the

1 crisis and made recommendation plans for improvement. The recommended actions fall into the
2 following categories: (1) prevent opioid misuse and abuse; (2) treat opioid abuse and
3 dependence; (3) prevent deaths from overdose; and (4) use data to detect opioid misuse and
4 abuse, monitor morbidity and mortality, and evaluate interventions.²⁰⁴

5
6 317. To prevent misuse of opioids in the community, particularly among youth, the
7 Workgroup recommended, *inter alia*, convening take-back programs and supporting the
8 statewide efforts to create a statewide drug take-back program, creating community-wide
9 awareness and training aimed at reducing stigma. To treat opioid dependence, the Workgroup
10 recommended improving the transition between types and levels of care, and linking those
11 leaving the emergency department to treatment options. To advance the third goal of expanding
12 access to and utilization of MAT, the Workgroup also recommended increasing the capacity of
13 outpatient treatment programs, documenting and monitoring the wait times for stabilization at
14 crisis beds, and expanding access to and utilization of MAT in the criminal justice system. And
15 to prevent death from overdose, the Workgroup recommended ensuring first responders and all
16 law enforcement have training on overdose response, and increasing the number of responders
17 who carry naloxone.
18

19 318. The Opioid Workgroup's recommended actions, if fully implemented, are likely
20 to meaningfully combat the opioid epidemic by saving lives now, treating those who suffer from
21 opioid use disorder, and preventing future addictions. The recommended actions, however, are
22 not cheap. Providing sufficient opioid treatment programs to serve the entire County, for
23 example, will cost a significant amount of money for years to come.
24
25
26

²⁰⁴ *Opioid Workgroup Leadership Team 2016 Summary Report and Recommendations*, *supra* note 193.

1 319. On October 25, 2017, more than 150 stakeholders convened at the 2017 North
2 Sound Opioid Summit with the goal of expanding the collective efforts to reverse the
3 progression of the opioid epidemic across the North Sound Region. Representatives from law
4 enforcement agencies, drug courts, treatment agencies, primary health care providers, county
5 public health and human services departments, and elected officials and tribal partners convened
6 to learn about local efforts and build new partnerships to develop ways to combat the opioid
7 crisis.
8

9 320. The Summit recommendations include: (a) expanding “upstream” efforts, i.e.
10 working closely with schools and youth service organizations to expand evidence-based
11 prevention and increase funding to expand access to naloxone for people at risk; (b) increasing
12 community support and the availability of MAT; (c) providing MAT to persons who are
13 incarcerated or being released from jail; (d) expanding syringe exchange programs; (e) creating
14 housing opportunities for persons who are receiving MAT; (f) continuing to address the stigma
15 around opioid use disorder; (g) supporting local efforts to address the opioid crisis as a Public
16 Health problem; and (h) expanding recovery supports.
17

18 321. In addition, in June 2017, the Washington Attorney General’s Office hosted the
19 Summit on Reducing the Supply of Illegal Opioids in Washington, which brought together law
20 enforcement, public health experts, prosecutors, and medical professionals to identify next steps
21 and solutions to addressing this epidemic.
22

23 322. Skagit County Prosecuting Attorney Rich Weyrich—in his role as President of
24 the Washington Association of Prosecuting Attorneys—was one of three co-signers of a report
25 issued following the summit that set out specific goals and recommendations reduce the supply
26 of illegal opioids, prevent opioid addiction, and connect those suffering from addiction to

1 treatment. The other co-signers of the report were Washington Attorney General Bob Ferguson
 2 and Chief John Batiste of the Washington State Patrol.²⁰⁵

3 **2. The opioid epidemic has contributed significantly to the homelessness crisis**
 4 **in Skagit County.**

5 323. As opioid misuse and abuse has increased in Skagit County, so too has
 6 homelessness. While the causes of homelessness are multi-faceted and complex, opioid abuse is
 7 both a contributing cause and a result of homelessness.

8 324. Survey data indicate that opioid use and homelessness are linked in Skagit
 9 County. In 2015, 40% of the RISE Mobile Needle Exchange clients in Skagit County reported
 10 living in temporary or unstable housing, and 37% reported being homeless.²⁰⁶ Compared to the
 11 statewide average, Skagit's percentage of respondents in permanent housing was 16% lower. As
 12 the Skagit Workgroup noted, "stable housing is a critical need for stabilization and recovery."²⁰⁷

13 325. Prescription opioids have not only helped to fuel homelessness, but have also
 14 made it immeasurably more difficult for Plaintiffs to address. For example, mental health
 15 services are critical for many in the homeless population, but opioid use and addiction can make
 16 it more difficult to provide effective mental health treatment. Opioids provide a way to self-
 17 medicate and avoid getting the treatment that might lead to long-term success and more positive
 18 outcomes. Whether opioid addiction was a contributing cause or a result of homelessness,
 19 opioid addictions now prevent many individuals from regaining permanent housing.

20 326. Additionally, while the leading cause of death among homeless Americans used
 21 to be HIV, it is now drug overdose. A study published in JAMA Internal Medicine found that

22 ²⁰⁵ *Reducing the Supply of Illegal Opioids in Washington State* (Nov. 2017), [http://agportal-](http://agportal-s3bucket.s3.amazonaws.com/uploadedfiles/Another/News/Press_Releases/OpioidSummitReport.pdf)
 23 [s3bucket.s3.amazonaws.com/uploadedfiles/Another/News/Press_Releases/OpioidSummitReport.pdf](http://agportal-s3bucket.s3.amazonaws.com/uploadedfiles/Another/News/Press_Releases/OpioidSummitReport.pdf)

24 ²⁰⁶ *Id.*

25 ²⁰⁷ *Id.*

overdoses were the leading cause of death among individuals experiencing homelessness in the Boston area. Of the overdose deaths, 81% involved opioids.²⁰⁸

I. Plaintiffs Have Borne the Financial Burden of Defendants' Conduct

327. As a direct result of Defendants' conduct described herein, Plaintiffs suffered significant and ongoing harms—harms that will continue well into the future. Each day that Defendants continue to evade responsibility for the epidemic they caused, the County and the Cities must continue allocating substantial resources to address it.

328. The harms caused by Defendants impact Plaintiffs in various ways. The statistics shared above provide a glimpse of the devastating toll the opioid crisis has taken on Skagit County and the Cities. Responding to the consequences of the epidemic, and taking steps to slowly and eventually end it, are high priorities for Plaintiffs. But doing so requires Plaintiffs to shoulder a massive economic burden and allocate significant resources to their various departments.

329. Skagit County and the Cities are served by an array of different departments, agencies, and offices, which provide essential services to their residents. While each of these departments, agencies, and offices feel the impact of the opioid crisis in some form, there are certain departments in particular that have borne the economic and financial brunt of the epidemic caused by Defendants' conduct. Plaintiffs have had to invest significant resources in addiction programs and other human services, which are widely used by residents of Skagit County and the Cities. Put simply, the effects of the opioid epidemic impose human and financial costs at all levels.

²⁰⁸ Travis P. Baggett, MD, MPH, Stephen W. Hwang, MD, MPH, James J. O'Connell, MD, et al., *Mortality Among Homeless Adults in Boston, Shifts in Causes of Death Over a 15-Year Period*, 173 (3) JAMA Intern Med. 189-95 (2013), <https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/1556797#qundefined>.

330. As explained in further detail below, costs for these departments and the various divisions and agencies within the departments have dramatically increased due to the opioid crisis. Defendants' conduct has forced Plaintiffs to incur substantial costs they otherwise would not have incurred, and will require Plaintiffs to spend resources in the future to deal with lasting and ongoing harms.

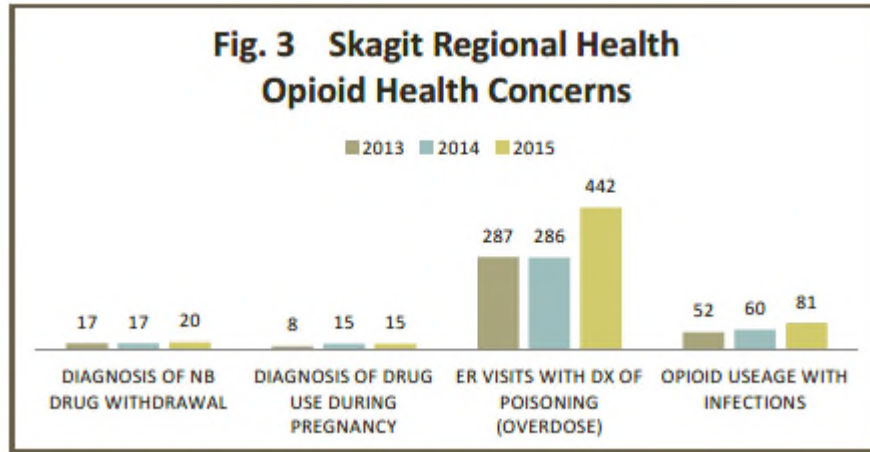
331. Plaintiffs' costs from rendering public services are recoverable pursuant to the causes of actions raised by Skagit County and the Cities. Defendants' actions alleged herein are not isolated incidents, but instead part of a sophisticated and complex marketing scheme carried out over the course of more than twenty years. Their actions have caused a substantial and long-term burden on the public services provided by Skagit County and the Cities. In addition, the public nuisance created by Defendants, and Plaintiffs' requested relief in seeking abatement of that nuisance, further compels Defendants to reimburse and compensate Plaintiffs for costs they incurred in addressing the crisis Defendants caused.

1. Plaintiff Skagit County faces enormous burdens as a result of Defendants' Conduct.

a. Emergency medical services confront the consequences of the opioid crisis daily.

332. Skagit Regional Health, the third largest public district hospital in Washington, experienced a 155% increase in emergency rooms visits for overdoses between 2014 and 2015.²⁰⁹

²⁰⁹ *Opioid Workgroup Leadership Team 2016 Summary Report and Recommendations*, *supra* note 193



333. However, overdose statistics do not reflect all individuals seeking emergency treatment for opioid use disorder. Due to complexities in coding within the emergency department, a visit is coded by the presenting issue and not necessarily by the underlying issue. For example, a primary admit for an abscess at an injection site would be coded as “wound care” rather than the secondary “substance abuse disorder” causing the abscess.²¹⁰

334. According to 9-1-1 call center data for Skagit County, between August 1, 2015, and January 31, 2016, the County’s Emergency Management System services were dispatched thirty-three times each month for drug-related incidents in Skagit County. Narcan (naloxone) saved a life every 4.5 days through EMS alone.²¹¹ Naloxone is an antagonist that blocks opioid receptors in the nervous system and acts to reverse the effects of most opioids. Narcan is the brand name for the only FDA-approved naloxone nasal spray.

335. Skagit County EMS also trains responders for the Burlington Fire Department and provides them with naloxone.

²¹⁰ *Id.*

²¹¹ *Id.*

1 336. Responding to opioid overdoses is expensive; it involves sending ambulances
2 and specially trained staff to the emergency. People who have overdosed on opioids typically
3 require at least one, if not several, doses of naloxone, each of which carries a significant price
4 tag. Then the patient must be transported to the emergency room. The costs of materials,
5 maintenance, medication, and staff time are enormous.
6

7 337. And, of course, time, materials, and money spent addressing opioid overdoses
8 means fewer resources and less time to respond to other medical emergencies.

9 **b. The Skagit County Sheriff's Office has incurred substantial costs in**
10 **responding to the epidemic caused by Defendants.**

11 338. The impact of the opioid epidemic on the Sheriff's Office has also been
12 profound. The street market for opioids—both prescription and non-prescription—has
13 dramatically expanded in the County over the past decade. Crimes associated with illicit drug
14 use, including violent and property crimes, have grown significantly. And the number of people
15 involved in drug-related activities has reached new levels.
16

17 339. The opioid epidemic in Skagit County has followed similar trends as elsewhere
18 in the state. The Sheriff's Office has found that over the past five years, there has been a sharp
19 increase in the use and abuse of heroin and prescription opioids in Skagit County. In the 1990s,
20 opioids were nearly nonexistent among illicit drug use in the County. Today, that has changed,
21 and opioids dominate the street market for drugs in the County. Not only have opioids taken
22 over the drug market, they have increased the overall volume of the drug trade in the County,
23 with respect to both the number of people and the amount of drugs involved.
24

25 340. All of this opioid-related activity has put serious strains on resources at the
26 Sheriff's Office. The kinds of resources the Sheriff's Office devotes to its response to the opioid
crisis are illustrated in three units in the department.

1 341. First, the Inter-Local Drug Unit is tasked with addressing drug-related cases. This
2 unit is busy, and uses significant resources from the department. The Inter-Local Drug Unit, for
3 example, has a full-time detective, and the Sheriff has assigned one of his chief deputies as the
4 commander of this unit. And, this unit takes up at least 10% of the department's evidence
5 clerk's time processing and assessing evidence for the unit.
6

7 342. Second, the Proactive Unit devotes at least 90% of its work to dealing with drug-
8 related issues. The Proactive Unit often responds to cases involving drug users or property
9 crimes associated with drug use. Two deputies are devoted to this unit and a sergeant spends at
10 least 30% of his time working with this unit.

11 343. Third, the High Risk Team, or "SWAT" Team, is used to deal with high-risk
12 offenders. Almost every time the SWAT Team is called out, the case involves drugs.²¹² Ten
13 deputies are assigned to this team. And the costs of maintaining, training, and deploying the
14 SWAT Team are significant.
15

16 344. In addition, the K-9 Unit provides patrol dogs that aid law enforcement personnel
17 in the search, location, and apprehension of individuals as well as the search for evidence of
18 crimes. K-9 dogs are cross-trained to track humans and search for the odor of drugs. K-9s train
19 regularly in narcotics detection.
20

21 345. Skagit County also has a Drug Task Force or "vice" unit made up of law
22 enforcement officers from a variety of law enforcement agencies including the Skagit County
23 Sheriff's Office. The Drug Task Force is responsible for gathering intelligence on illegal
24 narcotics activity through Skagit County and making arrests and seizures based on that
25

26

²¹² Notably, Washington has legalized marijuana, and marijuana-possession crimes are not prosecuted, with the exception of minors in possession.

1 intelligence. The Drug Task Force works closely with federal and local agencies sharing and
 2 acting on information to shut down drug houses, intercept deliveries, and bring high-profile
 3 drug-related criminals to justice in Skagit County.

4 **c. Defendants' misrepresentations have had a profound impact on the**
 5 **County's criminal justice system.**

6 341. The rise in opioid-related crimes also burdens the criminal justice system in the
 7 County. These burdens are illustrated by the impacts on the County jail, the Skagit County
 8 Public Defender's Office, and the Office of Assigned Counsel ("OAC").

9 **(i) County jail**

10 346. For instance, the County's jail in Mount Vernon houses inmates suffering from
 11 opioid withdrawal—individuals who require maximum attention from jail staff. Within twenty-
 12 four hours of being detained, these individuals begin experiencing withdrawal symptoms and
 13 become extremely ill, requiring the County's jail medical staff to provide Ondasetron for
 14 nausea/vomiting, Loperamide for diarrhea, ibuprofen/Tylenol for body aches, and Gatorade for
 15 hydration. The County estimates the annual cost of treating inmates for these symptoms of
 16 opioid withdrawal alone is approximately \$24,000.

17 347. When these symptoms cannot be controlled, the County jail must transport these
 18 individuals to a local hospital. Each utilization of an ambulance for transport and the
 19 corresponding emergency room visit comes at a cost of approximately \$2,500 per event. On
 20 average, the County jail transports four to six individuals per month under these circumstances,
 21 leading to a minimum and approximate cost of \$120,000 on an annual basis just for this piece of
 22 care.

23 348. Furthermore, the County estimates that its medical staff at its jails spends at least
 24 50% of their time dealing with opioid withdrawal patients and their symptoms. Based on a
 25
 26

1 minimal staffing model for these clinical services, the amount of money spent on staffing for
2 these duties is over \$300,000 per year. And due to the increasing number of inmates and
3 detained individuals who are addicted to opioids, the costs will likewise increase in the future.

4
5 **(ii) Skagit County Public Defender's Office**

6 349. Over the last twenty years, the Skagit County Public Defender's Office has seen
7 a significant increase in the number of drug-related charges it handles, including opioid-related
8 cases, which comprise a large portion of the Public Defender's Office's drug-related cases.

9 350. The Public Defender's Office also handles approximately 130% more felony
10 cases than it did twenty years ago, and approximately 40% of the Office's current felony cases
11 involve drug possession, delivery of drugs, or possession with intent to deliver drugs.

12 351. Historically, the Public Defender's Office represented very few clients who used
13 opioids, whereas today that is the norm. The crimes these clients are charged with are not
14 necessarily drug-related charges, but may include other offenses for conduct driven by opioid
15 addiction and the cost to maintain a habit, such as burglary, possession of stolen property, theft,
16 forgery, trafficking in stolen property, and malicious mischief. In addition, crimes against
17 persons, traffic-related offenses, and dependency cases involving drug-affected parents have all
18 increased in recent years.

19 352. The increase in opioid-related crimes has had a dramatic impact on the number of
20 cases the Public Defender's Office handles and the cost to operate it. Significant resources are
21 invested in handling cases with drug involvement, including work by attorneys, legal assistants,
22 investigators, and transcriptionists.
23
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(iii) Office of Assigned Counsel

353. The opioid crisis has also wrought significant changes on the Office of Assigned Counsel (“OAC”). Among other things, OAC performs eligibility screening for indigent defense services for Skagit County Superior and District Court and determines whether individuals are “indigent” pursuant to RCW 10.101.

354. OAC has reported a marked increase over the past ten to fifteen years in the number of people it screens who are addicted to heroin and prescription opioids. Just twenty or twenty-five years ago, OAC had a handful of heroin-using clients, most of whom were functioning older adults who were able to maintain their jobs even while using opioids. In stark contrast, today OAC sees generational drug-addicted families and a much younger generation of individuals addicted to opioids, including pregnant mothers and babies who are born addicted to heroin.

355. The number of opioid-addicted clients, and the changing demographics of those addicted to opioids, has increased OAC’s caseload, putting new strains on its resources. The screening process for addicted clients takes longer due to potential physical health, mental health, and homelessness issues. Once the client is processed in OAC’s system, OAC helps provide them with medical and mental health services. For in-custody individuals who need help with these services, OAC sends referrals to help them get services for their medical and health needs while they are in custody. OAC also receives an increase in contacts from family members who have never been involved in the criminal justice system who are now experiencing it firsthand because of a family member who is opioid-addicted and incarcerated. OAC reported that these individuals “feel lost and confused trying to seek help for their addicted family members” and they do not understand the criminal justice system process.

1 356. Because OAC works directly with these individuals on a daily basis, it sees the
2 personal toll of the epidemic on County residents. OAC has worked with people who have
3 battled their addictions and won. But, far too often, people are unable to beat their addictions—
4 which often began with a prescription from a trusted doctor. Many of OAC's clients who have
5 become addicted to opioids end up being repeat offenders, spending their lives in and out of
6 custody, and relying on OAC's critical services.

7
8 357. With larger client lists to serve, and clients who require significantly more
9 resources and time, OAC has had to increase its budget—hiring new attorneys, investigators,
10 social workers, and other staff to meet its growing needs.

11 **d. Defendants' conduct has dramatically increased Skagit County's**
12 **health care costs.**

13 358. Defendants' misrepresentations regarding the purported safety and efficacy of
14 opioids have also substantially increased the County's health care costs. Skagit County provides
15 health insurance to its employees and their beneficiaries. The County is self-insured, which
16 means among other things that when anyone covered by the County's health insurance program
17 visits a doctor or fills a prescription or otherwise incurs covered health-related costs—including,
18 for example, opioid-related medical claims—the County pays a substantial portion of those
19 costs directly.

20
21 359. Skagit County provides health insurance to over 650 employees and 940
22 dependents, and therefore insures nearly 1,600 individuals. In connection with this coverage, the
23 County has spent significant amounts of money on prescription opioids. For example, in 2017
24 alone, the County spent more than \$12,000 on prescription opioids, including those
25 manufactured by Defendants.
26

1 360. The direct costs of filling opioid prescriptions are just a small part of the total
2 cost to the County for prescriptions of opioids. The County also pays for medical claims related
3 to opioids, including under its workers' compensation plan. In other words, any time an
4 individual covered by the County's health insurance program submits a claim for treatment and
5 the primary diagnosis is opioid-related—including for instance, treatment for opioid addiction—
6 the County incurs costs in providing coverage. Had Defendants told the truth about the risks and
7 benefits of opioids, Skagit County would not have had to pay for these drugs or the costs related
8 to their prescription.
9

10 361. Even for those people covered by the County who do not get addicted,
11 improperly prescribed opioids carry other costs for the County. For example, when patients
12 receive opioid prescriptions for chronic pain, they often fail to take other steps to address the
13 root causes of that pain. Thus, even if patients are able to wean themselves off of opioids, the
14 underlying conditions often remain, and may have become worse or more difficult and
15 expensive to treat.
16

17 362. Across the United States, people who are prescribed opioid painkillers cost
18 health insurers approximately \$16,000 more than those who do not have such prescriptions.²¹³
19 Those costs, including those borne by the County, would have been avoided had Defendants not
20 hidden the truth about the risks and benefits of opioids.
21

22 363. Furthermore, when County employees are prescribed opioid painkillers for
23 chronic pain they often are forced to miss work because the drugs' effects interfere with the
24
25
26

²¹³ *The Impact of the Opioid Crisis on the HealthCare System: A Study of Privately Billed Services*; FAIR HEALTH (Sept. 2016) http://www.khi.org/assets/uploads/news/14560/the_impact_of_the_opioid_crisis.pdf.

1 ability to work. Since opioid prescriptions fail to treat the cause of the pain, employees often
2 continue to miss work due to the ongoing pain.

3 364. In fact, recent studies suggest that opioids actually slow recovery times, keeping
4 employees out of work longer than they would have been had they not taken these unnecessary
5 pharmaceuticals. If those employees become addicted to the opioids, they are likely to miss
6 even more work. In fact, in some cases, the use of opioids for work-related injuries may actually
7 increase the likelihood of receiving a disability determination. Studies suggest receiving more
8 than a one-week supply of opioids or two or more opioid prescriptions soon after an injury
9 doubles a worker's risk of disability at one-year post-injury, compared with workers who do not
10 receive opioids.²¹⁴ Because of Defendants' misstatements, the County's employees have had
11 losses in work time, which result in substantial losses to Skagit County.
12

13
14 365. Collectively, the annual cost to the County for all the direct claims it must pay
15 for and the loss in productivity in connection with opioids and opioid-related claims totals more
16 than \$150,000 per year.

17 **e. Defendants' conduct has affected the Solid Waste Division.**

18 366. Skagit County's Solid Waste Division has not escaped the impacts of the opioid
19 epidemic. Its staff deals with the fallout of the crisis on a daily basis, and the division has shifted
20 significant resources to address the ongoing effects of the epidemic.
21

22 367. The waste associated with the opioid epidemic—needles and other drug
23 paraphernalia—has presented the Solid Waste Division with significant challenges. For
24 example, the Litter Crew Supervisor and his crew routinely find used needles alongside the
25

26

²¹⁴ Franklin, et al., *Early opioid prescription and subsequent disability among workers with back injuries: the Disability Risk Identification Study Cohort*, *supra* note 179.

1 roads they are tasked with keeping clean. To deal with this new danger, the division now must
2 provide the cleanup team with training and equipment to keep them safe while dealing with this
3 potentially hazardous material.

4 368. Also, homeless camps are becoming increasingly common throughout the
5 County. As discussed above, while the causes of homelessness are multi-faceted and complex,
6 the opioid crisis is contributing to a rise in homelessness and making the issue more intractable.
7 As a result of the increased homeless population in the County over the past few years, the Solid
8 Waste Division has had to shift significant resources into finding and cleaning homeless
9 encampments. This is no small task. Often the camps are large, filled with needles, human
10 waste, and garbage. It takes significant time to clean up these sites, and puts County workers in
11 dangerous situations.
12

13 369. The number of vehicle camps—encampments where homeless people live in cars
14 or RVs—has risen significantly throughout the County in the past few years. Vehicle camps
15 provide particular challenges to the Solid Waste Division. The camps are often mobile, staying
16 in one place for a few weeks at a time before moving on. While the camp may move, the waste
17 created stays behind for the Solid Waste Division to clean up. It is critical for the Solid Waste
18 Division to clean up the needles, other drug paraphernalia, and trash—all of which pose a threat
19 to the public—at these sites, because the camps are typically in areas frequented by the public.
20 Commuter park and rides, boat launches, and public parks are routinely used by vehicle
21 campers.
22

23 370. The vehicle camps have increasingly required the Solid Waste Division to deal
24 with abandoned cars and RVs. The division is responsible for cleaning up the abandoned
25 vehicles before the County can remove the vehicle, impounding or taking it for demolition. In
26

2017, every abandoned vehicle to which the Solid Waste Division responded contained needles or other drug paraphernalia. And, while it was once rare for the County to respond to these types of abandoned vehicles, it has become a common demand on the Solid Waste Division's time and resources.²¹⁵

f. The County's Parks and Recreation Department is also not immune to Defendants' conduct.

371. The County's Parks and Recreation Department has also had to deal directly with the opioid epidemic, including allocating significant resources to clean up discarded needles, patrol parks, respond to drug use in camp sites in east Skagit County, and to generally ensure the safety of the County's park visitors.

372. The need for clean-up of discarded needles in County parks, separate and apart from the clean-up performed by the County's Solid Waste Division, is substantial. During a three-month period in 2017, the vendor the County contracts with for this service collected more than 70,000 needles. The number of discarded needles directly affects County residents' ability to use and enjoy their parks—creating, for example, an environment where parents feel the need to inspect playgrounds and parks before letting their kids play.

373. In a time where resources for parks are already slim in Washington State, the County has had to shift significant manpower to clean up its parks as a direct result of the opioid epidemic.

²¹⁵ Relatedly, the County's Facilities Management Department has also had to deal with increasing costs related to clean-up of drug-related activities, monitoring homeless individuals and encampments for illegal and unsafe activity, and repairing and replacing damaged or vandalized county property and equipment.

1 **g. The Coroner's Office has also allocated substantial resources in**
2 **responding to the crisis caused by Defendants.**

3 374. The County's Coroner's Office has also incurred direct costs as a result of
4 processing deaths associated with opioid overdose. From 2006 to present, the Coroner's Office
5 attributes 155 deaths to opioid overdose, each one of which comes at a cost.

6 375. In particular, each autopsy costs the County \$1,500, and as such, the County has
7 spent \$232,500 in processing deaths related to opioid overdoses alone.

8 **h. Skagit County allocates significant resources to treatment centers**
9 **and support services.**

10 376. In the last ten years, the County has allocated nearly \$6 million from taxes,
11 grants, and federal, state, and local funds to operate, maintain, or otherwise sponsor the forty
12 programs discussed above during this ten-year period.

13 377. The County's Public Health Department is heavily invested in addressing the
14 epidemic caused by Defendants. For example, the County's Public Health Department funds the
15 RISE Mobile Needle Exchange program run by Phoenix Recovery Services. With the growing
16 prescription opioid and heroin crisis, there are rising concerns regarding disease transmission
17 through shared needles, evidenced by parallel growth in Hepatitis C infections linked to rising
18 injection drug use of prescription painkillers and heroin. Needle exchange programs not only
19 protect against the spread of Hepatitis C and HIV but provide valuable services and provide a
20 forum where people in recovery can seek treatment and connect with other individuals involved
21 in treatment.
22 in treatment.

23 378. The County also operates a crisis center, which maintains a sixteen-bed crisis,
24 mental health stabilization, and sub-acute detox program. Most of the services are available
25 twenty-four hours a day, seven days a week. The Crisis Center also offers a seven-day
26 twenty-four hours a day, seven days a week. The Crisis Center also offers a seven-day

1 Suboxone tapering program for opioid addiction, which is available for intake one day each
2 week.

3 379. Skagit also has seven traditional treatment centers. These centers offer a full
4 continuum of outpatient chemical dependency treatment services such as assessment, individual
5 and group therapy which utilizes evidence-based practices.
6

7 380. There is a High Intensity Drug Trafficking Area (HIDTA) grant in place that
8 funds Emergency Medical Services (EMS) to provide 100 Narcan kits to the Skagit County
9 Sheriff's department and Anacortes Police Department.

10 **2. The City of Mount Vernon is impacted by the crisis.**

11 381. Like the rest of Skagit County, Mount Vernon has seen a dramatic increase in
12 prescription opioid and heroin use. Furthermore, the city has also had to deal with Defendants'
13 misconduct, including but not limited to the following directly affected departments: Parks and
14 Recreation, Public Works, the Mount Vernon Library, the Fire Department, the Police
15 Department, and the Municipal Prosecutor.
16

17 382. The Parks Division and the people who use Mount Vernon's lands are affected
18 by the opioid crisis. The City of Mount Vernon has over 850 acres of park land and more than
19 fourteen miles of city trails. Mount Vernon also has fourteen city parks. The Parks Division is
20 tasked with providing facilities and maintaining parks and green spaces in the community.
21

22 383. The City of Mount Vernon Parks and Recreation Department expends resources
23 to safely dispose of used needles and syringes. Exposure to such needles carries a risk of
24 infection from blood borne pathogens (including HIV, Hepatitis B, and Hepatitis C).
25 Encountering used syringes is a daily occurrence in most of Mount Vernon's city parks,
26 especially within the Community Work Program. Needles are commonly found lying on the

1 ground, along the fourteen miles of city trails, beneath bridges, and in city park bathrooms. It is
2 also common to find blood splatter on the floors, walls, partitions, and fixtures from when users
3 are purging the air out of the syringes prior to injection. Disposing of the syringes presents risks
4 to employees, because of potential exposure to bloodborne pathogens through contaminated
5 needles, sharps, or splash explosions, and training and equipping employees appropriately
6 requires resources.

8 384. Needles are also found on the sidewalks and alleys in the Historic Downtown
9 District with such frequency that the orientation of new participants in the Community Work
10 Program now covers syringes and what to do when they are encountered.

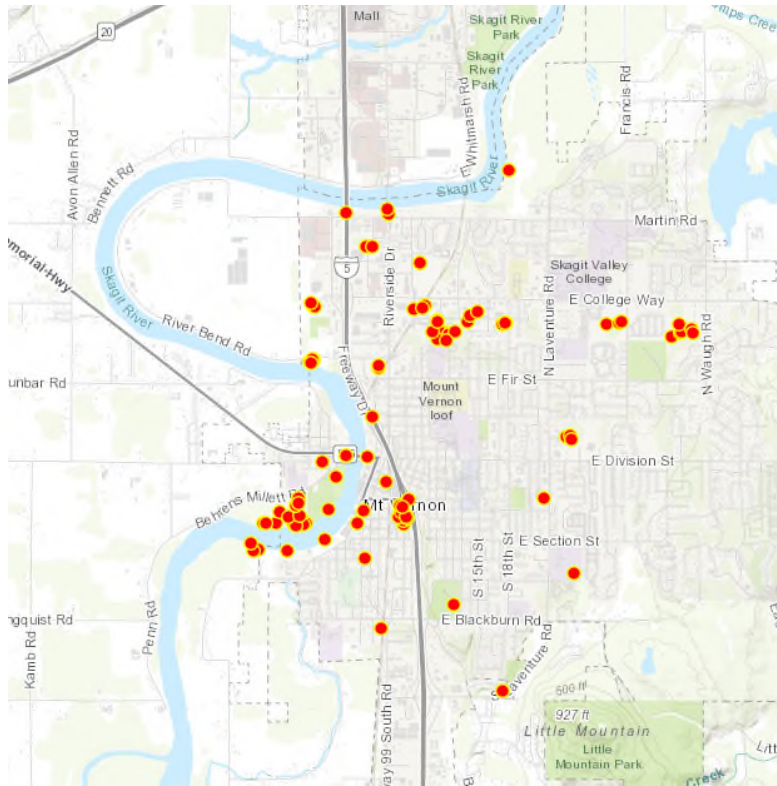
11 385. Needles must be sorted separately from other trash and debris that the Parks and
12 Recreation Department collects. Needles are placed in “sharps” containers, which are taken to
13 the Solid Waste Division when full and placed into larger collection bins that are then removed
14 by a third-party contractor. Sharps containers in three of their busier restrooms (located at Lions
15 Park, Skagit Waterfront Park, and Edgewater Park) are checked daily and frequently emptied.
16 Due to the special design of the receptacles, the containers within them are more expensive than
17 standard containers.
18

19 386. The sharp increase in the homeless population in Skagit County is particularly
20 visible in the City of Mount Vernon. The City of Mount Vernon created an interactive map
21 containing data regarding unpermitted homeless encampments in the city.²¹⁶ The image below
22 depicts the locations of homeless encampments in Mount Vernon with dots. Notably, the map
23
24
25

26 ²¹⁶ Homeless Encampments, Mount Vernon

<http://mountvernonwa.maps.arcgis.com/apps/webappviewer/index.html?id=5c8cce772a134791940c02f69efb4c2f>
(last visited Jan. 24, 2018).

below only illustrates approximately 60% of the encampments the city has on record. Mount Vernon is continuing to compile data on the growing homelessness issue in its city.



387. Syringes are often found at homeless encampments. The city reports that it is not uncommon to collect more than 100 used syringes lying around a camp, or tossed into the bushes near a camp. In one case, the Parks and Recreation Department recovered two large containers full of used needles. It was estimated that each container contained more than 1,000 needles. Annually, Mount Vernon collects more than 5,000 used syringes.

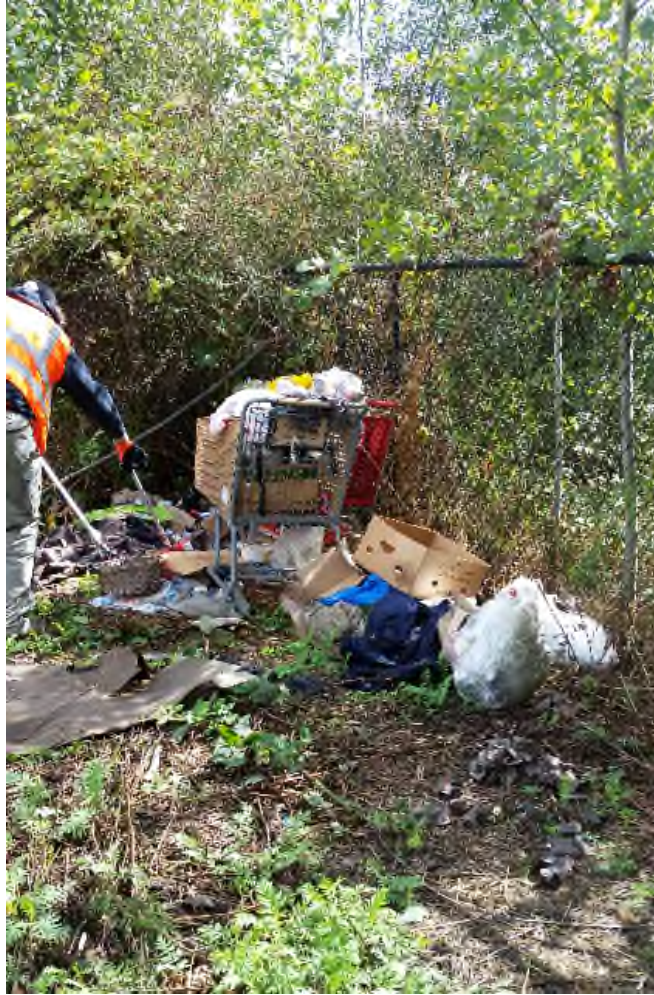
388. Used syringes at encampments present dangers to all who encounter them. A conservative estimate is that nine out of ten camps in the City of Mount Vernon have evidence of syringe use. City employees find syringes or the orange safety caps on syringes, which are commonly discarded. It is even less common to find syringe users resorting to other methods of safe disposal (such as plastic soda bottles).

1 389. Encampments are also contaminated with human and other wastes. Piles of
2 human feces are frequently found in and around the camps.

3 390. The below photo was taken at a homeless encampment located at Edgewater
4 West in Mount Vernon.



18 391. Removing and cleaning encampments is labor intensive. Below is a photo of a
19 city worker removing trash, needles, and human waste from a homeless encampment located
20 behind the Coastal Derm in the City of Mount Vernon.
21
22
23
24
25
26



392. The Mount Vernon City Library expends resources to safely dispose of used needles and syringes found in the library. This includes resources spent on purchasing and installing sharps containers and staff time for clean-up. Twice in 2017, the library required plumber assistance to remove syringes from the library plumbing.

393. The library finds overnight encampments on the grounds where there is evidence of opioid use, i.e. used syringes. The library staff uses resources to remove the syringes.

394. The library has needed to invest in safety training to deal with clean up issues related to opioid use and conducted a staff training in 2017.

1 395. Additionally, the library has invested in training for the management and patrons
2 experiencing opioid intoxication. In 2017, two staff members attended such training.

3 396. The library also invested in better security equipment and cameras to address
4 opioid intoxication. Its incident log reflects that one third of the library's safety issues result
5 from potentially opioid-impaired patrons.
6

7 397. Mount Vernon's Fire Department is also touched by the opioid crisis. The Fire
8 Department expends resources responding to overdoses, deaths, and injuries related to the
9 opioid crisis. The City of Mount Vernon has spent resources training emergency medical
10 personnel to respond to opioid overdoses and the Fire Department also engages in training
11 related to this issue. The Fire Department also spends money on naloxone medication (to
12 reverse opioid overdoses).
13

14 398. The opioid epidemic has also put significant demands on the criminal justice
15 system, its resources, and the staff and public service employees.

16 399. Mount Vernon contracts with the county jail to house opioid offenders. The city
17 provides revenues through interlocal agreements with the County in exchange for use of the
18 County jail facility. The interlocal agreement also contains provisions where costs go up and
19 "bed rates" apply once certain benchmarks are met triggering the need for additional funds.
20 Mount Vernon pays the County additional funds for jail medical expenses which have
21 dramatically increased (and coincide with the increased number of opioid users).
22

23 400. Mount Vernon Police Department is responsible for helping prevent crime,
24 patrolling neighborhoods, responding to calls for services, investigating crimes, arresting
25 offenders and working to solve neighborhood problems; it provides a variety of law
26 enforcement services and outreach programs to its residents.

1 401. A significant portion of their time, however, is also devoted to addressing and
2 responding to the crisis caused by Defendants.

3 402. In 2007, Mount Vernon Police Department responded to 182 drug-related
4 incidents. In 2017, they number rose to 315 drug-related incidents. Notably, these numbers
5 reflect incidents that were initially reported out as drug-related. Officers also frequently respond
6 to calls where the underlying call out is for a different crime but the conduct has an involvement
7 with drugs. For example, in 2017, officers responded to a homicide where a drug dealer was
8 killed. In another incident, a defendant was convicted of controlled substance homicide for
9 selling heroin to a drug court participant who died. Additionally, many individuals that are
10 arrested at Walmart for theft have opioids or paraphernalia on their person or property. Officers
11 also receive a lot of fraud cases where the victim's credit card is used by a drug dealer. When
12 stolen vehicles are recovered they often contain opioids and drug paraphernalia.
13

14 403. The growing impact of opioids is also reflected in the increasing budget for
15 narcotic testing kits. In 2007, for example, the department spent \$89.52 on narcotic testing kits.
16 In 2017, the budget rose to \$1,650.89.
17

18 404. Mount Vernon police officers indicate that they encounter opioid use on a daily
19 basis and that opioid use is common among property crime suspects and the transient
20 population. One officer indicated that most thefts, vagrancy, disorderly, and removal calls
21 involve someone under the influence of opioids. Another indicated that he contacts at least one
22 person per day that has an opioid addiction.
23

24 405. As in other jurisdictions in the County, Mount Vernon officers also report an
25 increase in the number of used syringes left out in public places.
26

1 406. The Prosecution Division of Mount Vernon's City Attorney's Office adjudicates
2 misdemeanor violations and infractions in Mount Vernon Municipal Court. Felony crimes that
3 occur in Mount Vernon are prosecuted by the Skagit County Prosecutor's Office. As such,
4 felony possession of a controlled substance crimes are not handled by the Mount Vernon
5 municipal prosecutor; however, the impact of the opioid crisis is still visible among individuals
6 referred for misdemeanor crimes that either display signs of addiction or commit property
7 crimes to fuel their substance abuse habits.
8

9 407. The Mount Vernon City Prosecutor reports that the opioid issue has become
10 worse, and not better in their Court. Mount Vernon has had to spend more money to prosecute
11 crimes and has incurred greater costs in its staffing to do so; in the 2018 budget a community
12 prosecutor was provided for and the city recently hired an embedded social worker. Mount
13 Vernon is commonly referred defendants charged with drug-related crimes (e.g., possession of
14 drug paraphernalia).
15

16 408. The City of Mount Vernon also receives a significant number of theft cases,
17 wherein the defendants are committing crimes to support their addictions.
18

19 409. Mount Vernon also has experienced an increase in the number of trespassing
20 cases over time; a significant portion of those defendants appear to be in the situation they are in
21 due to addiction-related issues.

22 410. The City of Mount Vernon has also incurred health care costs associated with the
23 epidemic that are borne by the city. While Mount Vernon is not self-insured, it has paid
24 significant amounts for both prescription opioids and opioid-related claims over the last several
25 years.
26

1 **3. The City of Sedro-Woolley is affected by the crisis.**

2 411. The City of Sedro-Woolley has also had to deal with Defendants' misconduct,
3 including but not limited to the following departments and divisions in Sedro-Woolley that have
4 been directly affected by the opioid crisis: Parks & Recreation, Public Works & Operations,
5 Solid Waste, and Sedro-Woolley Police Department.
6

7 412. As in neighboring Skagit County communities, the opioid epidemic has affected
8 Sedro-Woolley's Public Works Operations department and its parks, in highly visible ways.

9 413. Particularly, public restrooms in Sedro-Woolley parks are frequently utilized for
10 selling or using drugs. Just like other areas in Skagit County, uncapped syringes and other drug
11 paraphernalia are routinely found in Sedro-Woolley restrooms. Sedro-Woolley Public Works
12 employees fear getting stuck by a needle, or inhaling some form of opioid such as fentanyl, and
13 the department has had to devote resources to training on safe handling and disposal of
14 abandoned needles and other paraphernalia.
15

16 414. The Public Works division is also responsible for cleaning storm drainage catch
17 basins and street sweeping. The crews routinely discover needles that have been dumped in
18 catch basins and discarded on roadsides.

19 415. Sedro-Woolley has made it a priority to routinely inspect the facilities to ensure
20 they are safe for the public. In doing so, Sedro-Woolley has had to change its clean-up
21 procedures and its performance of certain jobs. For example, historically, the Parks and
22 Recreation department would clean leaves in rain gutters and debris in certain facilities by hand.
23 Because needles are often found in gutters that were thrown onto roofs, Public Works
24 Operations employees now utilize equipment to do so; However, as Nathan Salseina reported,
25
26

1 needles get stuck in their equipment and “become a hazard when we are servicing the equipment
2 and performing our daily jobs.”

3 416. Public Works staff and Sedro-Woolley Police Department employees have had to
4 spend time cleaning up homeless encampments in some of the larger wooded parks in Sedro-
5 Woolley, which requires significant man power. These encampments are riddled with needles
6 which also present a safety risk to all those who encounter them on public property.
7

8 417. At a time where resources for the parks are slim, the Sedro-Woolley Parks and
9 Recreation Department has made operational changes to address needle clean up and vandalism
10 issues. For example, the Parks and Recreation Department has implemented improved lighting
11 in identified problem areas, and has expanded the resident park caretaker program which
12 provides a residence for a caretaker to live on site and monitor activities at three of the Sedro-
13 Woolley parks. Sedro-Woolley has noted that having a caretaker on site has significantly
14 discouraged bad behavior.
15

16 418. The Solid Waste Division of the Public Works Department is also impacted.
17 They are responsible for cleaning up garbage left behind from drug-related houses or curb-side
18 garbage due to drug-related evictions. They, too, are subject to the worry and stress of possible
19 injury due to exposure to needles every time they collect garbage throughout the city.
20

21 419. Costs for disposal of debris has gone up. The Solid Waste Division also runs the
22 Decant facility where street sweepings and storm water materials are collected and disposed.
23 Rather than recycling those materials, however, they must be disposed of in a landfill. The
24 Operations Division’s costs for staff to inspect drug-suspected areas have gone up in the last two
25 years. Further, costs for disposal of debris and costs associated with more disinfectant and
26 sterilization supplies have increased.

1 420. In addition, the Sedro-Woolley Police Department (SWPD), a full-service
2 department with seventeen sworn officers, is on the front line of the opioid epidemic and the
3 homelessness crisis it has driven and shaped.

4 421. SWPD is confronted with the opioid epidemic daily. For example, SWPD
5 officers stop vehicles during routine patrol and often they find individuals with needles in the
6 car. On multiple occasions SWPD officers have been dispatched to suspicious vehicles and,
7 upon arrival, found an individual passed out in the car with a needle sticking out of their arm.

8 422. SWPD officers respond to abandoned buildings or homes to address squatters or
9 trespassers and find needles. Several locations in Sedro-Woolley have vulnerable adults whose
10 homes have been taken over by opioid “squatters.”

11 423. Law enforcement encounters opioid use even outside normal patrol duties and
12 citizens that may not be trained and equipped to properly handle and dispose of used, uncapped,
13 needles are encountering them. For example, when the Chief of Police, William Tucker, was at
14 a McDonald’s, he was asked by the cashier if he could take some syringes that were found in the
15 bathroom. He was given a Ziploc baggie with needles.

16 424. SWPD has also had to change its policy on field testing suspected heroin. As
17 noted above, fentanyl is a synthetic opioid that is fifty times stronger than heroin. Even tiny
18 amounts of it can be lethal, and it can be absorbed through the skin. The DEA warned all law
19 enforcement nationwide about the dangers of improperly handling fentanyl.²¹⁷ Given the risks of
20 fentanyl exposure, SWPD now tests suspected controlled substances in controlled conditions,
21 and uses personal protective equipment. Officers will also be required to have another partner
22
23
24
25
26

²¹⁷ *DEA Warning to Police and the Public: Fentanyl Exposure Kills*, Drug Enforcement Administration (June 10, 2016), <https://www.dea.gov/divisions/hq/2016/hq061016.shtml>.

1 present when testing, and Narcan or an equivalent will be carried in the event an officer is
2 exposed to fentanyl. With additional precautions come additional costs.

3 425. The City of Sedro-Woolley has also incurred health care costs associated with
4 the opioid epidemic that are borne by the city. While the city is not self-insured, it has paid
5 significant amounts for both prescription opioids and opioid-related claims over the last several
6 years.
7

8 **4. The City of Burlington is affected by the crisis.**

9 426. The City of Burlington has also had to deal with Defendants' misconduct,
10 including but not limited to the following departments in the city that have been directly
11 impacted by the crisis caused by Defendants.

12 427. The Parks and Recreation Department in the City of Burlington is experiencing
13 effects of the opioid epidemic similar to its neighboring communities. The Parks and Recreation
14 Department has safety concerns for park users and workers, as there is a continued increase of
15 abandoned needles in the parks and open spaces. The department must also allocate resources to
16 safely dispose of the used needles and syringes, installing sharps containers, for example, in
17 some park bathrooms. Used syringes and other drug paraphernalia are frequently found in
18 certain park locations (such as the Maiben park restrooms, Whitmarsh park restrooms, and
19 certain locations at Skagit River Park).
20

21 428. In addition, the Parks and Recreation Department has seen a rise in vandalism,
22 homelessness, and inappropriate use of the restrooms—using them as a place to sleep or to use
23 and sell drugs—which results in safety concerns for staff and park users.
24

25 429. The Parks and Recreation Department is confronted with rising costs to mitigate
26 these concerns. Burlington has installed automatic door locks in restrooms, mounted cameras in

1 parks, upgraded lighting, and redesigned areas within parks that increase visibility. Additional
2 costs are incurred to provide extra training for staff to keep them safe and invest in proper
3 supplies and equipment, and to clean up drug material and waste from transient encampments.

4 430. In addition to its parks, Burlington expends resources to safely dispose of used
5 needles frequently found in the Burlington Public Library and on library grounds. The library
6 and its staff have been particularly affected by the opioid epidemic.

7 431. While libraries are critical sources of information and social service referrals,
8 staff are not properly trained to respond to individuals in crisis or overdose. Yet Burlington's
9 library staff must do so frequently; multiple Burlington Public Library patrons have overdosed
10 and passed out in the library. These incidents are traumatizing for staff. In the words of one
11 librarian, "it's nearly impossible to describe how scary it is when someone will not wake up."
12 Staff interacting directly with patrons in crisis can experience compassion fatigue and burnout.
13

14 432. In addition, dealing with increased incidents related to the opioid crisis takes staff
15 away from vital library services. Time spent patrolling the facility and inspecting bathrooms for
16 needles interrupts service at the reference desk and in library programs. Library staff frequently
17 find bloody needles in the restrooms and sometimes have to call the facilities department
18 because blood is all over the restroom. Furthermore, the increase in police presence and
19 discovery of opioid paraphernalia negatively colors public perception of the library.
20

21 433. The Burlington Municipal Court is seeing a rise in criminal cases related to
22 opioids over the past decade. In particular, the Municipal Court sees more criminal trespass and
23 public camping violations that are related to opioid use. Opioids are playing more of a role in
24 other cases, even when the charges are not related to controlled substances. Both the prosecutor
25
26

1 and public defenders have experienced an increase in the number of individuals using heroin
2 and other opioids.

3 434. The Burlington Police Department encounters opioid use on a daily basis in its
4 contacts with individuals; during a 24-hour period, Burlington police have contact with at least
5 one person who suffers from opioid use/abuse. Officers also commonly respond to overdoses
6 and possession of opioids is a common crime.

7 435. Burlington contracts with the Skagit County jail for offenders of all crimes
8 occurring in Burlington including opioid offenders.

9 436. Burlington also contracts with Central Valley Ambulance Authority (CVAA) to
10 provide emergency medical services, including naloxone distribution. CVAA is equipped with
11 naloxone and provides it on service calls. CVAA operates in part out of the Burlington Fire
12 Department (BFD) facilities.

13 437. Burlington spends emergency service resources responding to overdoses, deaths,
14 and injuries related to opioid abuse; BFD responds to many overdoses each year. BFD also
15 engages in training related to opioid abuse. Each BFD firefighter receives training on the
16 administration of Narcan.

17 438. The City of Burlington has also incurred health care costs associated with the
18 epidemic that are borne by the city. While the city is not self-insured, it has paid significant
19 amounts for both prescription opioids and opioid-related claims over the last several years.

20 **J. No Federal Agency Action, Including by the FDA, Can Provide the Relief Plaintiffs**
21 **Seek Here**

22 439. The injuries Skagit County and the Cities have suffered and will continue to
23 suffer cannot be addressed by agency or regulatory action. There are no rules the FDA could
24
25
26

1 make or actions the agency could take that would provide Plaintiffs the relief they seek in this
2 litigation.

3 440. Even if prescription opioids were entirely banned today, thousands of Skagit
4 County residents, and millions of Americans, would remain addicted to opioids. Overdoses will
5 continue. The County and the Cities will respond to related medical emergencies and administer
6 naloxone. The Sheriff's Department will spend extraordinary resources combatting illegal
7 opioid sales, and the Prosecutor's Office and County and city courts will remain burdened with
8 opioid-related crimes. Social services and public health efforts will be stretched thin.
9

10 441. Regulatory action would do nothing to compensate Plaintiffs for the money and
11 resources they have already expended addressing the impacts of the opioid epidemic. Only this
12 litigation has the ability to provide Plaintiffs with the relief they seek.
13

14 **V. CLAIMS FOR RELIEF**

15 **COUNT ONE — VIOLATIONS OF THE WASHINGTON CONSUMER PROTECTION 16 ACT, RCW 19.86, *ET SEQ.***

17 442. Plaintiffs repeat, reassert, and incorporate the allegations contained above as if
18 fully set forth herein.

19 443. The Washington Consumer Protection Act is codified at RCW 19.86 *et seq.*
20 (CPA). The CPA establishes a comprehensive framework for redressing the violations of
21 applicable law, and municipalities of Washington State like Plaintiffs Skagit County, Mount
22 Vernon, Sedro-Woolley, and Burlington can enforce the CPA and recover damages. RCW
23 19.86.090. The conduct at issue in this case falls within the scope of the CPA.
24

25 444. The CPA prohibits unfair methods of competition and unfair or deceptive acts or
26 practices in the conduct of any trade or commerce. Defendants engaged and continue to engage
in the same pattern of unfair methods of competition, and unfair and/or deceptive conduct

1 pursuant to a common practice of misleading the public regarding the purported benefits and
2 risks of opioids.

3 445. Defendants, at all times relevant to this Complaint, directly and/or through their
4 control of third parties, violated the CPA by making unfair and/or deceptive representations
5 about the use of opioids to treat chronic and non-cancer pain, including to physicians and
6 consumers in Skagit County, Mount Vernon, Sedro-Woolley, and Burlington. Each Defendant
7 also omitted or concealed material facts and failed to correct prior misrepresentations and
8 omissions about the purported benefits and risks of opioids. In addition, each Defendant's
9 silence regarding the full risks of opioid use constitutes deceptive conduct prohibited by the
10 CPA.
11

12 446. These unfair methods of competition and unfair and/or deceptive acts or practices
13 in the conduct of trade or commerce were reasonably calculated to deceive Plaintiffs and their
14 consumers, and did in fact deceive Plaintiffs and their consumers. Each Defendant's
15 misrepresentations, concealments, and omissions continue to this day.
16

17 447. Plaintiffs have paid money for prescription opioids for chronic pain. Plaintiffs
18 have also paid significant sums of money treating those covered by its health insurance for other
19 opioid-related health costs. Defendants' misrepresentations have further caused Plaintiffs to
20 spend substantial sums of money on increased law enforcement, emergency services, social
21 services, public safety, and other human services, as described above.
22

23 448. But for these unfair methods of competition and unfair and/or deceptive acts or
24 practices in the conduct of trade or commerce, Plaintiffs would not have incurred the significant
25 costs for harmful drugs with limited, if any, benefit, or the substantial costs related to the
26 epidemic caused by Defendants, as fully described above.

1 449. Logic, common sense, justice, policy, and precedent indicate Defendants' unfair
2 and deceptive conduct has caused the damage and harm complained of herein. Defendants knew
3 or reasonably should have known that their statements regarding the risks and benefits of
4 opioids were false and misleading, and that their statements were causing harm from their
5 continued production and marketing of opioids. Thus, the harm caused by Defendants' unfair
6 and deceptive conduct was reasonably foreseeable, including the financial and economic losses
7 incurred by Plaintiffs.
8

9 450. Furthermore, Skagit County, Mount Vernon, Sedro-Woolley, and Burlington
10 bring this cause of action in their sovereign capacity for the benefit of the State of Washington.
11 The CPA expressly authorizes local governments to enforce its provisions and to recover
12 damages for violations of the CPA, and this action is brought to promote the public welfare of
13 the state and for the common good of the state.
14

15 451. As a direct and proximate cause of each the Defendant's unfair and deceptive
16 conduct, (i) Plaintiffs have sustained and will continue to sustain injuries, and (ii) pursuant to
17 RCW 19.86.090, Plaintiffs are entitled to actual and treble damages in amounts to be determined
18 at trial, attorneys' fees and costs, and all other relief available under the CPA.
19

20 452. The Court should also grant injunctive relief enjoining Defendants from future
21 violations of the CPA. Defendants' actions, as complained of herein, constitute unfair
22 competition or unfair, deceptive, or fraudulent acts or practices in violation of the CPA.
23

24 COUNT TWO — PUBLIC NUISANCE

25 453. Plaintiffs repeat, reassert, and incorporate the allegations contained above as if
26 fully set forth herein.

1 454. Pursuant to RCW 7.48.010, an actionable nuisance is defined as, *inter alia*,
2 “whatever is injurious to health or indecent or offensive to the senses . . .”

3 455. Pursuant to RCW 7.48.130, “A public nuisance is one which affects equally the
4 rights of an entire community or neighborhood, although the extent of the damage may be
5 unequal.”

6 456. Pursuant to Skagit County Code Chapter 14.44.120(3), “A violation is
7 detrimental to the public health, safety, and welfare and is a public nuisance. A public nuisance
8 is a continuing offense against the order and economy of Skagit County and is subject to
9 abatement both under this Chapter and RCW Chapter 7.48.”

10 457. Pursuant to Mount Vernon City Code Ch. 8.08.030, “A nuisance consists of
11 unlawfully doing an act, or omitting to perform a duty, which acts or omissions either annoy,
12 injure or endanger the comfort, repose, health or safety of others, offends decency, or
13 unlawfully interferes with, obstructs or tends to obstruct or render dangerous for passage any
14 lake or navigable river, bay, stream, canal or basin, or any public park, square, street or
15 highway; or in any way renders persons insecure in life or the use of property.”

16 458. Pursuant to Sedro-Woolley Municipal Code Ch. 18.10.020(A), “All civil code
17 violations hereby are determined to be detrimental to the public health, safety, and environment
18 and are hereby declared public nuisances.”

19 459. Pursuant to Burlington Municipal Code Ch. 14.806.080(D), “Any condition
20 relating to grading, storm water, drainage or erosion which creates a present or imminent
21 danger, or which is likely to create a danger in the event of a design storm, to the public health,
22 safety or welfare, the environment, or public or private property is hereby declared to be a
23 public nuisance.”
24
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1 460. Residents of Skagit County, Mount Vernon, Sedro-Woolley, and Burlington have
2 a right to be free from conduct that endangers their health and safety. Yet Defendants have
3 engaged in conduct which endangers or injures the health and safety of the residents of Skagit
4 County, Mount Vernon, Sedro-Woolley, and Burlington by their production, promotion,
5 distribution, and marketing of opioids for use by residents of Plaintiffs and in a manner that
6 impacts Plaintiffs' communities.
7

8 461. Each Defendant has created or assisted in the creation of a condition that is
9 injurious to the health and safety of Plaintiffs and their residents, and interferes with the
10 comfortable enjoyment of life and property of entire communities and/or neighborhoods in
11 Skagit County, Mount Vernon, Sedro-Woolley, and Burlington.
12

13 462. Defendants' conduct has directly caused deaths, serious injuries, and a severe
14 disruption of the public peace, order and safety, including fueling the homeless and heroin crises
15 facing Skagit County, Mount Vernon, Sedro-Woolley, and Burlington described herein.
16 Defendants' conduct is ongoing and continues to produce permanent and long-lasting damage.
17

18 463. The health and safety of the residents of Skagit County, Mount Vernon, Sedro-
19 Woolley, and Burlington, including those who use, have used, or will use opioids, as well as
20 those affected by users of opioids, are matters of substantial public interest and of legitimate
21 concern to citizens and residents of Plaintiffs.

22 464. Defendants' conduct has impacted and continues to impact a substantial number
23 of people within Skagit County, Mount Vernon, Sedro-Woolley, and Burlington and is likely to
24 continue causing significant harm to patients with chronic pain who are being prescribed and
25 take opioids, their families, and their communities.
26

1 465. But for Defendants' actions, opioid use and ultimately its misuse and abuse
2 would not be as widespread as it is today, and the massive epidemic of opioid abuse that
3 currently exists would have been averted.

4 466. Logic, common sense, justice, policy, and precedent indicate Defendants' unfair
5 and deceptive conduct has caused the damage and harm complained of herein. Defendants knew
6 or reasonably should have known that their statements regarding the risks and benefits of
7 opioids were false and misleading, and that their false and misleading statements were causing
8 harm from their continued production and marketing of opioids. Thus, the public nuisance
9 caused by Defendants to Skagit County, Mount Vernon, Sedro-Woolley, and Burlington was
10 reasonably foreseeable, including the financial and economic losses incurred by each of these
11 municipalities.
12

13 467. Furthermore, Skagit County, Mount Vernon, Sedro-Woolley, and Burlington
14 bring this cause of action in their sovereign capacity for the benefit of the State of Washington.
15 The applicable RCWs and County and City Codes with respect to a public nuisance expressly
16 prohibits the conduct complained of herein, and this action is brought to promote the public
17 welfare of the state and for the common good of the state.
18

19 468. In addition, engaging in any business in defiance of a law regulating or
20 prohibiting the same is a nuisance per se under Washington law. Each Defendant's conduct
21 described herein of deceptively marketing opioids violates RCW 7.48.010 and therefore
22 constitutes a nuisance per se.
23

24 469. As a direct and proximate cause of Defendants' conduct creating or assisting in
25 the creation of a public nuisance, Plaintiffs and their residents have sustained and will continue
26 to sustain substantial injuries.

1 470. Pursuant to RCW 7.48.020, Skagit County, Mount Vernon, Sedro-Woolley, and
2 Burlington request an order providing for abatement of the public nuisance that each Defendant
3 has created or assisted in the creation of, and enjoining Defendants from future violations of
4 RCW 7.48.010.

5 471. Pursuant to the applicable County and City Codes set forth above, Plaintiffs also
6 seek the maximum statutory and civil penalties permissible by law.

8 **COUNT THREE — NEGLIGENCE**

9 472. Plaintiffs repeat, reassert, and incorporate the allegations contained above as if
10 fully set forth herein.

11 473. Under Washington law, a cause of action arises for negligence when a defendant
12 owes a duty to a plaintiff and breaches that duty, and proximately causes the resulting injury.
13 *Iwai v. State*, 129 Wn. 2d 84, 96, 915 P.2d 1089 (1996).

14 474. Each Defendant owed a duty of care to Skagit County, Mount Vernon, Sedro-
15 Woolley, and Burlington, including but not limited to taking reasonable steps to prevent the
16 misuse, abuse, and over-prescription of opioids.

17 475. In violation of this duty, Defendants failed to take reasonable steps to prevent the
18 misuse, abuse, and over-prescription of opioids in Skagit County, Mount Vernon, Sedro-
19 Woolley, and Burlington by misrepresenting the risks and benefits associated with opioids.

20 476. As set forth above, Defendants' misrepresentations include falsely claiming that
21 the risk of opioid addiction was low, falsely instructing doctors and patients that prescribing
22 more opioids was appropriate when patients presented symptoms of addiction, falsely claiming
23 that risk-mitigation strategies could safely address concerns about addiction, falsely claiming
24 that doctors and patients could increase opioid usage indefinitely without added risk,
25
26

1 deceptively marketing that purported abuse-deterrent technology could curb misuse and
2 addiction, and falsely claiming that long-term opioid use could actually restore function and
3 improve a patient's quality of life. Each of these misrepresentations made by Defendants
4 violated the duty of care to Skagit County, Mount Vernon, Sedro-Woolley, and Burlington.

5 477. As a direct and proximate cause of Defendants' unreasonable and negligent
6 conduct, Plaintiffs have suffered and will continue to suffer harm, and are entitled to damages in
7 an amount determined at trial.
8

9 **COUNT FOUR — GROSS NEGLIGENCE**

10 478. Plaintiffs repeat, reassert, and incorporate the allegations contained above as if
11 fully set forth herein.

12 479. As set forth above, each Defendant owed a duty of care to Skagit County, Mount
13 Vernon, Sedro-Woolley, and Burlington, including but not limited to taking reasonable steps to
14 prevent the misuse, abuse, and over-prescription of opioids.
15

16 480. In violation of this duty, each Defendant failed to take reasonable steps to
17 prevent the misuse, abuse, and over-prescription of opioids in Skagit County, Mount Vernon,
18 Sedro-Woolley, and Burlington by misrepresenting the risks and benefits associated with
19 opioids.
20

21 481. In addition, each Defendant knew or should have known, and/or recklessly
22 disregarded, that the opioids they manufactured, promoted, and distributed were being used for
23 unintended uses.

24 482. For instance, Defendants failed to exercise slight care to Skagit County, Mount
25 Vernon, Sedro-Woolley, and Burlington by, *inter alia*, failing to take appropriate action to stop
26 opioids from being used for unintended purposes. Furthermore, despite each Defendant's actual

1 or constructive knowledge of the wide proliferation and dissemination of opioids in Skagit
2 County, Mount Vernon, Sedro-Woolley, and Burlington, Defendants took no action to prevent
3 the abuse and diversion of their pharmaceutical drugs.

4 483. Defendants' misrepresentations further include falsely claiming that the risk of
5 opioid addiction was low, falsely instructing doctors and patients that prescribing more opioids
6 was appropriate when patients presented symptoms of addiction, falsely claiming that risk-
7 mitigation strategies could safely address concerns about addiction, falsely claiming that doctors
8 and patients could increase opioid usage indefinitely without added risk, deceptively marketing
9 that purported abuse-deterrent technology could curb misuse and addiction, and falsely claiming
10 that long-term opioid use could actually restore function and improve a patient's quality of life.
11 Each of these misrepresentations made by Defendants violated the duty of care to Skagit
12 County, Mount Vernon, Sedro-Woolley, and Burlington, and in a manner that is substantially
13 and appreciably greater than ordinary negligence.
14

15 484. As a direct and proximate cause of each Defendant's gross negligence, Plaintiffs
16 have suffered and will continue to suffer harm, and are entitled to damages in an amount
17 determined at trial.
18

19 **COUNT FIVE — UNJUST ENRICHMENT**

20 485. Plaintiffs repeat, reassert, and incorporate the allegations contained above as if
21 fully set forth herein.
22

23 486. Each Defendant was required to take reasonable steps to prevent the misuse,
24 abuse, and over-prescription of opioids.
25
26

1 487. Rather than prevent or mitigate the wide proliferation of opioids into Skagit
2 County, Mount Vernon, Sedro-Woolley, and Burlington, each Defendant instead chose to place
3 its monetary interests first and each Defendant profited immensely.

4 488. Each Defendant also failed to maintain effective controls against the unintended
5 and illegal use of their prescription opioids, again choosing instead to place its monetary
6 interests first.

7 489. Each Defendant therefore received a benefit from the sale of prescription opioids
8 to and in Skagit County, Mount Vernon, Sedro-Woolley, and Burlington, and these Defendants
9 have been unjustly enriched at the expense of Skagit County, Mount Vernon, Sedro-Woolley,
10 and Burlington.

11 490. As a result, Plaintiffs are entitled to damages on its unjust enrichment claim in an
12 amount to be proven at trial.

13
14
15 **COUNT SIX — VIOLATIONS OF THE RACKETEER INFLUENCED AND CORRUPT**
16 **ORGANIZATIONS ACT (“RICO”), 18 U.S.C. § 1961, *ET SEQ.***

17 491. Plaintiffs hereby incorporate by reference the allegations contained in the
18 preceding paragraphs of this complaint.

19 492. This claim is brought by Skagit County and the Cities of Mount Vernon, Sedro-
20 Woolley, and Burlington against each Defendant for actual damages, treble damages, and
21 equitable relief under 18 U.S.C. § 1964 for violations of 18 U.S.C. § 1961, *et seq.*

22 493. At all relevant times, each Defendant is and has been a “person” within the
23 meaning of 18 U.S.C. § 1961(3), because they are capable of holding, and do hold, “a legal or
24 beneficial interest in property.”
25
26

1 494. Plaintiffs are “persons,” as that term is defined in 18 U.S.C. § 1961(3), and have
 2 standing to sue as they were and are injured in their business and/or property as a result of the
 3 Defendants’ wrongful conduct described herein.

4 495. Section 1962(c) makes it “unlawful for any person employed by or associated
 5 with any enterprise engaged in, or the activities of which affect, interstate or foreign commerce,
 6 to conduct or participate, directly or indirectly, in the conduct of such enterprise’s affairs
 7 through a pattern of racketeering activity . . .” 18 U.S.C. § 1962(c).

8 496. Section 1962(d) makes it unlawful for “any person to conspire to violate” Section
 9 1962(c), among other provisions. *See* 18 U.S.C. § 1962(d).

10 497. Each Defendant conducted the affairs of an enterprise through a pattern of
 11 racketeering activity, in violation of 18 U.S.C. § 1962(c) and § 1962(d).

12 **A. Description of the Defendants’ Enterprise**

13 498. RICO defines an enterprise as “any individual, partnership, corporation,
 14 association, or other legal entity, and any union or group of individuals associated in fact
 15 although not a legal entity.” 18 U.S.C. § 1961(4).

16 499. Under 18 U.S.C. § 1961(4) a RICO “enterprise” may be an association-in-fact
 17 that, although it has no formal legal structure, has (i) a common purpose, (ii) relationships
 18 among those associated with the enterprise, and (iii) longevity sufficient to pursue the
 19 enterprise’s purpose. *See Boyle v. United States*, 556 U.S. 938, 946 (2009).

20 500. Defendants formed such an association-in-fact enterprise—referred to herein as
 21 “the Enterprise.”

22 501. The Enterprise consists of (a) Defendant Purdue, including its employees and
 23 agents; (b) Defendant Endo, including its employees and agents; and (c) Defendant Janssen,
 24

1 including its employees and agents (collectively, the “Defendants”); certain Front Groups
2 described above, including but not limited to (a) the American Pain Foundation, including its
3 employees and agents; (b) the American Academy of Pain Medicine, including its employees
4 and agents; and (c) the American Pain Society, including its employees and agents (collectively,
5 the “Front Groups”); and certain key opinion leaders, including but not limited to: (a) Dr.
6 Russell Portenoy, and (b) Kathleen Foley (collectively, the “KOLs”).
7

8 502. Alternatively, each of the above-named Defendants and Front Groups constitutes
9 a single legal entity “enterprise” within the meaning of 18 U.S.C. § 1961(4), through which the
10 members of the enterprise conducted a pattern of racketeering activity. The separate legal status
11 of each member of the Enterprise facilitated the fraudulent scheme and provided a hoped-for
12 shield from liability for Defendants and their co-conspirators.
13

14 503. Alternatively, each of Defendants, together with the Front Groups and the KOLs,
15 constitute three separate, associated-in-fact Enterprises within the meaning of 18 U.S.C. §
16 1961(4).
17

18 504. The Enterprise is an ongoing and continuing business organization consisting of
19 “persons” within the meaning of 18 U.S.C. § 1961(3) that created and maintained systematic
20 links for a common purpose: to sell drugs, specifically opioids, that have little or no
21 demonstrated efficacy for the pain they are purported to treat in the majority of persons that
22 obtain prescriptions for them.

23 505. To accomplish this purpose, the Enterprise engaged in a sophisticated, well-
24 developed, and fraudulent marketing scheme designed to increase the prescription rate for
25 Defendants’ opioid medications and popularize the misunderstanding that the risk of addiction
26 to prescription opioids is low when used to treat chronic pain (the “Scheme”).

B. The Enterprise Sought to Fraudulently Increase Defendants' Profits and Revenues

506. At all relevant times, each Defendant was aware of the conduct of the Enterprise, was a knowing and willing participant in that conduct, and reaped profits from that conduct in the form of increased sales and prescriptions of their opioid medications while the Front Groups and KOLs received direct payments from Defendants in exchange their role in the Enterprise, and to advance the Enterprise's fraudulent marketing scheme.

507. The Enterprise engaged in, and its activities affected, interstate and foreign commerce because it involved commercial activities across state boundaries, including but not limited to: (1) the marketing, promotion, and advertisement of Defendants' opioid medication; (2) the advocacy at the state and federal level for change in the law governing the use and prescription of Defendants' opioid medication; (3) the issuance of prescriptions and prescription guidelines for Defendants' opioid medication; and (4) the issuance of fees, bills, and statements demanding payment for prescriptions of Defendants' opioid medications.

508. The persons engaged in the Enterprise are systematically linked through contractual relationships, financial ties, and continuing coordination of activities, as spearheaded by Defendants. Each Defendant funded and directed the operations of the KOLs and the Front Groups; in fact, the board of directors of each of the Front Groups are and were full of doctors who were on the Defendants' payrolls, either as consultants or speakers at medical events. Moreover, each Defendant coordinated and, at times, co-funded their activities in furtherance of the goals of the Enterprise. This coordination can also be inferred through the consistent misrepresentations described below.

509. There is regular communication between each Defendant, each of the Front Groups, and each KOL in which information regarding Defendants' opioid medication and the

1 Defendants' marketing and education scheme to increase prescription rates for those
2 medications is shared. Typically, this communication occurred, and continues to occur, through
3 the use of the wires and the mail in which Defendants, the Front Groups, and the KOL share
4 information regarding the operation of the Enterprise.
5

6 510. The Enterprise functioned as a continuing unit for the purposes of executing the
7 Scheme and when issues arose during the Scheme, each member of the Enterprise agreed to take
8 actions to hide the Scheme and the existence of the Enterprise.

9 511. Each Defendant participated in the operation and management of the Enterprise
10 by directing its affairs as described herein.

11 512. While Defendants participated in, and are members of, the Enterprise, they have
12 an existence separate from the Enterprise, including distinct legal statuses, affairs, offices and
13 roles, officers, directors, employees, and individual personhood.
14

15 513. Each Defendant orchestrated the affairs of the Enterprise and exerted substantial
16 control over the Enterprise by, at least: (1) making misleading statements about the purported
17 benefits, efficacy, and risks of opioids to doctors, patients, the public, and others, in the form of
18 telephonic and electronic communications, CME programs, medical journals, advertisements,
19 and websites; (2) employing sales representatives or detailers to promote the use of opioid
20 medications; (3) purchasing and utilizing sophisticated marketing data (e.g., IMS data) to
21 coordinate and refine the Scheme; (4) employing doctors to serve as speakers at or attend all-
22 expense paid trips to programs emphasizing the benefits of prescribing opioid medications; (5)
23 funding, controlling, and operating the Front Groups to target doctors, patients, and lawmakers
24 and provide a veneer of legitimacy to Defendants' Scheme; (6) retaining KOLs to promote the
25
26

1 use of their opioid medicines; and (7) concealing the true nature of their relationship with the
2 other members of the Enterprise, including the Front Groups and the KOLs.

3 514. In addition to the above described actions taken in furtherance of the Enterprise,
4 Defendant Purdue specifically orchestrated the affairs of the Enterprise by: (1) making a number
5 of misleading statements described below; (2) funding, controlling, and operating the Front
6 Groups, including the American Pain Foundation and the Pain & Policy Studies Group; (3)
7 participating in the Pain Care Forum, a coalition of drug makers, trade groups, and nonprofit
8 organizations that, collectively, spent hundreds of millions of dollars lobbying against opioid-
9 related measures; (4) retaining KOLs, including Dr. Russell Portenoy and Kathleen Foley to tout
10 the benefits of opioid medicines; and (5) concealing the true nature of its relationship with the
11 other members of the Scheme, and the Enterprise, including the Front Groups and the KOLs.
12

13 515. In addition to the above-described actions taken in furtherance of the Enterprise,
14 Defendant Endo specifically orchestrated the affairs of the Enterprise by: (1) making a number
15 of misleading statements described herein; (2) sponsoring a 2009 National Initiative on Pain
16 Control CME program which promoted the concept of pseudoaddiction; (3) funding,
17 controlling, and operating the Front Groups, including the American Pain Foundation and the
18 Pain & Policy Studies Group; (3) sponsoring a series of CME programs which claimed that
19 opioid therapy has been shown to reduce pain and depressive symptoms; (4) supporting and
20 sponsoring guidelines indicating that opioid medications are effective and can restore patients'
21 quality of life; (5) participating in the Pain Care Forum, a coalition of drug makers, trade
22 groups, and nonprofit organizations that, collectively, spent hundreds of millions of dollars
23 lobbying against opioid-related measures; (6) retaining KOLs, including Dr. Russell Portenoy
24 and Kathleen Foley to tout the benefits of opioid medicines; and (7) concealing the true nature
25
26

1 of its relationship with the other members of the Scheme and the Enterprise, including the Front
2 Groups and the KOLs.

3 516. In addition to the above described actions taken in furtherance of the Enterprise,
4 Defendant Janssen specifically orchestrated the affairs of the Enterprise by: (1) making a
5 number of misleading statements as detailed herein; (2) funding, controlling, and operating
6 Front Groups, including the Pain & Policy Studies Group; (3) supporting and sponsoring
7 guidelines indicating that opioid medications are effective and can restore patients' quality of
8 life; (4) sponsoring, funding, and editing a website which features an interview indicating that
9 opioid medications can improve patients' function; (5) participating in the Pain Care Forum, a
10 coalition of drug makers, trade groups, and nonprofit organizations that, collectively, spent
11 hundreds of millions of dollars lobbying against opioid-related measures; (6) retaining KOLs,
12 including Dr. Russell Portenoy and Kathleen Foley to tout the benefits of opioid medicines; and
13 (7) concealing the true nature of its relationship with the other members of the Enterprise,
14 including the Front Groups and the KOLs.

15 517. The Front Groups orchestrated the affairs of the Enterprise and exerted
16 substantial control over the Enterprise by, at least: (1) making misleading statements about the
17 purported benefits, efficacy, and low risks of opioids; (2) holding themselves out as independent
18 advocacy groups, when in fact their operating budgets are entirely comprised of contributions
19 from opioid drug manufacturers; (3) lobbying against federal and state proposals to limit opioid
20 use; (4) publishing treatment guidelines that advised the prescription of opioids; (5) engaging in
21 'unbranded' advertisement for opioid medicines; (6) hosting medical education programs that
22 touted the benefits of opioids to treat chronic pain while minimizing and trivializing their risks;
23 and (7) concealing the true nature of their relationship with the other members of the Enterprise.
24
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1 518. In addition to the above described actions taken in furtherance of the Enterprise,
2 the American Pain Foundation specifically orchestrated the affairs of the Enterprise and exerted
3 substantial control over the Enterprise by, at least: (1) making a number of public statements,
4 detailed herein, advocating for the prescription of opioids; (2) holding itself out to be an
5 independent and scientific body despite maintaining an operating budget comprised almost
6 entirely of donations from Defendants, including Purdue and Endo; (3) consistently lobbying
7 against federal and state proposals to limit opioid use; (4) publishing treatment guidelines which
8 encouraged the prescription of opioid medicines including the 2009 “Guideline for the Use of
9 Chronic Opioid Therapy in Chronic Noncancer Pain-Evidence Review”; and (5) sponsoring
10 medical education programs advocating for the prescription of opioid medicines.
11

12 519. In addition to the above described actions taken in furtherance of the Enterprise,
13 the American Academy of Pain Medicine specifically orchestrated the affairs of the Enterprise
14 and exerted substantial control over the Enterprise by, at least: (1) making a number of public
15 statements, detailed herein, advocating for the prescription of opioids; (2) holding itself out to
16 be an independent and scientific body despite maintaining an operating budget comprised
17 almost entirely of donations from Defendants; (3) consistently lobbying against federal and state
18 proposals to limit opioid use; (4) publishing treatment guidelines which encouraged the
19 prescription of opioid medicines; and (5) sponsoring medical education programs advocating for
20 the prescription of opioid medicines.
21
22

23 520. In addition to the above described actions taken in furtherance of the Enterprise,
24 the American Pain Society specifically orchestrated the affairs of the Enterprise and exerted
25 substantial control over the Enterprise by, at least: (1) making a number of public statements,
26 detailed herein, advocating for the prescription of opioid medications; (2) holding itself out to be

1 an independent and scientific body despite maintaining an operating budget comprised almost
2 entirely of donations from Defendants; and (3) publishing treatment guidelines which
3 encouraged the prescription of opioid medicines including the 2009 “Guideline for the Use of
4 Chronic Opioid Therapy in Chronic Noncancer Pain-Evidence Review.”

5
6 521. The KOLs orchestrated the affairs of the Enterprise and exerted substantial
7 control over the Enterprise by, at least: (1) making misleading statements about the purported
8 benefits, efficacy, and low risks of opioids; (2) holding themselves out as independent, when in
9 fact there are systematically linked to and funded by opioid drug manufacturers; and (3)
10 concealing the true nature of their relationship with the other members of the Enterprise.

11 522. Without the willing participation of each member of the Enterprise, the Scheme
12 and the Enterprise’s common course of conduct would not have been successful.

13 523. The members of the Enterprise directed and controlled the ongoing organization
14 necessary to implement the Scheme at meetings and through communications of which
15 Plaintiffs cannot fully know at present, because such information lies in the Defendants’ and
16 others’ hands.

17
18 **C. Predicate Acts: Mail and Wire Fraud**

19 524. To carry out, or attempt to carry out, the scheme to defraud, the members of the
20 Enterprise, each of whom is a person associated-in-fact with the Enterprise, did knowingly
21 conduct or participate, directly or indirectly, in the affairs of the Enterprise through a pattern of
22 racketeering activity within the meaning of 18 U.S.C. §§ 1961(1), 1961(5) and 1962(c), and
23 employed the use of the mail and wire facilities, in violation of 18 U.S.C. § 1341 (mail fraud)
24 and § 1343 (wire fraud).
25
26

1 525. Specifically, the members of the Enterprise have committed, conspired to
2 commit, and/or aided and abetted in the commission of, at least two predicate acts of
3 racketeering activity (i.e., violations of 18 U.S.C. §§ 1341 and 1343), within the past ten years.
4

5 526. The multiple acts of racketeering activity which the members of the Enterprise
6 committed, or aided or abetted in the commission of, were related to each other, posed a threat
7 of continued racketeering activity, and therefore constitute a “pattern of racketeering activity.”

8 527. The racketeering activity was made possible by the Enterprise’s regular use of
9 the facilities, services, distribution channels, and employees of the Enterprise.

10 528. The members of the Enterprise participated in the Scheme by using mail,
11 telephone, and the internet to transmit mailings and wires in interstate or foreign commerce.
12

13 529. The members of the Enterprise used, directed the use of, and/or caused to be
14 used, thousands of interstate mail and wire communications in service of their Scheme through
15 common misrepresentations, concealments, and material omissions.

16 530. In devising and executing the illegal Scheme, the members of the Enterprise
17 devised and knowingly carried out a material scheme and/or artifice to defraud Plaintiffs and the
18 public to obtain money by means of materially false or fraudulent pretenses, representations,
19 promises, or omissions of material facts.
20

21 531. For the purpose of executing the illegal Scheme, the members of the Enterprise
22 committed these racketeering acts, which number in the thousands, intentionally and knowingly
23 with the specific intent to advance the illegal Scheme.

24 532. The Enterprise’s predicate acts of racketeering (18 U.S.C. § 1961(1)) include, but
25 are not limited to:
26

1 A. Mail Fraud: The members of the Enterprise violated 18 U.S.C. § 1341 by
 2 sending or receiving, or by causing to be sent and/or received, fraudulent materials
 3 via U.S. mail or commercial interstate carriers for the purpose of selling drugs,
 4 specifically opioids, that have little or no demonstrated efficacy for the pain they
 5 are purported to treat in the majority of persons prescribed them.

6 B. Wire Fraud: The members of the Enterprise violated 18 U.S.C. § 1343 by
 7 transmitting and/or receiving, or by causing to be transmitted and/or received,
 8 fraudulent materials by wire for the purpose of selling drugs, specifically opioids,
 9 that have little or no demonstrated efficacy for the pain they are purported to treat
 10 in the majority of persons prescribed them.

11 533. Defendant Purdue's false or misleading use of the mails and wires include, but
 12 are not limited to: (1) a May 31, 1996 press release announcing the release of OxyContin and
 13 indicating that the fear of its addictive properties is exaggerated; (2) a 1990 promotional video
 14 in which Dr. Portenoy, a paid Purdue KOL, understated the risk of opioid addiction; (3) a 1998
 15 promotion video which erroneously cited a 1980 NEJM letter in support of the use of opioids to
 16 treat chronic pain; (4) statements made on its 2000 "Partners Against Pain" website which
 17 claimed that the addiction risk of OxyContin was very low; (5) literature distributed to
 18 physicians which erroneously cited a 1980 NEJM letter in support of the use of opioids to treat
 19 chronic pain; (6) August 2001 statements to Congress by Purdue Executive Vice President and
 20 Chief Operating Officer Michael Friedman regarding the value of OxyContin in treating chronic
 21 pain; (7) a patient brochure entitled "A Guide to Your New Pain Medicine and How to Become
 22 a Partner Against Pain" indicating that OxyContin is non-addicting; (8) a 2001 statement by
 23 Senior Medical Director for Purdue, Dr. David Haddox, indicating that the 'legitimate' use of
 24 OxyContin would not result in addiction; (9) multiple communications by Purdue's sales
 25 representatives regarding the low risk of addiction associated with opioids; (10) statements
 26 included in promotional materials for opioids distributed to doctors via the mail and wires; (11)
 statements in a 2003 Patient Information Guide distributed by Purdue indicating that addiction

1 to opioid analgesics in properly managed patients with pain has been reported to be rare; (12)
2 telephonic and electronic communications to doctors and patients indicating that signs of
3 addiction in the case of opioid use are likely only the signs of under-treated pain; (13)
4 statements in Purdue's Risk Evaluation and Mitigation Strategy for OxyContin indicating that
5 drug-seeking behavior on the part of opioid patients may, in fact, be pain-relief seeking
6 behavior; (14) statements made on Purdue's website and in a 2010 "Dear Healthcare
7 Professional" letter indicating that opioid dependence can be addressed by dosing methods such
8 as tapering; (15) statements included in a 1996 sales strategy memo indicating that there is no
9 ceiling dose for opioids for chronic pain; (16) statements on its website that abuse-resistant
10 products can prevent opioid addiction; (17) statements made in a 2012 series of advertisements
11 for OxyContin indicating that long-term opioid use improves patients' function and quality of
12 life; (18) statements made in advertising and a 2007 book indicating that pain relief from
13 opioids improve patients' function and quality of life; (19) telephonic and electronic
14 communications by its sales representatives indicating that opioids will improve patients'
15 function; and (20) electronic and telephonic communications concealing its relationship with the
16 other members of the Enterprise.
17
18

19 534. Defendant Endo Pharmaceuticals, Inc. also made false or misleading claims in
20 violation of 18 U.S.C. § 1341 and § 1343 including but not limited to: (1) statements made,
21 beginning in at least 2009, on an Endo-sponsored website, PainKnowledge.com, indicating that
22 patients who take opioids as prescribed usually do not become addicted; (2) statements made on
23 another Endo-sponsored website, PainAction.com, indicating that most chronic pain patients do
24 not become addicted to opioid medications; (3) statements in pamphlets and publications
25 described by Endo indicating that most people who take opioids for pain relief do not develop
26

1 an addiction; (4) statements made on the Endo-run website, Opana.com, indicating that opioid
2 use does not result in addiction; (5) statements made on the Endo-run website, Opana.com,
3 indicating that opioid dependence can be addressed by dosing methods such as tapering; (6)
4 statements made on its website, PainKnowledge.com, that opioid dosages could be increased
5 indefinitely; (7) statements made in a publication entitled “Understanding Your Pain: Taking
6 Oral Opioid Analgesics” suggesting that opioid doses can be increased indefinitely; (8)
7 electronic and telephonic communications to its sales representatives indicating that the formula
8 for its medicines is ‘crush resistant;’ (9) statements made in advertisements and a 2007 book
9 indicating that pain relief from opioids improves patients’ function and quality of life; (10)
10 telephonic and electronic communications by its sales representatives indicating that opioids
11 will improve patients’ function; and (11) telephonic and electronic communications concealing
12 its relationship with the other members of the Enterprise.
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15 535. Defendant Janssen made false or misleading claims in violation of 18 U.S.C. §
16 1341 and § 1343 including but not limited to: (1) statements on its website,
17 PrescribeResponsibly.com, indicating that concerns about opioid addiction are overestimated;
18 (2) statements in a 2009 patient education guide claiming that opioids are rarely addictive when
19 used properly; (3) statements included on a 2009 Janssen-sponsored website promoting the
20 concept of opioid pseudoaddiction; (4) statements on its website, PrescribeResponsibly.com,
21 advocating the concept of opioid pseudoaddiction; (5) statements on its website,
22 PrescribeResponsibly.com, indicating that opioid addiction can be managed; (6) statements in
23 its 2009 patient education guide indicating the risks associated with limiting the dosages of pain
24 medicines; (7) telephonic and electronic communications by its sales representatives indicating
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1 that opioids will improve patients' function; and (8) telephonic and electronic communications
2 concealing its relationship with the other members of the Enterprise.

3 536. The American Academic of Pain Medicine made false or misleading claims in
4 violation of 18 U.S.C. § 1341 and § 1343 including but not limited to: (1) statements made in a
5 2009 patient education video entitled "Finding Relief: Pain Management for Older Adults"
6 indicating the opioids are rarely addictive; and (2) telephonic and electronic communications
7 concealing its relationship with the other members of the Enterprise.
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9 537. The American Pain Society Quality of Care Committee made a number of false
10 or misleading claims in violation of 18 U.S.C. § 1341 and § 1343 including but not limited to:
11 (1) a May 31, 1996 press release in which the organization claimed there is very little risk of
12 addiction from the proper use of drugs for pain relief; and (2) telephonic and electronic
13 communications concealing its relationship with the other members of the Enterprise.
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15 538. The American Pain Foundation ("APF") made a number of false and misleading
16 claims in violation of 18 U.S.C. § 1341 and § 1343 including but not limited to: (1) statements
17 made by an APF Executive Director to Congress indicating that opioids only rarely lead to
18 addiction; (2) statements made in a 2002 amicus curiae brief filed with an Ohio appeals court
19 claiming that the risk of abuse does not justify restricting opioid prescriptions for the treatment
20 of chronic pain; (3) statements made in a 2007 publication entitled "Treatment Options: A
21 Guide for People Living with Pain" indicating that the risks of addiction associated with opioid
22 prescriptions have been overstated; (4) statements made in a 2002 court filing indicating that
23 opioid users are not 'actual addicts;' (5) statements made in a 2007 publication entitled
24 "Treatment Options: A Guide for People Living with Pain" indicating that even physical
25 dependence on opioids does not constitute addiction; (6) claims on its website that there is no
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1 ceiling dose for opioids for chronic pain; (7) statements included in a 2011 guide indicating that
2 opioids can improve daily function; and (8) telephonic and electronic communications
3 concealing its relationship with the other members of the Enterprise.

4 539. The KOLs, including Russell Portenoy and Kathleen Foley, made a number of
5 misleading statements in the mail and wires in violation of 18 U.S.C. § 1341 and § 1343,
6 described above, including statements made by Dr. Portenoy in a promotional video indicating
7 that the likelihood of addiction to opioid medications is extremely low. Indeed, Dr. Portenoy has
8 since admitted that his statements about the safety and efficacy of opioids were false.
9

10 540. The mail and wire transmissions described herein were made in furtherance of
11 Defendants' Scheme and common course of conduct designed to sell drugs that have little or no
12 demonstrated efficacy for the pain they are purported to treat in the majority of persons
13 prescribed them; increase the prescription rate for opioid medications; and popularize the
14 misunderstanding that the risk of addiction to prescription opioids is low when used to treat
15 chronic pain.
16

17 541. Many of the precise dates of the fraudulent uses of the U.S. mail and interstate
18 wire facilities have been deliberately hidden, and cannot be alleged without access to
19 Defendants' books and records. However, Plaintiffs have described the types of predicate acts of
20 mail and/or wire fraud, including certain specific fraudulent statements and specific dates upon
21 which, through the mail and wires, Defendants engaged in fraudulent activity in furtherance of
22 the Scheme.
23

24 542. The members of the Enterprise have not undertaken the practices described
25 herein in isolation, but as part of a common scheme and conspiracy. In violation of 18 U.S.C. §
26 1962(d), the members of the Enterprise conspired to violate 18 U.S.C. § 1962(c), as described

1 herein. Various other persons, firms, and corporations, including third-party entities and
2 individuals not named as defendants in this Complaint, have participated as co-conspirators with
3 Defendants and the members of the Enterprise in these offenses and have performed acts in
4 furtherance of the conspiracy to increase or maintain revenue, increase market share, and/or
5 minimize losses for the Defendants and their named and unnamed co-conspirators throughout
6 the illegal scheme and common course of conduct.
7

8 543. The members of the Enterprise aided and abetted others in the violations of the
9 above laws.

10 544. To achieve their common goals, the members of the Enterprise hid from
11 Plaintiffs and the public: (1) the fraudulent nature of Defendants' marketing scheme; (2) the
12 fraudulent nature of statements made by Defendants and on behalf of Defendants regarding the
13 efficacy of and risk of addiction associated with Defendants' opioid medications; and (3) the
14 true nature of the relationship between the members of the Enterprise.
15

16 545. Defendants and each member of the Enterprise, with knowledge and intent,
17 agreed to the overall objectives of the Scheme and participated in the common course of
18 conduct. Indeed, for the conspiracy to succeed, each of the members of the Enterprise and their
19 co-conspirators had to agree to conceal their fraudulent scheme.
20

21 546. The members of the Enterprise knew, and intended that, Plaintiffs and the public
22 would rely on the material misrepresentations and omissions made by them and suffer damages
23 and a result.

24 547. As described herein, the members of the Enterprise engaged in a pattern of
25 related and continuous predicate acts for years. The predicate acts constituted a variety of
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1 unlawful activities, each conducted with the common purpose of obtaining significant monies
2 and revenues from Plaintiffs and the public based on their misrepresentations and omissions.

3 548. The predicate acts also had the same or similar results, participants, victims, and
4 methods of commission.

5 549. The predicate acts were related and not isolated events.

6 550. The true purposes of Defendants' Scheme were necessarily revealed to each
7 member of the Enterprise. Nevertheless, the members of the Enterprise continued to disseminate
8 misrepresentations regarding the nature of Defendants' opioid medications and the functioning
9 of the Scheme.

10 551. Defendants' fraudulent concealment was material to Plaintiffs and the public.
11 Had the members of the Enterprise disclosed the true nature of the Defendants' opioid
12 medications, Plaintiffs would not have acted as they did, including relying on Defendants'
13 misrepresentations to their detriment.

14 552. The pattern of racketeering activity described above is currently ongoing and
15 open-ended, and threatens to continue indefinitely unless this Court enjoins the racketeering
16 activity.

17 **D. Plaintiffs Have Been Damaged by Defendants' RICO Violations**

18 553. By reason of, and as a result of the conduct of the Enterprise and, in particular, its
19 pattern of racketeering activity, Plaintiffs and the public have been injured in their business
20 and/or property in multiple ways, including but not limited to increased health care costs,
21 increased human services costs, costs related to dealing with opioid-related crimes and
22 emergencies, and other public safety costs, as fully described above.
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554. Defendants' violations of 18 U.S.C. § 1962(c) and (d) have directly and proximately caused injuries and damages to Plaintiffs and the public who are entitled to bring this action for three times its actual damages, as well as injunctive/equitable relief, costs, and reasonable attorney's fees pursuant to 18 U.S.C. § 1964(c).

PRAYER FOR RELIEF

WHEREFORE, Plaintiffs Skagit County, Mount Vernon, Sedro-Woolley, and Burlington respectfully request the Court order the following relief:

- A. An Order that the conduct alleged herein violates the Washington CPA;
- B. An Order that Plaintiffs are entitled to treble damages pursuant to the Washington CPA;
- C. An Order that the conduct alleged herein constitutes a public nuisance, including under RCW 7.48 *et seq.*, and under Washington law;
- D. An Order that Defendants abate the public nuisance that they caused;
- E. An Order that Defendants are liable for all statutory and civil penalties permissible by law for the public nuisance they caused, including under the applicable County and City Codes governing public nuisances;
- F. An Order that Defendants are negligent under Washington law;
- G. An Order that Defendants are grossly negligent under Washington law;
- H. An Order that Defendants have been unjustly enriched at Plaintiffs' expense under Washington law;
- I. An Order that Defendants' conduct constitutes violations of the Racketeer Influenced and Corrupt Organizations Act ("RICO"), 18 U.S.C. §1961, *et seq.*;
- J. An Order that Plaintiffs are entitled to treble damages pursuant to RICO;

1 K. An Order that Plaintiffs are entitled to recover all measure of damages
2 permissible under the statutes identified herein and under common law;

3 L. An Order that Defendants are enjoined from the practices described herein;

4 M. An Order that judgment be entered against Defendants in favor of Plaintiffs;

5 N. An Order that Plaintiffs are entitled to attorneys' fees and costs pursuant to any
6 applicable provision of law, including but not limited to under the Washington CPA; and
7

8 O. An Order awarding any other and further relief deemed just and proper, including
9 pre-judgment and post-judgment interest on the above amounts.

10 **JURY TRIAL DEMAND**

11 Plaintiffs demand a trial by jury on all claims and of all issues so triable.

12 DATED this 25th day of January, 2018.

13 **SKAGIT COUNTY**

14 **CITY OF MOUNT VERNON**

15
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